

NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. <https://bit.ly/st-gabriel> Sunday Masses will be streamed during **11.30am**



Parish Project Collection will be taken at all Masses this weekend. Thank you for your generosity in continuing to support your parish.

Parish Office Hours: During the month of August the office will open for half day between **9am-1pm**. The priest will also be in to attend to people as usual.

Diocesan Pilgrimage to Walsingham will take place on the Saturday 21st September, any parishioners who are interested should please indicate their availability at the parish office. The cost will be **£35**. The first pickup point will be at **6.30am** in front of **St Gabriel of Our Lady of Sorrows**, then it will proceed to the next pickup point at **6.45am**, which will be **Sts. Peter and Paul**, Clerkenwell, 5 Amwell Street, EC1R 1UL. All will depart at **7am** to Walsingham.

First Holy Communion & Confirmation 2025: It is time to register for these 2 sacraments. The catechism classes will start from September. To be eligible for First Communion, the child must be **7years** by the **31st of August**. For confirmation, the candidate must be **13years** by the **31st of August**. Please pick up the registration forms from the Parish Office.

Sunday Social Hour: This weekly gathering will begin next Sunday after the 11.30am Mass in the meeting room. All are welcomed to stay back for some light refreshments and chat.

The Youth Praise & Worship Concert will take place on Saturday **21st September, 2024** at St Mellitus Church, Tollington Park. 10am-5pm. See posters at the entrance to scan your free tickets.

Catechist Training: There will be refresher courses for Catechists by the Diocese on the following dates; **14th Sept.- 10am - 12noon, 1pm-3pm, 21st Sept.-10am-12noon, 1pm-3pm** Here in St Gabriel's meeting room.

100 August draw: The 1st prize of £185 went to no.62; 2nd prize of £74 to no. 8; prizes of £37 to nos.65, 32 & 66. £370 was raised for parish funds. The next draw is on **Friday 6th September after the 1st Friday Service**. Subscriptions due in by the weekend of 31st Aug/1st Sep. New members are welcomed!

Food Donations for the needy: Thank you to parishioners that have responded to our call for help. We humbly request for the following; **pot noodles, tinned fish, biscuits, soft drinks, tea, milk (longlife), sugar and coffee.**

Christian Stewardship: 18th August 2024

Envelopes: £167 **Loose:** £383.76 **Contactless:** £0.00 We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish.

August Diary

Weekend 24th/25th—**Parish Project Collection**

Every Last Saturday of the month: **Baptism (always confirm in the parish office)**

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**

Every Saturday evening after Mass: **Bingo in the meeting room**

Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**

Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction** followed by 100 **Club in the Meeting Room**

7.45pm **Parish Quiz in the Meeting Room (Resumes in September)**

Important Diary Dates

- **Sept 1st**— Sunday Social Hour
- **Sept. 21st**—Youth Praise & Worship Concert
- **October**—Parish Charity Auction/Fundraising/Entertainment Evening.

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**JEW'S
FATHER
MOTHER
DRAWN
PROPHETS
HEAR
LEARN
BELIEVES
MANNA
DESERT
DEAD
LIFE**



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No.233699 Website: www.stgabes.uk

+ 21st Sunday In Ordinary Time, Year B

25th August 2024

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

The Gospel reading today is no surprise of His disciples rejecting what He says about eating His flesh and drinking His blood; They declared it "intolerable". Why? Did they fail to understand? Definitely not! The people did not understand very well what Jesus was saying, but they did not approve of it either. The Jews wanted their messiah to be a triumphant hero ready to provide bread freely, as Moses provided manna. Ironically, they had a weak man whose requests were not according to their mind. Jesus said that He embodied the plan of God, that they should approve and share His options and that they should identify themselves with Him in the sacramental sign of eating Him as Eucharistic bread. The dilemma was then and still is; to have or not to have faith in Jesus. His proposal can be accepted or rejected. No negotiation is possible, no modification to make it more acceptable or palatable by cancelling out some of His demands. In the first reading, we have heard how Israel was asked to choose clearly and unequivocally between Yahweh and other gods. In the Gospel, we see the disciples of Jesus having to make a choice. In front of the Eucharistic bread, we also have to decide whom we should follow. When we eat the Eucharistic bread, we must be clearly aware of what we are committing ourselves to; believing in all Jesus has taught and accepting so as to identify ourselves with Him. Can one receive Christ in the Eucharist and then go on seeking one's likes and pleasure? If everyone thinks only of themselves, if we fail to see and care for the needs of others, and in practice we do not believe in Christ because we refuse to identify ourselves with Him in life? Jesus realises the difficulty that His disciples find in making a choice. What is His reaction? Jesus invites us to leave the world of the flesh and enter into the world of the Spirit. If anyone bases their choice on human reason, then they will be disappointed by find themselves up against something unacceptable to "common sense." Only the persons who are capable of listening willingly to the call of the Father, who let the Spirit move them, will be able to understand and choose Christ.

