

# NEWS AND VIEWS

**Verona Fathers Mission Appeal:** The appeal will take place during this weekend of 19th and 20th July. Please support them generously.

**Sea Sunday Appeal:** This will take place next weekend, the Apostleship of the Sea provides spiritual and welfare support for seafarers visiting Great Britain. We will have Christopher Howe speak about them next weekend. Let us encourage and support them.

**Parish Summer Fair 2025/Football Novelty match:** We thank each and every parishioner who supported the community event with their presence and participation. Indeed we are grateful for the community spirit in Archway.

**Early Music Youth Academy:** They will be having a complimentary music concert in our parish **on the 25th of July at 7pm.** We have our lovely altar servers (Shello & Joanna Manuel) who are part of the academy. The concert will last about an hour and will involve string players of different ages and abilities, from Year 4 to university and music college. We encourage our parish community to come and enjoy beautiful music.

**The Diocesan Jubilee Year Pilgrimage to Walsingham is on the 20th of September.** A coach will be leaving from Sacred Heart Eden Grove. If anyone is interested please let the parish office know.

**Farewell Mass For Jerrico:** We will have the opportunity to say thank you and wish him well during the weekend of 26th/27th July.

**Parish Hall 2 @ 722 Holloway road is available** for hiring at £60 an hour between 10am and 10pm. Please contact Ann Waldron and Joseph Baffoe on 07449110910 & 07961128416 respectively.

**100 Club July draw:** The 1<sup>st</sup> prize of £147 went to no.70; 2<sup>nd</sup> prize of £59 to no.07; prizes of £29 to nos.36, 37 & 17. The next draw is on **Friday 1 August after the First Friday Service.** Subscriptions due in by the weekend of 26th/27th July. NEW MEMBERS WELCOME! Application forms at the back of the church.

**Legacy:** A gift in your will, left to a registered charity such as the Church, is exempt from inheritance tax and reduces your overall residual tax rate. Legacies may be left either for general purposes or for a specific use. Please remember to include your parish in your will, to continue the good works of our forebearers

**Christian Stewardship:** 13th July 2025

**Envelopes:** £144 **Loose:** £387.43. We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish. **Contactless Machine Update:** In the meantime, anyone who wants to make a donation can pay into the parish account with the details provided below.

**WRCDT St Gabriels Upper Holloway**  
**Sort Code:** 40-05-20 **Account No:** 01097024

## JULY DIARY

Weekend of 19th/20th: **Verona Fathers Mission Appeal**

Weekend of 26th/27th: **Farewell Mass For Jerrico Luna CSSP**

Every Last Saturday of the month: **Baptism (always confirm in the parish office)**

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**

Every Saturday evening after Mass: **Bingo in the meeting room**

Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**

Every 1st Friday 12 noon: **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room 7.45pm. Parish Quiz in the Meeting Room.**

## DIARY DATES

**25th July:** Early Music Youth Orchestra concert

**20th September:** Diocesan Jubilee Year to Walsingham Pilgrimage.

**25th October:** Parish Auction

A	D	L	P	E	H	E	P	L	E
T	E	S	U	O	H	F	L	E	R
H	R	G	N	I	V	R	E	S	E
Y	T	A	A	E	S	E	H	V	T
R	H	A	M	L	E	T	A	I	T
R	E	H	O	Y	L	D	G	L	E
O	S	T	W	R	R	I	E	L	B
W	A	R	S	Y	R	A	V	D	E
A	O	A	N	I	W	O	M	A	Y
T	A	M	S	I	S	E	W	O	M

VILLAGE  
HOUSE  
SERVING  
FRET

WOMAN  
SISTER  
HELP  
NEEDED

MARTHA  
MARY  
WORRY  
BETTER



## FOOD FOR THOUGHT

"Whatever you are be a good one."

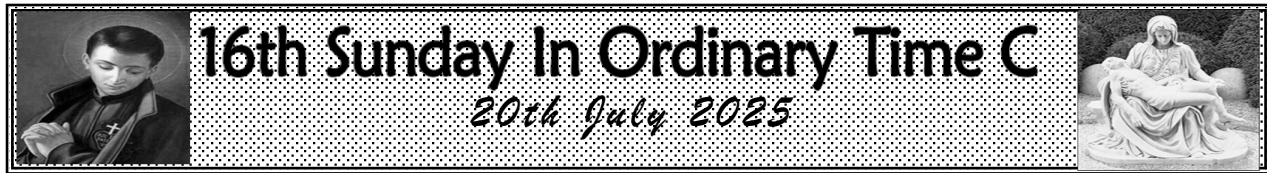
"We know what we are, but know not what we may be."

