

# NEWS AND VIEWS

**Rite of Election** was held at the Cathedral for Candidates from our Church and the Deanery on Saturday 5th at 3pm. Our Candidates Jennifer and Kwame went with their sponsors and Catechists. Their Scrutiny dates will soon be announced. Please keep them in your prayers as they continue their journey of faith.

**Cardinal's Lenten Appeal 2022:** This year, we celebrate 10 years of Caritas Westminster, the social action agency of the Diocese, working with parishes to restore hope, and enable people to lead a life of dignity and worth. Funds raised in this year's Cardinal Lenten Appeal will be shared between parishes and Caritas Westminster. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. The effects of the pandemic are making daily life harder for many people. Please take a donation envelope. You can use the QR code to make your donation online. Thank you for your generosity.

**Annual Mass of Thanksgiving for the Sacrament of Matrimony at Westminster Cathedral, Saturday 14th**

**May 2022 at 3pm.** The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their **5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2020. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

**First Holy Communion 2021/2022 diary dates:** Mar. 6th, 20th, 27th, Apr. 24th, May 8th, 22nd, Jun. 5th, 12th at 10.15am, Saturday 18th June Reconciliation & Rehearsal at 10am. Please enter through the parish car park. **Sunday 19th June @ 3pm Celebration of First Holy Communion.**

**Christian Stewardship:** (20th February 2022)

**Envelopes:** £162. **Loose:** £267.39. **Contactless:** £78.67. We also receive £500 weekly from standing orders. Thank you for your continuous support of our parish.

## March Diary

Fridays of Lent: **Stations of the Cross at 11.30am & 6.30pm** followed by **Masses at 12 noon and 7pm** respectively.

Friday 4th @ 8pm: **Parish quiz on Zoom, followed by 100 Club draw**

S	L	E	G	N	A	L	O	N	E
T	S	D	E	T	P	M	E	T	W
E	Y	E	A	X	F	A	O	L	I
P	T	T	N	E	H	L	I	D	P
A	H	S	R	R	R	V	Y	E	I
R	R	U	E	O	E	B	R	V	H
A	O	A	N	D	F	D	O	L	S
P	W	H	O	G	H	O	L	Y	R
O	Y	X	T	O	R	L	G	I	O
W	T	E	S	T	S	Y	A	D	W



**WILDERNESS  
TEMPTED  
DEVIL  
FORTY  
STONE  
BREAD  
ALONE  
GLORY  
WORSHIP  
PARAPET  
ANGELS  
EXHAUSTED**

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



"What's your father's occupation?" asked the school secretary on the first day of the new academic year. "He's a magician, Ma'am" said the new boy. "How interesting. What's his favourite trick?" "He saws people in half." "Gosh! Now, next question. Any brothers or sisters?" "One half brother and two half sisters."



spiritans

**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**

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+ **1st Sunday of Lent Time, Year C**  
6th March 2022

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

### JESUS' TEMPTATIONS AND OURS

The season of Lent prepares us for Easter, the greatest feast of the Liturgical Year. The beginning of Lent is marked with the blessing and imposition of ashes on Ash Wednesday which we celebrated on last Wednesday or, for pastoral reasons, on the First Sunday of Lent. Today is the First Sunday of Lent. The Church invites us to reflect on 'Jesus' Temptations and Ours.' We are all tempted. The gospel of today uses images to show how Jesus was challenged to remain faithful to His Father. We have the very same temptations. Today's Christian is faced with the same challenge as Christ was tempted. But the situations in which he or she has to meet the challenge may vary a great deal. Jesus was tempted – the three temptations which He faced are familiar to all of us. But at every point He kept to this commitment – to do the will of the Father. The challenges we face may be the temptation to be dishonest or devious, for example. Elements which invite us to betray the commitment that we have made to Christ and the community of believers in our baptism are numerous. This commitment was the renunciation of Satan, with all the works of evil that derive from him. It was a renunciation by which we pledged ourselves to live as sons and daughters of the living God. If we are clear about this commitment, if our commitment goes beyond mere words, then whatever the elements which entice us away from our commitment we can remain firm as Christ did. This is the challenge that is put before us this First Sunday of Lent. The first reading, from St. Paul's letter to the Romans 10:8-13, tells us of Israel's profession of faith. The story of how God intervened to help His people is proof that His love embraces everyone and leads us all along the way to life. We must never doubt His love even when things are not going well for us. The second reading tells us that our trust in God must be shown by our lives and proclaimed by our words.

