NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. https://bit.lv/st-gabriel February: Sunday Masses will be streamed during 11.30am



The Season of Lent

Stations of the Cross will be held every Friday of Lent at 11.30am (before the noon Mass) and 7pm.

Feast of St Gabriel of Our Lady of Sorrows (Patron of our Parish) this Tuesday 27th February with Mass at 12noon.

Synod 2021-2024: Bishop Hudson has advised that we have two gatherings to discussion about the Synod process, the following groups of people are encouraged to attend the two gathering dates, as these two dates will have different formative messages. 1. The Parish Finance Team, 2. The Parish Administration Team, 3. The Parish Synod Team and any parishioners who will want to be a part of this gathering should join in.

Thursday 22nd February @ 7pm.

First Holy Communion dates: Feb.11th, Sat. 24th @ 10am (First Reconciliation), 25th, Mar. 3rd, 17th, 24th, Apr. 14th, 28th, May. 12th, Sat. 18th @ 2.30pm, Jun. Sat. 1st @10am Rehearsal 1st Holy Communion 2nd June @ 11.30am.

100 Club March draw will take place after the First Friday Service on 1st March. Subscriptions should be handed in at church by the weekend of 24th/25th February At the latest. New members welcome! Application forms at the back of the church.

Social Media Awareness: It has been brought to our notice the rampant abuse of technology that is ongoing by some unknown people. Please follow these guidelines to keep safe;

If you receive a suspicious text or call:

- Stop! The text could be a scam. Read carefully and look for any details that don't seem right. Do not give out any details
- Don't click on any links or give out any personal or bank details. Hang up and call the company or person they claim
- Report any suspicious texts to 7726 and make your friends and family aware too.

CAFOD Family Fast Day Collection: Friday 23rd February is Family Fast Day. See the posters at the back of the Church You can donate by collecting a CAFOD envelope on your way out of Church today and returning it next weekend. Many thanks for your support

Prague/Poland in 25th-31st May 2024: Cost £870. including flight, lodging (sharing), breakfast and dinner. for 7 days. SEE FULL ITINERARY ON THE GLASS NOTICE BOARD Next instalment of 25% by March 5th 2024, Final instalment by April 5th 2024. Those who need visa to travel will sort it out by themselves; the tour company will provide hotel reservations to support visa application. Travel insurance will also be gotten by individuals for themselves. (A few spaces still available)

Christian Stewardship: 4th February 2024 Envelopes: £254 Loose: £410.96 Contactless: £108. We also receive £,500 weekly from standing orders. Thank you for your continuous support for our parish.

February Diary

Thursday 22nd: Synod 2021-2024 parish gathering 2

Tuesday 27th: Feast of St. Gabriel of Our Lady of Sorrows. Mass at 12 noon followed by socials in the Meeting

Every Last Saturday of the month: Baptism (always confirm in the parish office)

Every Saturday at 10.30am: Faith Sharing/RCIA sessions in the main Sacristy

Every Saturday evening after Mass: Bingo in the meeting room

Every Tuesday after the noon Mass: Parish social forum in the Meeting Room

Every 1st Friday: 12 noon Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room

7.45pm Parish Quiz in the Meeting Room

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A	s	0	G	А	G	D	1	D	R
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A	L	А	0	G	E	1	E	1	А
s	С	D	2	E	w	s	В	L	w

WILDERNESS WILD SATAN ANGELS GOOD CLOSE

TEMPTED BEASTS NEWS BELIEVE



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Food For Thought

Isaiah 43:18-19

Don't remember the prior things; don't ponder ancient history. Look! I'm doing a new thing; now it sprouts up; don't you recognize it? I'm making a way in the desert, paths in the wilderness. The beasts of the field, the jackals and ostriches, will honor me, because I have put water in the desert and streams in the wilderness to give water to my people,my chosen ones.



Spiritans

Sorrows Catholic Church, Archway JE Tel: 02072728195 Mobile: 07533726467 (text only) Charity No.233699 Website: www.stgabes.uk 3EE Contact: 15 St John's Villas, N19 3F Email: archway@rcdow.org.uk Reg **Gabriel of**



+1st Sunday of Lent Time B 18th February 2024



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

Today is the first Sunday of Lent, a season of Renewal. The season of Lent provides us a great opportunity to shed off our "spiritually tired and weak skin." This is in order to wear a more durable one for our Journey. Therefore, on this first Sunday of Lent, the church invites us to renew our covenant with God. Our gospel from Mark narrates the temptation of Jesus, and the sacrifice he made in order to prepare himself for his mission and journey. To be a worthy lamb for the renewal of God's covenant with his people, Jesus had to be tested. Peter states this clearly: "As gold is tested by fire so shall your faith be (1 Pt 1, 7). Therefore, today's gospel reminds us that, as Christ was tested, so shall we all be tested. Every day of our lives, the devil tempts us, and he will continue doing so. However, this should not frighten us, because the Holy Spirit that helped Christ is always available to help us. It is also a reminder, that temptation is inevitable in our Christian journey. As we prepare to renew our covenant with God, just like Christ, we must persist in prayer, fasting and abstinence. We must ask God to grant us the strength to endure till the end of our own test as Christ did. Also, we must ask the Holy Spirit to fill us with humility, courage, and patience this season. Finally, let us sincerely make use of this period of Lent to ask God for forgiveness for all the moments we have not been faithful to our covenant with him and to heal our world of the pandemic.