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway  
Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)  
Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Reg. Charity No.233699 Website: [www.stgabes.uk](http://www.stgabes.uk)



We welcome all to today's mass especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTIONS ON THE GOSPEL

Hospitality is naturally an important element of life in the Middle East given the very hostile terrain of vast stretches of waterless rocky desert and scorching sun. Such hospitality is lost to urban living today where we open our doors only to family and friends, and on invitation. Our houses are under alarm and constantly locked. Our doors have the peepholes and the CCTV cameras keep 24 hours surveillance. Strangers can no longer be trusted. How this is a step forward in our so called modern world remains to be seen. In today's Gospel, Jesus visits the house of Martha, Mary and Lazarus which seems to be a place of refuge for him when things got too difficult in nearby Jerusalem. Jesus, we know, had no home of his own. While this is part of his message of total freedom and detachment, it also underscores his assurance that whoever for his sake leaves home, father, mother, brothers, sisters and property, should find these a hundredfold in return from people. Both Mary and Martha demonstrated hospitality. What is called to question is the priorities. While Martha arranged the dinner, Mary listened at the feet of Jesus. In our hospitality, which should come first between listening and serving? Well, the true disciple actually needs to have elements of both Martha and Mary, after all, when Jesus called his disciples, it was for two purposes: "to be with him, and to be sent out to proclaim the message" (Mark 3:14). However, the basic principle in the bible is that the humility of listening (being with Jesus i.e. relationship) should lead us to acting accordingly. What Martha did could be likened to a waiter who goes on to arrange a meal for a guest without first taking the order. A good waiter listens and takes the order first before heading to the kitchen otherwise how does she even know what the guest wants. Trouble always follows when we act without listening first even if with the best of intentions. David was all ready to build a Temple for the Lord until the prophet Nathan told him that it wasn't for him to do. To his credit David listened. A music teacher once asked her class the difference between listening and hearing. At first there was no response. Finally a hand went up and offered this wise definition: "Listening is wanting to hear!" Yes, listening is active, alert and attentive. Hearing is merely the ability but listening is the attitude. Hearing is nature, listening is nurtured. In spite of the urgent need to throw ourselves into the work of the Lord, it is only logical that my relationship with the Lord of the work comes before my involvement with the work of the Lord.

## Mass Times & Intentions 20th – 26th July 2025

**Sat 19th Vigil Mass 6:30pm:** Tommy O'Connell (RIP), John Kennedy (ANN)

**Sun 20th 9:00am:** Lina Piroli, Juliana Aniah (RIP), Odugbesan family (INT)

**11:30am:** Tom O'Leary, Mary Cullinan, Departed members of the Devery family, Mary Brennan, Aidan Crow (RIP), Bernadette D'Arcy, Tom D'Arcy (3<sup>rd</sup>) (ANN), Fr Martin Goba CSSp, Private Intention (INT)

**6:30pm:** Michael Sheehan (RIP)

**Mon 21st 12 noon:** George Roberts (RIP), Oliver MacElroy (INT)

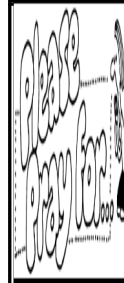
**Tue 22nd St Mary Magdalene 12 noon:** Michael O'Donovan (RIP), Bingo Club members (INT)

**Wed 23rd St Bridget of Sweden 12 noon:** Mary McAndrew, Patrick McAndrew (ANN), Margaret Ruston (INT)

**Thurs 24th 12 noon:** People of the Parish

**Fri 25th St James 12 noon:** Michael O'Donovan (RIP)

**Sat 26th Sts Joachim & Anne 12 noon:** Baby Arthur (RIP), Brendan & Robert Furfey (ANN), Ann Waldron, Bernie & P.J. Shevlin



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Bernadette Ikuku, Margaret Togher, Mary Dunne, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Prince Henshaw, John Alan, Rashmi, Joan Fitzgerald, Savindra de Alwis, Padra Williams, Winston Fernando, Lourdes Bastardo, Norman Wills, Cronin Hehir, Maura O'Leary, Artoro Davila, Margaret Nelson, Mary Brady, Teresa McDonagh, Dee-Arn Sewell, Christine Cheah, Valentine Olayemi, Mary Mullee, Elizabeth Ortega, Gomes family, Private Intentions, Agnes Quainoo, Hannah Conwell, Stephanie Kafari

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

**Parish Priests:** Fr. Moses Enchizena CSSp, Fr Augustine Isah Katuka CSSp, Fr Martin Goba CSSp, Jerrico Luna CSSp

**Parish Office Team:** Patricia Essien-Oku, Maureen Tayler, Mary Ahern, Joan FitzGerald

**Office Hours:** Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. -(9am-1pm)

**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-(TEXT ONLY)

Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Web: [www.stgabes.uk](http://www.stgabes.uk) (Reg. Charity No.233699)

**Confessions** Sat 11am, 6pm, before Masses **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am

**Healing Mass/Holy Hour/Benediction:** First Fridays 12noon **Prayer/Faith Group:** Sat. 10am

**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*

# TODAY’S READINGS

## ENTRANCE ANTIPHON

See I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart and praise your name, O Lord, for it is good.

