

NEWS AND VIEWS

August Break: The Parish Office will close at 1pm (after the weekday Mass) during the month of August. Please take note.

Flirting with God: Refreshing Sunday Homilies for all Cycles. This book from Fr Ugo has just been published. It is a fruit of his 20 years of priestly ministry and covers all the Sundays of the Church's three liturgical year cycles. It is a great spiritual resource that helps to dispose us to get the most from the lessons of every Sunday. It is 380 pages. The book has been significantly discounted so that EVERY parishioner can grab a copy for only £15. Please get copies for family and friends too. It has been adjudged one of the best and the writing is very elegant. Congratulations to Fr Ugo

First Friday Healing Mass, Holy Hour and Benediction this Friday 6th August at 12noon.

Basic Covid Secure Protocols will remain in place in our Church until the time of uncertainty is over. We therefore require that people sanitise their hands, have their face masks and maintain the 1m social distance for sitting in the Church. People from a bubble could sit together. Thanks for your understanding.

Contactless Giving: The Diocese has launched a card/contactless giving to help make our offertory collection safer. It will not replace the other means of giving but is considered a safer alternative. Please find the unit by the left as you exit the Church. Thank you.

First Holy Communion & RCIA (Adult programme of Christian initiation) 2022: Please pick the forms for Children who would be seven by the 31st of August. RCIA is for adults who want to convert to or be fully received into the Catholic Church. The forms are also available in the Parish Office.

Endorsement/Signing of Documents: The Parish Priest is happy to endorse/sign documents at no cost for IDENTIFIABLE PARISHIONERS ONLY. Please encourage non-parishioners to please see an attorney or their GP.

Important Note for our Diaries: On 15th of Sept (Feast of Our Lady of Sorrows), at 7pm, the Auxiliary Bishop Nicholas Hudson will be celebrating a Mass in our Church and he will also unveil the painting of Our Lady of Sorrows that was donated to our Church by the renowned English artist Alexander Talbot-Rice. All should please endeavour to be present at the Mass.

100 Club August draw: subscriptions for the August draw are due in at church next weekend or at the presbytery by Wednesday 4th August. The draw takes place after the 12 noon 1st Friday Mass & Holy Hour on Friday 6th August. New members welcome!

Christian Stewardship: (25th July 2021)
Envelopes: £215.00 **Loose:** £383.76. **Contactless:** £72.00. We also receive £500 weekly from standing orders. Thank you for our continuous support of our parish.

August Diary

6th: 12 noon: First Friday Mass, Holy Hour and Benediction. Followed by 100 Club draw.

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BOATS	RABBI	BREAD
FOOD	ETERNAL	SEAL
BELIEVE	SIGN	MANNA
DESERT	MOSES	LIFE



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Three Pastors were having lunch together at a diner. The first Pastor said, "Ya know, since summer started I've been having trouble with mice in my church. I've tried everything-noise, spray, cats-nothing seems to scare them away. The second Pastor then said "Yea, me too. I've got hundreds living in the basement of the church. I've set traps and even called an expert to get rid of them, yet they still won't go away." With a grin on his face, the third Pastor said, "I had the same problem so I baptised all mine and made them members of the church... Haven't seen one back since!!!"



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE, Tel: 02072728195 (option 2) 07533726467 (text only)
Email: archway@rcdow.org.uk Website: www.stgabes.uk



+ 18th Sunday In Ordinary Time Year B
1st August 2021



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTIONS ON THE GOSPEL

Seek rather the Father who gives the bread

Following the miraculous feeding of the hungry multitude which we read about last Sunday, the people were on the trail of Jesus. They were very excited and saw in him a wonder-worker, a superman. They wanted to make him king. But Jesus rejected this outright as a temptation and escaped into the hills. Why? If he is the Messiah, shouldn't he seize the moment to further his mission? But that would rather be taking advantage of the people. It was the sort of shortcut the Devil had offered him during his temptation: "Fall at my feet and worship me and all the kingdoms of the world will be yours." Jesus turned down the offer. The end does not justify the means. So, he dismissed the crowds and went up into the hills to pray alone. Indeed, he is their Messiah-King but not in this way. His power will be exercised, not through domination, control and popular appeal but through love and service. His success is measured, not in terms of crowd-pleasing miracles or supernatural powers but primarily in the quality of his relationships; with God, with people and with himself. That, too, will be the measure of our own success. Hence, the only King they will see will be the one hanging in shame and nakedness on the cross, convicted like a common criminal. Where will the crowds be then? The disciples too have to be parcelled off in a boat lest they get the wrong ideas and try to take advantage of their Master's popularity. They too have to learn the kind of king their Master is. Jesus cared for the hungry but he did not mean to imply that the solution to the deep hunger of the human heart is to give people more bread. He multiplied bread primarily as a sign pointing to the higher spiritual food that he was providing for the human soul. Thus, there was a serious disconnect between him and the crowd who mistakes the sign for the substance in going after him for another free lunch. Jesus calls them out for their true motive: "I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you." In telling the people off for mistaking the sign for the substance, Jesus equally invites us to do some soul searching ourselves. Why am I a Christian? Why am I a follower of Christ? Why do I go to church? Is it simply that God can solve my problems? Should my relationship with God be reduced to solving all the nitty-gritty issues of my daily life? Do we seek the bread given by the Father or the Father Himself who gives the bread? God provides our material needs to draw us into a more intimate relationship with Him.

