NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with Sunday Children's Liturgy Session: Please parents do not send the QR Code below. https://bit.lv/st-gabriel Sunday Masses will be streamed during 11.30am

Sea Sunday 2024: Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. Sea Sunday is Sunday 14th July. It is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate in church, by visiting www.stellamaris.org.uk/donate, or by texting 'SEA' to 70460 to donate f5. This collection is vital to enable Stella Maris to continue its important work, so please give generously. Thank you.

Young People's Day Trip To Dover 27th July: All young people starting from 16 years to 35 years who wish to join this trip should please indicate interest. To that effect a 35 seater coach which cost £1,250 has been booked. We will be taking a 2nd collection on the weekend of the 20th/21st July to assist with the payment for this coach. Thank you...

Parish Summer Fair will take place on Sunday 21st of July in the car park, parishioners are encouraged to take ownership as always. Followed by a football novelty match for our parish community at the Whittington park.

your children into the room especially when there is no adult present. Their safety is important. Children who have received their 1st Communion should remain in the church during Mass.

Diocesan Pilgrimage to Walsingham will take place on the Saturday 21st September, any parishioners who are interested should please indicate their availability at the parish office. The cost will be £35. The first pickup point will be at 6.30am infront of St Gabriel of Our Lady of Sorrows, then it will proceed to the next pickup point at **6.45am**, which will be Sts. Peter and Paul, Clerkenwell, 5 Amwell Street, EC1R 1UL. All will depart at 7am to Walsingham. Any form of lateness

The Youth Praise & Worship Concert will take place on Saturday 21st September, 2024 at St Mellitus Church, Tollington Park. More information to come. Keep the date in your diary.

Parish Charity Auction/Fundraising Entertainment Event: This will take place in October 2024, the exact date and itinerary will be published soon.

Food Donations for the needy: Thank you to parishioners that have responded to our call for help. We humbly request for the following; pot noodles, tinned fish, biscuits, soft drinks, tea, milk (longlife), sugar and coffee.

Christian Stewardship: 7th July 2024

Envelopes: £128.00 Loose: £360.41 Contactless: £29.00 We also receive £,700 weekly from standing orders. Thank you for your continuous support for our parish.

Important Diary Dates

Sept 1st- Sunday Social Hour

Sept. 21st — Youth Praise & Wor-

October—Parish Charity Auction/

Fundraising/Entertainment Evening.

July Diary

Weekend 13th/14th- Sea Sunday Weekend 20th/21st—Young People's Dover Trip Collection Sunday 21st: Parish Community Summer Fair

Saturday 27th: Young People's Day Trip To Dover

Every Last Saturday of the month: **Baptism (always confirm in the parish office)**

Every Saturday at 10.30am: Faith Sharing/RCIA sessions in the main Sacristy

Every Saturday evening after Mass: **Bingo in the meeting room**

Every Tuesday after the noon Mass: Parish social forum in the Meeting Room

Every 1st Friday: 12 noon Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room 7.45pm Parish Quiz in the Meeting Room

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We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Food For Thought

"Only look back to see how far you've come."

"Anything is possible and everything can be."



of Sorrows Catholic Church, Archway 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Reg. Charity No.233699, Website: www.stgabes.uk

Contact: 15 St John's Villas, N19 3F Email: archway@rcdow.org.uk Rg

Gabriel of

+ 15th Sunday In Ordinary Time, Year B 14th July 2024



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

The readings remind us that God's choice of us is not a product of chance, but a deliberate act. Hence, we are provided with a great opportunity to re-evaluate ourselves in the light of: "What is God's purpose for choosing me as His messenger and, am I fulfilling this purpose?" Consequently, today's gospel highlights how Christ took time to prepare his disciples in order to help them achieve the primary purpose of God in their own lives. Afterwards, He sent them out to their community and the world. Through this, mission ad intra became the foundation for mission ad extra." This is what growth in Christ means. It means striving to achieve the primary purpose of being holy, impeccable and loving and also, going out to help others achieve it. This is what it means to be a missionary and to develop a missionary spirit. For this to be possible, we must not be selfish and love must move us to invite others to share our experience. Hence, we must be generous with the sharing of our talents i.e. God's – given gifts. In order to make sure that his disciples did not lose focus of this purpose, Christ instructed them on how to go about their mission. Jesus knew the influence of materialism and that any soul taken captive by it will definitely lose focus of his mission. That is why he instructs them against it. So, to succeed in the mission of Christ, we must be careful about materialism, extreme capitalism and, anything that could distract us from fulfilling God's purpose and will. Therefore, abiding by the instructions of Jesus is a sure means of fulfilling God's purpose. So, we must constantly remind ourselves that God chose us for a purpose and, must strive to achieve it.