**Mass Times & Intentions 6th – 12th March 2022**

**Sat 5th Vigil Mass:** Brendan Nelson (RIP), Paul Kelly, Ann Colbert, Fr Kevin (INT)

**Sun 6th 9:00am:** Maria Henchy, Francis Taylor (RIP), Fiel Barretto, Damien Bradley (ANN), Ann Colbert, Fr Kevin, Stella Anakor (INT)

**11:30am:** Maureen Donegan, Nuala Kelly, Gante Fesseha, Brendan Nelson, Mary McCarvill (RIP), Michael Togher, Bernadette Nwanyieke Chukelu (ANN), May Fayers, Ann Colbert, Stella Anakor (INT)

**6:30pm:** Tim Brosnan, Philip & Tunu, Ekanem & Uche, Amy & Larry, Udoh family, Essien-Oku Family, Eyo & Theresa, Emo & Paddy (INT)

**Mon 7th Sts Perpetua and Felicity 12 noon:** Ita McKenna, Kitty Kane (RIP), Ann Colbert, Fr Kevin (INT)

**Tue 8th St John of God 12 noon:** Brendan Nelson (RIP), Mary Stephens (INT)

**Wed 9th St Frances of Rome 12 noon:** Muriel & George Roberts, Mary Brady, Alan Mullee (RIP), Patrick Reaney, Lewis Parnell, Andy Brady (ANN), Beryl Tamsett, Carol Belsten, Garvey family, Mary Aherne, Theresa Reilly (INT)

**Thur 10th 12 noon:** Sharon Gaudio (ANN), Alan & Felicity Harrison (INT)

**Fri 11th 12 noon:** Tracey Tomlinson, Peter Allen, Monique Hyac, John Mehmet (RIP), John & Lucie Thompson (INT)

**Sat 12th 12 noon:** Spiritans & Marist Archway, People of the parish



Rebecca Campbell, Babs Kavanagh, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Theresa Reilly, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Cornelia Henshaw, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnelly, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeane, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Fr Kevin, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Fr. Aodh, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Debbie Whitehead, Emo Paddy Essang, Melissa Fallon, Madeleine, Jimmy Mills, Stella Anakor, Jacinta

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. David Atuanya CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Taylor, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. (9am – 3pm), Tue, Thur. (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 (TEXT ONLY)

Email: archway@rcdow.org.uk Web: parish.rcdow.org.uk/archway (Reg. Charity No.233699)

Pastorals/Devotions: Confessions Sat 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays (New time) 12noon Legion of Mary: First Wed. 6.30pm Monday

Prayer Group: 1st & 3rd Mon. 6.30pm

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

# TODAY'S READINGS

## ENTRANCE ANTIPHON

When he calls on me, I will answer him; I will deliver him and give him glory. I will grant him length of days

## OPENING PRAYER

Grant almighty God, through the yearly observance of Holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

## FIRST READING Deuteronomy 26:4-10

Moses said to the people: "The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us; they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me."

'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

## RESPONSORIAL PSALM (Ps 79)

R. **Be with me, O Lord, in my distress.**

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust! Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.

They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.

His love he set on me, so I will rescue him;

Protect him for he knows my name.

When he calls I shall answer: 'I am with you.'

I will save him in distress and give him glory. R.

## SECOND READING Romans 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.

## GOSPEL ACCLAMATION

**Praise to you, O Christ, king of eternal glory!**

**Man does not live on bread alone**

**But on every word that comes from the mouth of God.**

**Praise to you, O Christ, king of eternal glory!**

## GOSPEL Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone. Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

## PRAYER OVER THE GIFTS

Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord.

## COMMUNION ANTIPHON

Man does not live on bread alone, but on every word that comes from the mouth of God.

## PRAYER AFTER COMMUNION

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord.

## Mass

Sat. 6.30pm  
Sun. 9.00am  
Sun. 11.30am  
Sun. 6.30pm

## Readers

Joanna Hemmingway  
Rachel McGonigal  
Mark Renner  
Tracey Mullett

## Stewards

Joan Fitzgerald/Bernie Shevlin/Jeanette Fayers  
Essien E-Oku/ Gabriel E-Oku  
Bernie Shevlin / Ignatius Etukudoh  
Joseph Ogbonna

## The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Amen.

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world,

receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy

Spirit,

in the glory of God the Father. Amen.

### THE APOSTLES' CREED

I believe in God,

the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety Team:** Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832