

NEWS AND VIEWS

Feast of St Gabriel of Our Lady Of Sorrows: This year our feast day (27th February) will be celebrated with the only Mass on that day **being at 6pm**. Followed by refreshments (*bring and share*) and entertainment at our 722 Holloway road, parish centre 2.

Parish Pilgrimage To Assisi 2026 This will commemorate with the 800th year of Francis of Assisi, we will also visit the final resting place of the first millennial saint, Saint Carlos Acutti. The itinerary will be pasted in the porch. The dates and cost will be **26th-30th October, 2026. The cost for the trip will be £1440** based on shared accommodation. Initial deposit of **£350 will be made by February 16th**, final payment is expected in **August**. For more information please contact the parish office.

Parish Community Birthday Celebrations: To this effect, any parishioner who wishes to join in the *bring-and-share* after the 11:30am Mass is kindly asked to indicate their name and month of birth at the parish office. February birthday thanksgiving will take place on Sunday 22nd after the 11.30am Mass. **If people drop their names in the parish office.**

First Holy Communion 10.15am Lesson Dates in Feb. 1st, 8th, **Mar.** 1st, Saturday 7th Reconciliation@10am, 15th, 22nd, **Apr.** 12th, 19th, 26th, **May** 10th, 17th, 31st, **June** Saturday 6th @10am Reconciliation/Rehearsal, **Sunday 7th Celebration of the First Holy Communion.**

100 Club February draw: The next draw is on **Friday 6th Feb. after the First Friday Service**. Subscriptions are due in by the weekend of 31st Jan/1st Feb. **New Members Welcome!** Application forms at the back of the church.

Death: The family of Kathleen Panayiotu sadly announce her peaceful demise, her funeral will take place on Thursday 5th February at St Joseph Highgate, there will be a requiem Mass here in our parish on Wednesday 4th Feb at 6pm. May her soul rest in peace.

Annual Mass of Thanksgiving for the Sacrament of Matrimony Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm.

The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their **5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and contact email (or telephone number, if no email).

Parish thanksgiving mass for milestone birthdays will take place during Springtime. If any parishioner here in our parish is turning the following years **30th, 40th, 50th,60th,70th, 80th, 90th & every year after their 90th**. Please kindly send your name and birth month via the parish email or just leave a note with the details. Let us join hands and celebrate each other.

Donations of Food items for the less privileged: As we are in the cold season, there is increasing demand on us for food handouts from the less privileged. We count on our parishioners for the generous donations of non-perishable food items; tins, beverages, confectioneries, cereals, grains etc. A plastic container is made available for these under the desk for Mass sheets at the back.

Christian Stewardship: 25th January 2026

Envelopes: £159 **Loose:** £438.88. We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish. In the meantime, anyone who wants to make a donation can pay into the parish account with the details provided below.

WRCDT St Gabriels Upper Holloway
Sort Code: 40-05-20 **Account No:** 01097024
OR

Scan this QR Code here on the newsletter, the ones on the benches and on the doors.




February Diary

Sunday 25th after the 11.30am Mass: **January birthday celebration bring-and-share** in the meeting room.
Every Last Saturday of the month: **Baptism** (always confirm in the parish office)
Every Saturday at 10.30am: **Faith Sharing/RCIA sessions** in the main Sacristy
Every Saturday evening after Mass: **Bingo in the meeting room**
Every Last Sunday of the month: **Parish birthday celebrations for each month.** (except stated otherwise).
Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
Every 1st Friday 12 noon: **Healing Mass / Holy Hour / Benediction** followed by 100 Club in the Meeting Room 7.45pm. **Parish Quiz in the Meeting Room.**

IMPORTANT DATES

Feb 27th @ 6pm- Feast of St Gabriel

S	P	I	R	Y	P	A	H	A	E	
E	L	H	P	S	E	A	R	H	T	
N	R	U	O	M	P	O	O	R	R	
G	R	N	F	P	O	I	R	D	E	
E	T	G	Y	I	H	E	R	R	T	
N	N	E	P	E	C	A	C	I	H	
T	E	R	A	P	W	R	R	P	T	
L	G	V	O	E	A	T	E	S	A	
E	E	T	R	A	E	H	M	M	E	
N	H	U	N	G	R	E	R	E	R	

HAPPY HEAVEN MOURN PURE

POOR GENTLE HUNGER HEART

SPIRIT EARTH MERCIFUL REWARD

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



FOOD FOR THOUGHT

"Setting goals is the first step in turning the invisible into the visible."

