

# NEWS AND VIEWS

**CAFOD Family Fast Day – Lent Appeal** Family Fast Day is Friday 3rd March. Please collect an envelope from the back of the church and return it at the second collection on 4th/5th March - or you can donate online at <https://cafod.org.uk/give>. This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Thank you for your generosity

**Annual Mass of Thanksgiving for the Sacrament of Matrimony Westminster Cathedral, Saturday 13th May 2023 at 2:30pm.** The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2023. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

**World Youth Day 2023 in Portugal:** Beginning from the 1st-6th August 2023, all young people interested should speak with Fr Moses after Masses this weekend.

**1st Holy Communion sessions at 10.15am:** Mar. 5th, 11th, 19th, Apr. 2nd, 23rd, May 7th, 14th, 21st, Jun. 4th, 10th. The celebration of the **First Communion will take place Sunday 11th June during the 11.30am Mass.**

**Dates for Confirmation Sessions:** Mar. 8th, 22nd, Easter break. Apr. 19th, May 3rd, 17th, June 7th, 21st, 28th - (Rehearsal in the Church). **Confirmation Ceremony is on Sunday July 2nd at 11.30am Mass.**

**Christian Stewardship:** 12th February 2023 **Envelopes:** £212.50 **Loose:** £770.68 **Contactless:** £103.24 **Parish Project- (Help At Home-** £2681.87 so far - We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

## March Diary

Weekend of 4th/5th: **CAFOD Family Fast Day collection at all Masses.**

Friday 17th at 12 noon: **St. Patrick's Day Mass, followed by Irish coffee in the Meeting Room.**

Sunday 19th: **Mothering Sunday will be celebrated at all Masses.**

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**

Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room, except 17 March (St. Patrick's Day)**

Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by refreshments and 100 Club in the Meeting Room** 7.45pm **Parish Quiz in the Meeting Room**

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JESUS	PETER	JAMES
JOHN	MOUNTAIN	FACE
SUN	MOSES	ELIJAH
TENTS	CLOUD	SHADOW



spiritans

**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**

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**+ 2nd Sunday of Lent Time Year A**  
*5th March 2023*



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

The transfiguration experience which took place atop a mountain in this Sunday's Gospel helped the disciples Peter, James and John to have the right view of Jesus and by implication the correct reading of what the future holds for them. Few days before the incident, Peter had correctly answered on behalf of the others that Jesus is Christ the Messiah, the Saviour King expected by Israel. It must have been an exciting moment for them all; the realization that among all their fellow countrymen, they are the privileged chosen companions of the Messiah. However, they were still basking in the euphoria of this good news when Jesus literally killed their joy. He announced that he would soon be arrested and nailed to the cross on which he would eventually die. That shocked the hell out of them. They had left everything to follow Him as the Messiah whom they thought would conquer their enemies and restore the fallen Kingdom of Israel only for him to let them down with such hopeless news. That's not their vision of the Messiah. What kind of Messiah dies like a common criminal? What's the point following him then? Is this all there is? They therefore needed some re-assurance and Jesus rose to the occasion. He took them up through the transfiguration experience where they saw Him transformed in a new light, dazzling, amidst callers from heaven (Moses and Elijah) with the voice of the Father confirming that indeed he is the beloved, the Messiah. It was such an awesome experience that Peter couldn't help but ask that they remain there. It was the morale booster they needed; the re-assurance that they are on track. But, did they really see a new Jesus? Not really. It is still the same good old Jesus but seen now with a purified vision which is possible only from that 'height' on which he lifted them; the implication being that we have to rise to a new height, above the prejudices and primitive tendencies that distort our vision in order to have the right view of things in the broader picture. Looking at the broader picture, they could see that even the death of Jesus, the thought of which had earlier frustrated them, was indeed the gateway to his being the Messiah. There are times in our lives when looking at our circumstances, we wonder in frustration like the disciples "Is this all there is?"