Mass Times & Intentions 25th – 31st August 2024

Sat 24th Vigil Mass 6:30pm: Frank Cheah (25th) (ANN), Damian, Marie & family, Keeley, Joseph & family (INT)

Sun 25th 9:00am: Pietro Piroli, Carlo Avanzi, Miranda Avanzi, Hermann Heutger, Ellen Gaffney (RIP), Otuanwan Ekpenyong-Oku (9th)(ANN), Amy Essien-Oku, Essien-Oku family, Maria Piroli (birthday) (INT)

11:30am: Marie Cocoran, Ellen Gaffney (RIP), Nora & Con Murphy, Jimmy Cleary (27th) (ANN), Christy & Maria Christopher (31st wedding anniv), Fr Augustine Ogane (INT)

6:30pm: Spiritans and Marists Communities, Archway

Mon 26th 12 noon: Ellen Gaffney (RIP)

Tue 27th St Monica 12 noon: Eamon Gaughan (RIP), Delia Hansberry (ANN), Joan Fitzgerald & family, Bernie Carr (INT)

Wed 28th St Augustine 12 noon: Volunteers of the Parish

Thurs 29th The Passion of St John the Baptist 12 noon: Carlo Avanzi, Pietro Piroli (RIP), Frances Moss (ANN), Margaret Nelson (INT)

Fri 30th 12 noon: Simeon Bernard Ogbonna (ANN)

Sat 31st 12 noon: Ekpe Ekpenyong-Oku (ANN), Paddy Essang (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw, Maureen Esspay, John Alan, Private Intentions. Rashmi, Joan Fitzgerald, Savindra de Alwis,

Parish Projects

1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**
 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£35,701.36** Thanks.

Parish is served by the **Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

Parish Priests: Fr. Moses Enechizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)

Confessions Sat.11am. 6pm, before Masses Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays 12noon Prayer/Faith Group: Sat. 10am

Mission Statement: To animate a loving multicultural Christian community

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Food For Thought

"If it doesn't challenge you, it won't change you."

"Don't let the fear of what could happen stop anything from happening."

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Turn your ear, O Lord, and answer me; save the servant who trusts in you my God. Have mercy on me, O Lord, for I cry to you all day long.

OPENING PRAYER

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Joshua 24:1-2, 15-18

Joshua gathered all the tribes of Israel together at Shechem; then he called the elders, leaders, judges and scribes of Israel, and they presented themselves before God. Then Joshua said to all the people, 'If you will not serve the Lord, choose today whom you wish to serve, whether the gods that your ancestors served beyond the River, or the gods of the Amorites in whose land you are now living. As for me and my House, we will serve the Lord.' The people answered, 'We have no intention of deserting the Lord and serving other gods. Was it not the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed. We too will serve the Lord, for he is our God.'

RESPONSORIAL PSALM (Ps 33)

R. Taste and see that the Lord is good.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

R.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The Lord turns his eyes to the just
and his ears to their appeal.

R.

They call and the Lord hears
And rescues them in all their distress.
The Lord is close to the broken-hearted;
Those whose spirit is crushed he will save.

R.

Many are the trials of the just man
but from them all the Lord will rescue him.
He will keep guard over all his bones,
not one of his bones shall be broken.

R.

Evil brings death to the wicked;
those who hate the good are doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned. **R.**

SECOND READING Ephesians 5:21-32

Give way to one another in obedience to Christ. Wives should regard their husbands as they regard the Lord, since as Christ is head of the Church and saves the whole body, so is a husband the head of his wife; and as the Church submits to Christ, so should wives to their husbands, in everything. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious, with no speck or wrinkle or anything like that, but holy and faultless. In the same way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body – and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia.

GOSPEL John 6:60-69

After hearing his doctrine many of the followers of Jesus said, 'This is intolerable language. How could anyone accept it?' Jesus was aware that his followers were complaining about it and said, 'Does this upset you? What if you should see the Son of Man ascend to where he was before? It is the spirit that gives life; the flesh has nothing to offer. The words I have spoken to you are spirit and they are life. But there are some of you who do not believe.' For Jesus knew from the outset those who did not believe, and who it was that would betray him. He went on, 'This is why I told you that no one could come to me unless the Father allows him.' After this, many of his disciples left him and stopped going with him. Then Jesus said to the Twelve, 'What about you, do you want to go away too?' Simon Peter answered, 'Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God.'

PRAYER OVER THE GIFTS

O Lord, who gained for yourself a people by adoption through the one sacrifice offered once for all, bestow graciously on us, we pray, the gifts of unity and peace to your Church. Through Christ our Lord.

COMMUNION ANTIPHON

The earth is replete with the fruits of your work, O Lord; you bring forth bread from the earth and wine to cheer the heart.

PRAYER AFTER COMMUNION

Complete within us, O Lord, we pray, the healing work of your mercy and graciously perfect and sustain us, so that in all things we may please you. Through Christ our Lord.

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Carmel Cannon	June G	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Ann Waldron	Innocent	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Mark Renner	June G & Roxanne	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Anna Renner	Michelle C	Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

Parish Security Reps: Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798