Mass Times & Intentions

31st July — 7th August 2021

Sat 31st Vigil Mass 6:30pm: Tony Glackin, Bridie McGahern, Anne Quinlan (RIP), Joe Brickley, JJ McGrath, George O'Connell, Tommy Walsh (ANN), Mary Grace (INT)
Sun 1st 9:00am: Tony Glackin, Bridie McGahern, Anne Quinlan (RIP), Essien-Oku family, Nsikan Udoh family, Daljit & Arvind Sareen (INT)
11:30am: Tony Glackin, Bridie McGahern (RIP), Margaret Riordan, Kitty Waldron (ANN), Etukudoh family (INT)
6:30pm: Tony Glackin (RIP), Kitty Waldron, Kevin Lynch, Johnny & Kathleen Moore (ANN), Ekanem & Uche, Philip & Tunu, Ushang & Larry, Theresa & Eyo (INT)
Mon 2nd St. Eusebius of Vercelli 12 noon: Tony Glackin, Bridie McGahern, John Grouden, Brendan Moyles (RIP), Kitty Waldron (3rd) (ANN), Glackin family (INT)
Tue 3rd 12 noon: Tony Glackin Freddy Joy (RIP), Kitty Waldron (ANN), Fr. Kevin, Pauleen, Mullee family, Aherne family, Wendy Winser, Erna Joy (INT)
Wed 4th St John Vianney 12 noon: Patricia Etim-Bassey (RIP), Kitty Waldron (ANN), Andie Ekeng (INT)
Thur 5th The Dedication of the Basilica of St. Mary Major 12 noon: Kitty Waldron (ANN), Rita Rawlings, Paani Dias (INT)
Fri 6th The Transfiguration Of The Lord 12 noon: *First Friday, Holy Hour and Benediction*
Sat 7th St. Sixtus II 12 noon: Kitty Waldron (ANN)



Rebecca Campbell, Babs Kavanagh, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Theresa Reilly, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Cornelia Henshaw, Rebecca Ononogbo, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnelly, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Maria Cecile Perine, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Caroline de Vasconcellos, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Special intention, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Fr Kevin, Paani Dias, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Fr. Aodh, Maureen Walsh, Gabby Mehmet

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Dr Ugo Ikwuka CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri - (9am - 3pm), Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: archway@rcdow.org.uk Web: parish.rcdow.org.uk/archway (Reg. Charity No.233699)

Pastorals/Devotions: Confessions Sat. 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays (New time) 12noon Legion of Mary: First Wed. 6.30pm Monday

Prayer Group: 1st & 3rd Mon. 6.30pm

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

OPENING PRAYER

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory to you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unit of the Holy Spirit, one God for ever and ever.

FIRST READING Exodus 16:2-4

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not. 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

RESPONSORIAL PSALM (Ps 77)

R. **The Lord gave them bread from heaven.**

The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

R.

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

R.

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. R.

SECOND READING Ephesians 4:17.20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

GOSPEL ACCLAMATION

Alleluia, alleluia

I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia.

GOSPEL John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

PRAYER OVER THE GIFTS

Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you. Through Christ our Lord.

COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven endowed with all delights and sweetness in every taste.

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never failing care for them, make them worthy of eternal redemption. Through Christ our Lord.

Mass

Sat. 6.30pm
Sun. 9.00am
Sun. 11.30am
Sun. 6.30pm

Readers

Bridget O'Dea
Rachel McGonigal
Mark Renner
Tracey Mullett

Stewards

Joan Fitzgerald/Jeanette Fayers/Bernie S
Ann Waldron/ Essien E-Oku
Bernie Shevlin / Ignatius Etukudoh
Joseph Ogbonna

FEAST OF THE WEEK



6th August

Transfiguration of the Lord

The Transfiguration of Jesus is reported in the the gospels of Matthew, Mark and Luke and in the 2nd epistle of St.Peter, when Jesus and the apostles, Peter, James and John go up to a mountain to pray. On the mountain, Jesus begins to shine with bright rays of light. Then the prophets Moses and Elijah appear next to him and he speaks with them. Jesus is then called "Son" by a voice in the sky. The miracle of the Transfiguration is unique among other miracles that appear in the canonical gospels, in that the miracle happens to Jesus himself. In 2002, Pope John Paul II introduced the Luminous Mysteries in the rosary, which includes the Transfiguration. In Christian teachings, the Transfiguration is a pivotal moment, and the setting on the mountain is presented as the point where human nature meets God, with Jesus himself as the connecting point, acting as the bridge between heaven and earth. The very last of the writing prophets, Malachi, promised a return of Elijah to hold out hope for repentance before judgment. Elijah himself would reappear in the Transfiguration, alongside Moses as a representative of all the prophets who looked forward to the coming of the Messiah.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy
Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Key Notes:

Parish Safeguarding Officers: Joan Fitzgerald 07811419531, Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety Team: Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832