"We all have ability. The difference is how we use it."



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No.233699) Website: www.stgabes.uk

+ 4th Sunday In Ordinary Time Year A
1st February 2026



We welcome all to today's mass especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTIONS ON THE GOSPEL

Our relationship with God is one that is incomparable with any other relationship that we are engaged in. Its significance which is more of a blessing has been misconstrued over the centuries by people called to be partakers in God's saving work to humanity. So for Ananias, a believer in Damascus, it was difficult for him to reconcile the fact that Saul was a changed man who also needed to be saved. He was so much embittered by Saul's acts that even at the command of the Lord he said, 'Lord, many people have told me about this man and about the terrible things he has done to your people in Jerusalem. And he has come to Damascus with authority from the chief priests to arrest all who worship you.' (Acts, 9:13-14). However, Saul believed that it was not by his might but only by the grace of God that he was to be saved by his extraordinary experience on his way to Damascus. This experience would later change his entire approach in life. It is in the context of this experience that Paul writes in our extract from the second reading (1 Cor. 1:26-31) that, 'God purposely chose what the world considers nonsense in order to shame the wise, and he chose what the world considers weak in order to shame the powerful.' (1 Cor. 2:27). Like Paul, we come to God with a firm believe that the 'God talk' will inspire us to be a changed people. Yes we all have the basic tag of 'original sin' but we are not condemned by God hence we are not intimidated by the way people relate to us and what they say about us. I might have strayed from the ways of God but I am not defeated by my failures. I look up to God for strength just like the psalmist tells us, 'My help will come from the Lord, who made heaven and earth.' (Ps. 121:2). I could be the lost sheep but God is ever willing to go after the lost ones just like the man who leaves ninety-nine sheep in the pasture and goes after the one that is lost until he finds it. (Lk. 15:4). Like Paul, let us put all our trust in God in our everyday struggles in life and let us allow the Spirit of God to touch us so that we can always stand firm before the Lord with heads high.

Mass Times & Intentions 1st – 7th February 2026

Sat 31st Vigil Mass 6:30pm: Barran family, Joan Fitzgerald (INT)

Sun 1st 9:00am: Maria Adelaide Vong (RIP), Anne Collins (ANN), Essien-Oku family (INT)

11:30am: Margaret Togher, Kathleen Panayiotou (RIP), Justice F.G.C Uyannah (ANN), Mariann McCullian, Mary Lynch, Chisom Anakor, John & Mary Hanway (INT)

6:30pm: Priests and People of the Parish

Mon 2nd The Presentation of the Lord 12 noon: Kathleen Panayiotou (RIP)

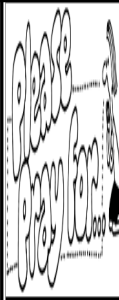
Tues 3rd Sts Laurence, Dunstan & Theodore 12 noon: Margaret Togher (RIP), Maura Eivers, Bingo Club members (INT)

Wed 4th 12 noon: Kathleen Panayiotou (RIP), Margaret Riley (1st) (ANN)
6:00pm: Requiem Mass for Kathleen Panayiotou

Thurs 5th St Agatha 12 noon: Volunteers of the Parish

Fri 6th St Paul Miki & Companions 12 noon: *First Friday Healing Mass / Holy Hour / Benediction*

Sat 7th 12 noon: Maura Duke (RIP), Donal Hallissey (1st), Tom Waldron (31st) (ANN)



Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Phillip Duggase, Terry Earley, Mary Mullarkey, Bernadette Ikwuka, Mary Dunne, Christy & Maria Christopher, Lourdes Sisneros, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Frances Quinn, Tony Colbert, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Madeleine Hourihan, Stella Anakor, Jacinta L, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Prince Henshaw, John Alan, Rashmi, Joan Fitzgerald, Savindra de Alvis, Padra Williams, Winston Fernando, Lourdes Bastardo, Norman Wills, Cronin Hehir, Maura O'Leary, Artoro Davila, Mary Brady, Teresa McDonagh, Christine Cheah, Valentine Olayemi, Mary Mullee, Elizabeth Ortega, Gomes family, Agnes Quainoo, Hannah Conwell, Stephanie Kafari, Angela Gallagher, Errol Roberts, Louisa Carter, Doreen Timoney, Oliver Chime, Stella Chime, Maura Eivers

