

# NEWS AND VIEWS

**Pilgrimage Trip To Fatima:** All those interested in going with us to Fatima, the proposed date is **29th May-2nd June**.

- Cost of trip based on **shared rooms** also **includes** return flights, 4 nights full-board accommodation, transportation from Lisbon Airport to Fatima, coach provided for tours to the popular religious places around Fatima at the total cost of **£810**. **This price can only be held till the 5th of February, 2023.**
- **Deposit of £250** is requested before the **8th of February to confirm this trip.**
- **Late bookings will incur additional price.**
- **Single room** cost an extra **£102.**
- **Travel Insurance £39** (for those who need one)
- For this trip to happen we have to be up to a group of **at least 20 people**, the trip will be handle by a **Diocesan approved Pilgrimage Tour Company**. Please indicate interest and make commitments towards this via the Parish office.

**Parish Repository/Shop:** We have re-stocked some items based on the forthcoming religious calendar and we also have other regular religious items in stock all at reasonable prices. Kindly put in your request in the repository after Mass for items we have not covered. We will try our best to accommodate all request.

**Death:** We mourn with the family and friends of **Reinsford Yaw Adjei**, a longstanding parishioner who passed away. He will be buried in Ghana. In order for her friends and church family to bid her farewell, there will be a Mass on **Thursday 9th February 2023 at 12noon** here in our parish. Eternal rest grant unto him and may perpetual light shine on him, may he rest in peace. Amen

**Daily Church Cleaning Appeal:** Thank you to those that have come out already. We are still calling on all parishioners who can give their time to work in groups to keep the church clean. Please share your contact with Fr Moses or through the Parish office.

**1st Holy Communion sessions at 10.15am:** Feb. 5th, 19th, Mar. 5th, 11th, 19th, Apr. 2nd, 23rd, May 7th, 14th, 21st, Jun. 4th, 10th. The celebration of the **First Communion will take place Sunday 11th June during the 11.30am Mass.**

**Dates for Confirmation Sessions:** Feb. 8th, 22nd, Mar. 8th, 22nd, Easter break. Apr. 19th, May 3rd, 17th, June 7th, 21st, 28th -(Rehearsal in the Church). **Confirmation Ceremony is on Sunday July 2nd at 11.30am Mass.**

**Christian Stewardship:** 29th January 2023 **Envelopes:** £174 **Loose:** £406.72 **Contactless:** £63.94 **Parish Project- (Help At Home-** £1876.27 so far - We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

## February Diary

Wednesday 22nd: Ash Wednesday and beginning of Lent. Stations of the Cross every Friday at **11.30am and 6.30pm**, followed by Mass.

Weekend of 25th/26th: **Parish Project collection (Help @ Home)**

Monday 27th: Mass of the Feast of St Gabriel of Our Lady of Sorrows (Patron of our Parish), followed by **socials in the Meeting Room.**

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions**

Every Last Saturday at 12noon: **Baptism**

Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction/ 100 club draws**  
7.30pm : **Parish Quiz night**

## Proposed Pilgrimages 2023

**Fatima—29th May—2nd June**

**Walsingham- 1st July**

**Aylesford—tbc**

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SHINES  
SIGHT  
MEN  
PRAISE



spiritans

**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Website: [www.stgabes.uk](http://www.stgabes.uk)

**+ 5th Sunday In Ordinary Time Year A**  
*5th February 2023*

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

### The Christian: Standing out from within

In this Sunday's Gospel, Jesus compares his disciples to salt, light, and a city set on the hill. In the days before refrigeration, salt was a purifier, a seasoning and a preservative. But, it was also used to nullify (neutralise) things. Thus, the followers of Jesus are meant to effectively preserve and enhance what is best in the society. But they are also to subdue what is deplorable. As light, the followers of Christ illuminate what is beautiful and worth seeing, but also reveal what is ugly. Before the invention of compass and navigator, a city on the hill serves as point of reference (landmark) for sailors. Taking their bearing from it, they determine if they are going east, west, north or south. Without Christians standing out as role models in the society, people lose their way. Notice how these elements exist, not for themselves, but for something else. Salt left in salt shaker does no good no matter its quality, and no amount of hunger could make salt edible in itself. It is only relevant for how it affects other things. So, we are not just salt, but, as Jesus said, "the salt of the earth". Similarly, light concealed under a bowl is not only useless but goes off. On its own, light blinds the eyes. It is only valuable to the extent that it dispels darkness. So, we are not just light, but "the light of the world". Thus, the Gospel makes it clear that like these elements, religious faith is not meant for oneself. It is meant for others. Better still, we find salvation for ourselves precisely in the measure that we bring it to others. In effect, Christians must live fully in the world, not to compromise themselves in the ways of the world, but to have a distinctive flavoured effect on it as we live out the Gospel with maximum visibility. Jesus laments the uselessness of a salt that loses its taste and the light that is put under a tub. The implication is that without vibrantly faithful Christians, the world is a worst place, we don't see what is good, the ugly is not denounced, and people lose their way. The philosopher Edmund Burke pertinently noted that evil triumphs when good men do nothing. Yet, it only takes a little salt to season a pot, just as a small candle can light up a whole room. We only need to "preach" by what we do to be effective salt and light.