Mass Times & Intentions

18th - 24th February 2024

Sat 17th Vigil Mass 6:30pm: Denis Kirk, James McClafferty, Anna McLoughlan, Billy Costello, Kathleen McLough lin, Mick Cussack (RIP), Coilin Griffin, Ígnatius Etukudoh (INT)

Sun 18th 9:00am: Susan Ash, Denis Kirk, Deceased members of Wigwe family (RIP), Rita Avanzi & family, Eddie McGinley (Get Well) (INT)

11:30am: Colin Restall (10 months' mind), Lorraine Sherlock (RIP), Etukudoh family, Val Greene (INT)

6:30pm: Sr Mary-Jane (RIP), Joan Ogbonna & family, Joe Ogbonna's Private Intentions, Rita Avanzi (INT)

Mon 19th 12 noon: Denis Walsh, Mary Mullaney, Mary Conneely (RIP), Una Rainsford (ANN), Giuseppe Zanre (posthumous 85th bitrthday), Marion's Intentions, Angela Doocey (INT)

Tue 20th 12 noon: Ejike Chinegwundoh (posthumous birthday), John O'Neill (RIP), Rita Avanzi (INT)

Wed 21st 12 noon: Thomas Moran, Patrick Keane (RIP), John O'Brien (INT)

Thur 22nd The Chair of St Peter the Apostle 12 noon: Evelyn Mulherne (RIP)

Fri 23rd 11:30am Stations of the Cross followed by Mass: Andy Ilo, Emeka Okolo, Adol Onoh (RIP)

7:00pm Stations of the Cross

Sat 24th 12 noon: Billy Costello (RIP) Uche & Ekanem, Philip & Tunu, Udoh family, Amy & Laurence, Lawrence, Inyene & family, Queeneth & Ekpo (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnelly, Brian Coleman, Shiela Farrell, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Private Intention, Eddy Renwick, Ralph Nwosuh, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw

- 1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT- bal. £9,900. Trinity Fund £8,000 granted
- 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) (20,000 paid in full by National Lottery Fund 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received £32,640.08 Thanks.

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Moses Enchizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp, Francis Hoang Son CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am - 3pm). Tue, Thur. - (9am-1pm) Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-(TEXT ONLY)

Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)

Pastorals/Devotions: Confessions Sat 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am Healing Mass/Holy Hour/Benediction: First Fridays 12noon Legion of Mary: First Wed. 6.30pm Monday Prayer Group: 1st & 3rd Mon. 6.30pm

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

When he calls to me, I will answer him; I will deliver him and give him glory. I will grant him length of days.

OPENING PRAYER

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Genesis 9:8-15

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.' God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

RESPONSORIAL PSALM (Ps 24)

R. Your ways, Lord, are faithfulness and love for those who keep your covenant.

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:
for you are God my saviour.

R.

Remember your mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord.

The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor.

R.

R.

SECOND READING 1st Peter 3:18-22

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

GOSPEL ACCLAMATION

R. Praise to you, O Christ, king of eternal glory!

Man does not live on the bread alone,
but on every word that comes from the mouth of

R. Praise to you, O Christ, king of eternal glory!

GOSPEL Mark 1:12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

PRAYER OVER THE GIFTS

Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord. Amen.

COMMUNION ANTIPHON

One does not live by bread alone, but by every word that comes forth from the mouth of God.

PRAYER AFTER COMMUNION

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord

Mass	Readers	Eucharist Minster	Stewards
Sat. 6.30pm	Ann Heekin	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Rachel McGonigal	Innocent Teme	Essien E-Oku/ Gabriel E-Oku

Sun. 9.00am Rachel McGonigal Innocent Teme Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am Joseph Baffoe Joyce & Mary A Roxanne C/Joseph Baffoe
Sun. 6.30pm Eugenia Ackah Michelle C Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise You,
We bless You,
We adore you,
We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, re-

You are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father
Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 Email: archwaysg@safeguardrcdow.org.uk,

Joan Fitzgerald 07811419531 Email: archwaysg1@safeguardrcdow.org.uk

Sade Afolabi 07943565430 Email: archwaysg2@safeguardrcdow.org.uk

- Minors MUST not go to the toilets, rooms, or outside the church during services unaccompanied.
- •There MUST be at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people MUST be accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832