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Moses Enchizena CSSp, Fr Augustine Isah Katuka CSSp, Fr Martin Goba CSSp, John Duong CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Ahern, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-(TEXT ONLY)

Email: archway@rcdow.org.uk **Web:** www.stgabes.uk (Reg. Charity No.233699)

Confessions Sat 11am, 6pm, before Masses **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays 12noon **Prayer/Faith Group:** Sat. 10am

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY’S READINGS

ENTRANCE ANTIPHON

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

OPENING PRAYER

Grant us, Lord our God, that we may honour you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Zephaniah 2:3: 3:12-13

Seek the LORD, all you humble of the land, who do his just commands; seek righteousness; seek humility; perhaps you may be hidden on the day of the anger of the LORD. I will leave in your midst a people humble and lowly. They shall seek refuge in the name of the LORD, those who are left in Israel; they shall do no injustice and speak no lies, nor shall there be found in their mouth a deceitful tongue. For they shall graze and lie down, and none shall make them afraid.

RESPONSORIAL PSALM (Ps 146 (145))

R. Blessed are the poor in spirit; for theirs is the kingdom of heaven.

It is the LORD who preserves fidelity for ever, who does justice to those who are oppressed. It is he who gives bread to the hungry, the LORD who sets prisoners free. **R.**

The LORD who opens the eyes of the blind, the LORD who raises up those who are bowed down.

It is the LORD who loves the just, the LORD who protects the stranger. **R.**

The LORD upholds the orphan and the widow, but thwarts the path of the wicked. The LORD will reign for ever, your God, O Sion, from age to age. **R.**

SECOND READING 1 Corinthians 1:26-31

Consider your calling, brothers and sisters: not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God. And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness, and sanctification, and redemption; so that, as it is written, ‘Let the one who boasts, boast in the Lord.’

GOSPEL ACCLAMATION

**Alleluia, alleluia
Rejoice and be glad,
for your reward is great in heaven.
Alleluia.**

GOSPEL Matthew 5: 1-12a

At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: ‘Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven. Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.’

PRAYER OVER THE GIFTS

O Lord we bring to your altar these offerings of our service: be pleased to receive them, we pray, and transform them into the Sacrament of our redemption. Through Christ our Lord.

COMMUNION ANTIPHON

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

PRAYER AFTER COMMUNION

Nourished by these redeeming gifts we pray, O Lord, that through this help to eternal salvation true faith may ever increase. Through Christ our Lord.

SPIRITUAL COMMUNION PRAYER (For Online Mass)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Mass	Readers	Eucharist Minster	Stewards
Sat. 6.30pm	Bridget O’Dea	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9am	Rachel McGonigal	Innocent Teme	Essien Ekpenyong-Oku
Sun 11.30am	Ignatius Etukudoh	June G & Mary A	Bernie Shevlin/Joseph Baffoe
Sun 6.30pm	Joanna Hemingway	Roxanne C	Joseph Ogbonna

THE GLORIA	THE NICENE CREED
Glory to God in the highest, and on earth peace to people of good will. We praise You, We bless You, We adore you, We glorify You, We give You thanks for Your great glory. Lord God, heavenly King, O God, the almighty Father. Lord Jesus Christ, the Only-begotten Son. Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer. You are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, You alone are the Lord. You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen	I believe in one God, the Father Almighty, Maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God; begotten not made, consubstantial with the Father. Through Him all things were made. For us men and for our salvation He came down from heaven, (<i>all bon</i>) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake He was crucified under Pontius Pilate. He suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the Giver of life, who proceeds from the Father and the Son who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk, Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk

- ☐ Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- ☐ There **MUST be** at least 2 adults present at any ministry to minors e.g. Children’s Liturgy & Catechism
- ☐ Vulnerable people **MUST be** accompanied in the Church.

Parish Data Protection Champion Officers: Ann Waldron 07449110910 **Email:** archway@rcdow.org.uk
Tom McDonnell

Parish Health and Safety: Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

Parish Security Reps: Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798