## OPENING PRAYER

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever. **Amen.**

## FIRST READING (Genesis 18:1-10)

In those days: The LORD appeared to Abraham by the oaks of Mamre, as he sat at the door of his tent in the heat of the day. He lifted up his eyes and looked, and behold, three men were standing in front of him. When he saw them, he ran from the tent door to meet them and bowed himself to the earth and said, ‘O Lord, if I have found favour in your sight, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree, while I bring a morsel of bread, that you may refresh yourselves, and after that you may pass on — since you have come to your servant.’ So they said, ‘Do as you have said.’ And Abraham went quickly into the tent to Sarah and said, ‘Quick! Three measures of fine flour! Knead it, and make cakes.’ And Abraham ran to the herd and took a calf, tender and good, and gave it to a young man, who prepared it quickly. Then he took curds and milk, and the calf that he had prepared, and set it before them. And he stood by them under the tree while they ate. They said to him, ‘Where is Sarah your wife?’ And he said, ‘She is in the tent.’ The LORD said, ‘I will surely return to you about this time next year, and Sarah your wife shall have a son.’

## RESPONSORIAL PSALM (Ps 14)

**R. O LORD, who may abide in your tent?**

Whoever walks without fault;  
who does what is righteous,  
and speaks the truth from his heart;  
whoever does not slander with his tongue.

Who does no wrong to a neighbour,  
who casts no slur on a friend,  
who looks with scorn on the wicked,  
but honours those who fear the Lord. **R.**

Who lends no money at interest,  
and accepts no bribes against the innocent.  
Such a one shall never be shaken. **R.**

## SECOND READING (Colossians 1:24-28)

Brothers and Sisters: Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ’s afflictions for the sake of his body — that is, the Church — of which I became a minister according to the stewardship from God that was given to me for you, to make the word of God fully known — the mystery hidden for ages and generations, but now revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!**

Blessed are those who hold fast to the word of God in an honest and good heart, and bear fruit with patience.

**Alleluia!**

## GOSPEL

**Luke 10:38-42**

At that time: Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord’s feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, ‘Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.’ But the Lord answered her, ‘Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.’

**R.**

## PRAYER OVER THE GIFTS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all. Through Christ our Lord. **Amen.**

## COMMUNION ANTIPHON

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

## SPIRITUAL COMMUNION PRAYER (For Online Mass)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

### Mass

Sat. 6.30pm  
Sun. 9am  
Sun 11.30am  
Sun 6.30pm

### Readers

Joanna Hemingway  
Rachel McGonigal  
Ignatius Etukudoh  
Bridget O’Dea

### Eucharist Minster

Debra  
Olga M  
Joyce & Mary A  
Roxanne

### Stewards

Joan Fitzgerald/Jeanette Fayers  
Essien Ekpenyong-Oku  
Bernie Shevlin/Joseph Baffoe

## THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise You, We bless You,  
We adore you, We glorify You,  
We give You thanks for Your great glory.  
Lord God, heavenly King, O God, the almighty Father.  
Lord Jesus Christ, the Only-begotten Son.  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us; You take away the sins of the world,  
receive our prayer.  
You are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord.  
You alone are the Most High. Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

## THE NICENE CREED

I believe in one God, the Father Almighty, Maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God; begotten not made, consubstantial with the Father. Through Him all things were made. For us men and for our salvation He came down from heaven, (*all bow*) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake He was crucified under Pontius Pilate. He suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the Giver of life, who proceeds from the Father and the Son who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk  
☐ Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.  
☐ There **MUST be** at least 2 adults present at any ministry to minors e.g. Children’s Liturgy & Catechism  
☐ Vulnerable people **MUST be** accompanied in the Church.

**Parish Data Protection Champion Officers:** Ann Waldron 07449110910 **Email:** archway@rcdow.org.uk  
Tom McDonnell

**Parish Health and Safety:** Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

**Parish Security Reps:** Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798