Mass Times & Intentions

14th - 20th July 2024

Sat 13th Vigil Mass 6:30pm: Bob Flemming, Rose Monahan (RIP), Tony Glackin, Bridget McDonald (ANN), Fr Remy's 24th ordination (INT)

Sun 14th 9:00am: Miranda Avanzi (RIP), Fr Remy Ndubuisi (birthday), Avanzi family (INT)

11:30am: Jack Nevin (posthumous 100th birthday), Miranda Avanzi (RIP), Cecilia Ndubuisi (ANN), Fr Remy Ndubuisi (birthday), Chizaram E Ezekwu (2nd birthday, thanksgiving), Avanzi family (INT)

6:30pm: Miranda Avanzi (RIP), Fr Remy Ndubuisi (Birthday), Avanzi family (INT)

Mon 15th St Bonaventure 12 noon: Gean Ballaytine, Miranda Avanzi (RIP), Sr. Monique, Sr. Ursula, Sr. Anna

Tue 16th 12 noon: Neddy Phelan, Renée Evans, Patrick Conner, Tom Ryan, Miranda Avanzi (RIP), Patrick McCormack, George & Georgina (ANN), John Junior Phelan, (Birthday), Fr. Martin Goba (Ordination anniv), Liz Bruno (Birthday), Fr Remy (Ordination anniv) (INT)

Wed 17th 12 noon: Miranda Avanzi (RIP), Avanzi family (INT)

Thurs 18th 12 noon: Miranda Avanzi (RIP), Avanzi family (INT)

Fri 19th 12 noon: Miranda Avanzi (RIP), Avanzi family (INT)

Sat 20th 12 noon: Mary Kinsella, Miranda Avanzi (RIP), Avanzi family (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnelly, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw, Maureen Esspay, John Alan, Private Intentions. Rashmi, Joan Fitzgerald, Savindra de Alwis

Parish Projects

- 1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT- bal. £9,900. Trinity Fund £8,000 granted
- 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by National Lottery Fund 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received £35,681.36 Thanks.

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Moses Enchizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am - 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-(TEXT ONLY)

Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)

Confessions Sat 11am, 6pm, before Masses Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am Healing Mass/Holy Hour/Benediction: First Fridays 12noon Prayer/Faith Group: Sat. 10am

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

OPENING PRAYER

O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Amos 7:12-15

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer;' get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."

RESPONSORIAL PSALM (Ps 84) R. Let us see, O Lord, your mercy and give us your saving help.

I will hear what the Lord God has to say, a voice that speaks of peace, peace for his people. His help is near for those who fear him and his glory will dwell in our land. R.

Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth And justice look down from heaven.

The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps.

SECOND READING Ephesians 1:3-14

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to

live through love in his presence, determining that we should become his adopted sons, through Jesus Christ for his own kind purposes, to make

us praise the glory of his grace, his free gift to us in the Beloved, in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the

mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth. And it is in him that we were claimed as God's own, chosen from the beginning, under the

predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came. Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it; and you too have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

GOSPEL ACCLAMATION

Alleluia, alleluia Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia.

GOSPEL Mark 6:7-13

R.

R.

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff - no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

PRAYER OVER THE GIFTS

Look upon the offerings of the Church, O Lord, as she PRAYER AFTER COMMUNION makes her prayer to you, and grant that, when consumed by those who believe, they may bring ever greater holiness. Through Christ our Lord.

COMMUNION ANTIPHON

The sparrow finds a home, the swallow finds a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house,

for ever singing your praise.

Having consumed these gifts, we pray, O Lord, that, by our participation in this mystery, its saving effects upon us may grow. Through Christ our Lord.

Mass	Readers	Eucharist Minster	Stewards
Sat. 6.30pm	Joanna Hemingway	June G	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Maureen Tayler	Innocent Teme Teme	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Ignatius Etukudoh	June G & Mary A	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Bridget O'Dea	Michelle C	Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, We bless You,

We adore you, We glorify You,

We give You thanks for Your great glory. Lord God, heavenly King, O God, the almighty Father. Lord Jesus Christ, the Only-begotten Son. Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; You take away the sins of the world, re-

> ceive our praver. You are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty;

from there He will come to judge the living and the

I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 Email: archwaysg@safeguardrcdow.org.uk, Joan Fitzgerald 07811419531 Email: archwaysg1@safeguardrcdow.org.uk Sade Afolabi 07943565430 Email: archwaysg2@safeguardrcdow.org.uk

- Minors MUST not go to the toilets, rooms, or outside the church during services unaccompanied.
- •There MUST be at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST** be accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832