

# NEWS AND VIEWS

**First Communion for Adults:** Our RCIA candidates; Sarah and Evette will be receiving their First Communion this Sunday at the 11.30am Mass. Please let us support them with our prayers. We thank them for their commitment through the process of their faith formation. We are very grateful to their catechists and the RCIA team.

**Parish Confirmation Ceremony** will be held next Sunday 13<sup>th</sup> at 3pm: We have 16 candidates. Please remember them in your prayers.

**First Holy Communion dates:** June 13<sup>th</sup>, 20<sup>th</sup>, 26<sup>th</sup> (Reconciliation & rehearsals), 27<sup>th</sup> (Celebration of 1st Holy Communion at 3pm)

**How can we serve you better at this time?** Parishioners are encouraged to suggest ways we can have a more resourceful pastoral experience during this pandemic and lockdown. Please tell us how we can serve you better. Text 07533726467, email [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) or call 02072728195

**St. Vincent's Community Shop**, raising funds for the Society of St. Vincent de Paul, is a new charity shop at 550 Hol-loway Rd, N7 6JP (opp. Safestore). 020 7281 0634. Open

Mon - Sat 10-6. They welcome donations, volunteers and, of course, customers.

**Parish Website:** Our new parish website is up and running, please visit it and make observations. We would like to thank Florian for seeing this through. Visit us at [www.stgabes.uk](http://www.stgabes.uk)

**Live-streamed Masses via ZOOM/Facebook on Week-days at 7pm:** We have successfully started this for our spiritual nourishment even while we are at home or at work. It is also very easy to join the Mass through Facebook @ <https://www.facebook.com/ArchwayParish/>. God bless you as you join us. The Mass will be quiet, prayerful and in 25 minutes. **Zoom link for weekday evening Masses @ 7pm GMT beginning Monday 8th March**, is below; <https://us02web.zoom.us/j/85921527142?pwd=L05jUHk4QWovWVQzSVpkNkZ3SG13dz09> Meeting ID: **859 2152 7142** Passcode: **071411**

**Christian Stewardship:** (23rd May 2021) Envelopes: £283 Loose: £385.49. We also receive £520 weekly from standing orders. Thank you for our continuous support of our parish.

## June Diary

Sunday 6<sup>th</sup> (Feast of Corpus Christi) @ 11.30am: **First Holy Communion for RCIA candidates**

Sunday 13<sup>th</sup> @ 3pm: **Parish Confirmation Ceremony**

Sunday 27<sup>th</sup> @ 3pm: **Parish First Holy Communion Ceremony**

E	V	E	N	V	A	E	H	S	E
L	I	V	E	N	D	A	E	R	B
A	E	D	Y	A	E	N	Y	O	E
N	D	O	O	R	E	V	E	T	H
R	N	O	S	E	D	F	A	S	T
E	F	L	E	H	O	R	E	E	A
T	A	B	D	T	E	L	I	C	H
E	V	R	E	A	F	A	B	N	I
L	S	E	L	F	E	E	V	A	K
A	N	R	E	T	E	D	A	E	L

**BREAD**      **HEAVEN**      **LIVE**  
**EVER**      **FLESH**      **DRINK**  
**BLOOD**      **ETERNAL**      **FATHER**  
**ANCESTORS**      **DEAD**      **ANYONE**



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



I was at the airport, checking in at the gate when an airport employee asked, 'Has anyone put anything in your baggage without your knowledge?' To which I replied, 'If it was without my knowledge, how would I know?' He smiled knowingly and nodded, 'That's why we ask.'



Spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 (option 2) 07533726467 (text only) Website: www.stgabes.uk

Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk)



## + The Most Holy Body & Blood of Christ Year B 6th June 2021



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTIONS ON THE GOSPEL

### Corpus Christi: How God and Man became Blood Relatives

To truly understand the significance of what Jesus did at the Last Supper, when he offered bread as his body and wine as his blood in anticipation of his death the next day, we must understand the importance of blood sacrifice to the traditional Jews of the time. In our First Reading on this Feast of the Body and Blood of Christ (Corpus Christi), Moses performed an animal sacrifice at the foot of Mount Sinai to seal the covenant God made with the people. He took the blood from the sacrificed animals (blood signifies life) and sprinkled some of it on the altar and the rest on the people. Think of this as God and His people becoming blood relatives; the people pledging their life to God and God pledging His life to them. The Second Reading from the Letter to the Hebrews also talks about blood sacrifice. It describes the activity of the High Priest in the Temple on the Day of Atonement when the High Priest is allowed to enter the Holy of Holies to offer sacrifice in atonement for people's sins. The High Priest will take with him two animals; a goat and a sheep. He would symbolically place the sins of the people on the goat (the scapegoat) and it would thereafter be driven into the wilderness to die (with the sins of the people). He would thereafter slaughter the sheep and sprinkle some of its blood around the Holy of Holies. Subsequently, he would emerge to sprinkle the people. Again, think of this as God and His people becoming blood relatives; the people pledging their life to God and God pledging His life to them following the atonement of their sins. It is only against this rich complex ritual background that we can understand what Jesus did at the Last Supper in anticipation of the cross, as we read in today's Gospel whereby he took bread and said: "This is my body which will be given up for you." Then, even more evocatively, he took the cup and said: "This is my blood, the blood of the new and eternal covenant, which would be shed for you, for the forgiveness of sins." The next day, what is anticipated at the Last Supper is done in reality. In essence, the sacrifice at Sinai, the uncountable sacrifices in the Temple and indeed the blood sacrifices of all traditional societies were ultimately perfected by Christ's blood sacrifice on the Cross which definitively reconciled humanity with God. This reconciliation won by Christ on the cross of Calvary is replicated daily at Catholic Mass where the great sacrifice of Christ is represented (sacramentally) – bread becoming body and wine becoming blood, as anticipated at the Last Supper. From the Sanctuary, the priest comes down with the very life-giving blood of Jesus, not just sprinkling it upon us but offering it to us as drink. What more can show that divinity (God) and humanity have become blood relatives; that the broken relationship has been restored, and that divine life is offered again to us.

### Mass Times & Intentions

6th – 12th June 2021

Sat 5th Vigil Mass 6:30pm: Terry Beeston, Carlo Boggia (RIP)

Sun 6th 9:00am: Patricia Etim-Bassey (RIP), Arthur Price (ANN)

11:30am: Margaret Mongey, Michael Black, Simon Ohakamma (RIP), Bridie McDaid, Kazimiera Czuba (8th) (ANN), Fr. Kevin, Amaobi Maduako (INT)

6:30pm: PEOPLE OF THE PARISH

Mon 7th 9:30am: Nina 'De' Michel (RIP), Bridie Gutherie (ANN), Eddie Gallagher (90th birthday), Hegarty family, Josie & Denis, Pauline Mullee, Theresa Reilly (INT) 7:00pm (Online)

Tue 8th 9:30am: Mary Stephens (INT) 7:00pm (Online)

Wed 9th St. Ephrem 9:30am: Muriel Roberts (RIP), Beryl Tamsett, Carol Belsten (INT) 7:00pm (Online)

Thur 10th 9:30am: Louis & Ivy Coelho (RIP), Sybil Hudleston (ANN), Alan & Felicity Harrison (INT) 7:00pm (Online)

Fri 11th The Most Sacred Heart of Jesus 9:30am: O'Gorman family, John & Lucie Thompson (INT) 7:00pm (Online)

Sat 12th The Immaculate Heart of the Blessed Virgin Mary 9:30am: HOLY GHOST FATHERS



Rebecca Campbell, Babs Kavanagh, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Anne Quinlan, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Theresa Reilly, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Cornelia Henshaw, Rebecca Ononogbo, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnely, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Maria Cecile Perine, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Caroline de Vasconcellos, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Diane Sewell, Geraldine McKeane, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Special intention, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Fr Kevin, Paani Dias, Tony, Frances Quinn

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Dr Ugo Ikwuka CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald, Precious Ohiambe CSSp(Seminarian)