## Mass Times & Intentions 5th – 11th February 2023

**Sat 4th 6:30pm:** Tom Prendergast, William Moran, May Harnett, Alan & Sé Mullee, Andrzej Skrypak (RIP), Mary Mullee & family (INT)

**Sun 5th 9:00am:** Mary & Andy Brady (RIP), Essien-Oku family's intentions, Rita Avanzi & family (INT)

**11:30am:** Cecilia Farron, Assunta Turin, Andrzej Skrypak, Guido Turin (RIP), Ann Nevin, Christopher Nevin, John Teatum (6th) (ANN), Stephen Etukudoh, Aherne family (INT)

**6:30pm:** Rita Rawlings, Mary Anne Evans, Paani Dias (INT)

**Mon 6th St Paul Miki and Companions 12 noon:** Mary Gallagher, May Harnett, Bridie Cannon (RIP), Bridie Redmond (ANN), Eddie & Mary Gallagher (INT)

**Tue 7th 12 noon:** Tom Waldron (28th), Henry Craig (ANN), Dorothy Carr (INT)

**Wed 8th St Jerome Emiliani 12 noon:** Tom Waldron, Bridget Walsh (38th) (ANN)

**Thur 9th 12 noon:** Tom Waldron (ANN), Beryl Tamssett, Carol Belsten, Mary Stephens (INT)

**Fri 10th St Scholastica 12 noon:** Tom Waldron, Phelim Scanlon, Ellen & Martin Togher (ANN)

**Sat 11th Our Lady of Lourdes 12 noon:** Muriel & George Roberts (RIP), Tom Waldron, Rudolph von Bock, John Fielding (ANN), Etukudoh family, Piran Mullett, Mullett & Shevlin families, John & Lucie Thompson (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Tina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Paddy Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Brian Robinson, Teresa O'Dea

Parish is served by the **Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

**Parish Priests:** Fr. Moses Enchizena CSSp, Fr. Ignatius Quan CSSp, Fr. Oliver Ugwu CSSp, Seminarian Raphael Muendo

**Parish Office Team:** Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

**Office Hours:** Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)

**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467- (TEXT ONLY)

**Email:** [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) **Web:** [parish.rcdow.org.uk/archway](http://parish.rcdow.org.uk/archway) (Reg. Charity No.233699)

**Pastorals/Devotions:** Confessions Sat.11am, 6pm. Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed.

**6.30pm Monday Prayer Group:** 1st & 3rd Mon. 6.30pm

**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

## Food For Thought

**11. 1 Corinthians 10:12**

Therefore, whoever thinks he is standing securely should watch out so he doesn't fall



# TODAY'S READINGS

## ENTRANCE ANTIPHON

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

## OPENING PRAYER

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

## FIRST READING Isaiah 58:7-10

Thus says the Lord:  
Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

## RESPONSORIAL PSALM (Ps 111)

**R. The good man is a light in the darkness for the upright.**

He is a light in the darkness for the upright: he is generous, merciful and just. The good man takes pity and lends, he conducts his affairs with honour. **R.**

The just man will never waver: he will be remembered for ever. He has no fear of evil news; with a firm heart he trusts in the Lord. **R.**

With a steadfast heart he will not fear; open-handed, he gives to the poor; his justice stands firm forever. His head will be raised in glory **R.**

## SECOND READING 1 Corinthians 2:1-5

When I came to you, brothers it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

## GOSPEL ACCLAMATION

**Alleluia, alleluia**  
**I am the light of the world, says the Lord, anyone who follows me will have the light of life.**  
**Alleluia.**

## GOSPEL Matthew 5: 13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men. You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub: they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven'

## PRAYER OVER THE GIFTS

O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord. **Amen.**

## COMMUNION ANTIPHON

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

## PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord. **Amen.**

| Mass         | Readers          | Eucharist Minister | Stewards                        |
|--------------|------------------|--------------------|---------------------------------|
| Sat. 6.30pm  | Ann Heekin       | Debra              | Joan Fitzgerald/Jeanette Fayers |
| Sun. 9.00am  | Rachel McGonigal | Olga Monpeke       | Essien E-Oku/ Gabriel E-Oku     |
| Sun. 11.30am | Joseph Baffoe    | June Gray/ Joyce   | Bernie Shevlin/Joseph Baffoe    |
| Sun. 6.30pm  | Maureen Tayler   | Roxanne            | Joseph Ogbonna                  |

## The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

## THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## THE APOSTLES' CREED

I believe in God,

the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety Team:** Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832