## Mass Times & Intentions 5th – 11th March 2023

**Sat 4th 6:30pm:** Mary & Andy Brady, Alan Mullet, Mick Garvey, Sean Walsh (RIP), Brendan Nelson (1st) (ANN), Nene Bahquerido, Susan & Tom Begley, Hugh & Margaret Gallagher (INT)

**Sun 5th 9:00am:** Bernadette & Ignatius Chukelu, Comfort Inam (ANN), Rita Avanzi (Birthday), Mark West (INT)

**11:30am:** Bill Ronan, Assunta Turin (RIP), Martin Nash, KC Maduako & family (INT)

**6:30pm:** Raymond Tomlinson (ANN), Wendy Winsler, Rita Rawlings, Paani Dias (INT)

**Mon 6th 12 noon:** Fiel Barretto, Judith Gomeze (RIP), Ann Fitzgerald (1st), Michael Togher, Hughie McCarron (ANN), Sr. Aidan (INT)

**Tue 7th Sts Perpetua & Felicity 12 noon:** *Funeral Mass for Irene Beamond*

**Wed 8th St John of God 12 noon:** Ann Fitzgerald, Dermot McMahon, Sr. Helen Ryan, Rose Beasley (RIP), Mary Stephens, Beryl Tamsett, Carol Belsten, Sylvette Mane, Sr. Anne Orde (INT)

**Thur 9th St Frances of Rome 12 noon:** Lorna, Vanessa, Taylor Marie & Elijah (INT)

**Fri 10th 11:30am:** *Stations of the Cross followed by Mass:* Sharon Gaudio, Caith Murphy (20th), John Patten, Cathleen Lavelle (ANN) **6:30pm:** *Stations of the Cross followed by Mass:* Janusz Szczypta (ANN)

**Sat 11th 12 noon:** Essien-Oku family, Uche & Ekanem, Philip & Tunu, Udoh family, Amy & Laurence, Eyo Okon Eyo family, Emo & Paddy, Lillian & Manny (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Tina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Paddy Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Brian Robinson, Teresa O'Dea

**Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

**Parish Priests:** Fr. Moses Enchizena CSSp, Fr. Ignatius Quan CSSp, Fr. Oliver Ugwu CSSp, Seminarian Raphael Muendo

**Parish Office Team:** Patricia Essien-Oku, Maureen Taylor, Mary Aherne, Joan FitzGerald

**Office Hours:** Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)

**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

**Email:** [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) **Web:** [parish.rcdow.org.uk/archway](http://parish.rcdow.org.uk/archway) (Reg. Charity No. 233699)

**Pastorals/Devotions:** Confessions Sat. 11am, 6pm. Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm

**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

## Food For Thought

**1st Corinthians 10:12**

Therefore, whoever thinks he is standing securely should watch out so he doesn't fall.





# TODAY'S READINGS

## ENTRANCE ANTIPHON

Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

## OPENING PRAYER

O God, who have commanded us to listen to you beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit one God for ever and ever. **Amen.**

## FIRST READING Genesis 12: 1-4

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing. "I will bless those who bless you: I will curse those who slight you. All the tribes of the earth shall bless themselves by you." So Abram went as the Lord told him.

## RESPONSORIAL PSALM (Ps 32)

**R. May your love be upon us, O Lord, as we place all our hope in you.**

The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love.

**R.**

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine.

**R.**

Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you.

**R.**

## SECOND READING 2 Timothy 1:8-10

With me, bear the hardships for the sake of the Good News, relying on the power of God who saved us and called us to be holy – not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

## GOSPEL ACCLAMATION

Glory and praise to you, O Christ!  
From the bright cloud the Father's voice was heard:

'This is my Son, the Beloved. Listen to him.'  
Glory and praise to you, O Christ!

## GOSPEL Matthew 17: 1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus. As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

## PRAYER OVER THE GIFTS

May this sacrifice, O Lord, we pray, cleanse us of our faults and sanctify your faithful in body and mind for the celebration of the paschal festivities. Through Christ our Lord. **Amen.**

## COMMUNION ANTIPHON

This is my beloved Son, with whom I am well pleased;

listen to him.

## PRAYER AFTER COMMUNION

As we receive these glorious mysteries, we make thanksgiving to you, O Lord, for allowing us whole still on earth to be partakers even now of the things of heaven. Through Christ our Lord. **Amen.**

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Ann Heekin	Debra Redhead-Allen	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Rachel McGonigal	Olga Monpeke	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Joseph Baffoe	June Gray/ Roxanne	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Maureen Tayler	Michelle Carr	Joseph Ogbonna

## The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### THE APOSTLES' CREED

I believe in God,  
the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
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- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety Team:** Joan Fitzgerald 07811419531, Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832