Office Hours: Mon, Wed, Fri - (9am - 3pm), Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Web: [parish.rcdow.org.uk/archway](http://parish.rcdow.org.uk/archway) (Reg. Charity No.233699)

Pastorals/Devotions: Confessions Sat. 11.30am & 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am, Healing Mass/Holy Hour/Benediction: First Fridays (New time) 9.30am - 10.45pm. Legion of Mary: First Wed. 6.30pm, Monday Prayer Group: 1st & 3rd Mon. 6.30pm

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

# TODAY'S READINGS

## ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock

## OPENING PRAYER

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

## FIRST READING Exodus 24:3-8

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

## RESPONSORIAL PSALM (Ps 115)

**R. The cup of salvation I will raise;  
I will call on the Lord's name.**

How can I repay the Lord  
for his goodness to me?  
The cup of salvation I will raise;  
I will call on the Lord's name.

**R.**

O precious in the eyes of the Lord  
is the death of his faithful.  
Your servant, Lord, your servant am I;  
you have loosened my bonds.

**R.**

A thanksgiving sacrifice I make:  
I will call on the Lord's name.  
My vows to the Lord I will fulfil  
before all his people.

**R.**

## SECOND READING Hebrews 9:11-15

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than the one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God. He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!  
I am the living bread which has come down from  
heaven, says the Lord: anyone who eats this bread  
will live forever.  
Alleluia.**

## GOSPEL Mark 14:12-16.22-26

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the Passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the Passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there,' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover. And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.' After psalms had been sung they left for the Mount of Olives.

## PRAYER OVER THE GIFTS

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.

## COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood will live in me and I in him, says the Lord.

## PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share of your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

### Mass

Sat. 6.30pm  
Sun. 9.00am  
Sun. 11.30am  
Sun. 6.30pm

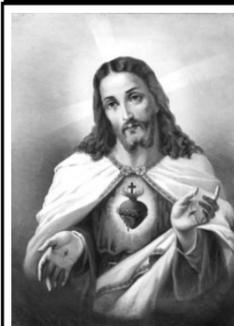
### Readers

Bridget O'Dea  
Rachel McGonigal  
Mark Renner  
Tracey Mullett

### Stewards

Joan Fitzgerald/Jeanette Fayers/Bernie S  
Precious Ohiambe / Essien Ekpenyong-Oku  
Bernie Shevlin / Ignatius Etukudoh  
Precious Ohiambe/Joseph Ogbonna

## FEAST OF THE WEEK



### The Most Sacred Heart of Jesus 11th June

The feast of the Most Sacred Heart of Jesus is celebrated on the first Friday after the Solemnity of the Most Holy Body and Blood of Christ. St Bernard of Clairvaux and St Francis of Assisi in the 12th and 13th centuries, together with the enthusiasm of the Crusaders returning from the Holy Land, gave a rise to devotion to the Passion of Jesus Christ and particularly to practices in honour of the Sacred Wounds. The popularisation of this devotion in its modern form is derived from St Margaret Mary Alacoque, a French nun, who said she learned the devotion from Jesus during a series of apparitions to her between 1673 and 1675 and in the 19th century, from the mystical revelations of a Portuguese nun, Blessed Mary of the Divine Heart Droste zu Vischering, a religious of the Good Shepherd, who requested in the name of Christ that Pope Leo XIII consecrate the entire world to the Sacred Heart of Jesus

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise You,  
We bless You,  
We adore you,  
We glorify You,  
We give You thanks for Your great glory.  
Lord God, heavenly King, O God, the almighty Father.  
Lord Jesus Christ, the Only-begotten Son.  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us; You take away the sins of the world,  
receive our prayer.  
You are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord.  
You alone are the Most High. Jesus Christ, with the Holy  
Spirit,  
in the glory of God the Father. Amen.

### THE APOSTLES' CREED

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty;  
from there He will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

### Key Notes:

**Parish Safeguarding Officer:** Percy Aggett (Temporary) 02077989350 Email: tollingtonparksg@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety Team:** Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832