

# NEWS AND VIEWS

**Fr. David & Fr. Ben will be leaving us** at the end of August for new postings to **Sts Michael & Martin Church in Hounslow** and **St Michael School Chaplaincy, Watford**. We have all been blessed by their presence and service during their stay with us. We shall have a Mass of thanksgiving in their honour (dates to be confirmed) followed by farewell socials. **Fr. Moses Enehizena CSSP** and **Fr Ignatius Quan CSSP** will be joining us on **Thursday 1st of September** as Parish Priest and Assistant Parish Priest respectively. Please keep them all in your prayers.

**Memorial Mass for** Theresa Reilly who recently passed away, she was a longstanding parishioner who in her later life became housebound. She was taken to Ireland for burial. A memorial Mass will take place at 12 noon **Saturday** on the **23rd of July**. Eternal rest grant unto her and may perpetual light shine on her, may she rest in peace. Amen.

**Chaplain Vacancy:** Finchley Catholic School is requesting for a chaplain. The application form for the post can be downloaded from the school's website and should be returned to the headteacher Niamh Arnall, [info@finchleycatholic.org.uk](mailto:info@finchleycatholic.org.uk)

## July Diary

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions**

Every Last Saturday at 12noon: **Baptism**

Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction**

8pm **Parish Zoom Quiz night** followed by **100 Club Draw**

**Fr Ben's Annual Leave** begins from 24th July till the end of August. We continue to keep him in our prayers.

**Health & Safety:** In recent weeks, the reported cases of covid infection is on the rise. If anyone feels unwell, stay home till you feel better. Please let us all be more conscious, keep safe, keep hydrated and be stay well.

**Calling On All Young-Adult Catholics** If you are between the ages of 18-45, **join us at 7:00 pm in the St Gabriel's meeting room**. Every Tuesday, from 11 January, there will be the chance to meet other young Catholics, pray together and grow in our faith. There will be refreshments available. If you would like to know more, contact John and Alessandra Knight on [john.knight@rcm.ac.uk](mailto:john.knight@rcm.ac.uk) or on **07512781274**.

**Christian Stewardship:** (10th July 2022) **Envelopes:** £197 **Loose:** £273.95 **Contactless:** £29.54 We also receive £500 weekly from standing orders. Thank you for your continuous support of our parish.

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VILLAGE HOUSE SERVING FRET	WOMAN SISTER HELP NEEDED	MARTHA MARY WORRY BETTER
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We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

Mrs. O'Connor, the year 6 teacher, posed the following problem to one of her math classes: "A wealthy man dies and leaves five million pounds. One-fifth is to go to his wife, one-fifth is to go to his son, one-sixth to his butler, and the rest to charity. Now, what does each get?" "A good lawyer" answered Johnny.

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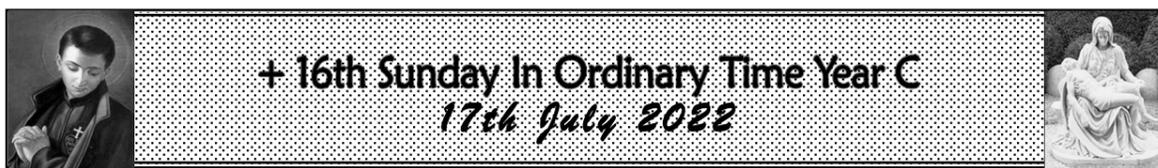
**Old Student to former teacher:** "I always liked you. You never had favourites."

**Former teacher:** "Thank you"

**Old Student:** "You were mean to everyone."



**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**  
 Contact: 15 St John's Villas, N19 3EE, Tel: 02072728195 (option 2) 07533726467 (text only)  
 Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Website: [www.stgabes.uk](http://www.stgabes.uk)



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

### The Three Paths To Follow

This week's readings speak to us of the paths we could follow in this world. They speak of three paths. Though the Lord might show us one path in preference to the others, one is not to follow one path to the exclusion of the others. These paths are: (i) service; (ii) contemplation; (iii) suffering. The path of service was the path followed by Martha. While she was fretting over her activity, she was missing something very precious which Mary, on the other hand, was enjoying (the word of God). Having lost the word of God, she has lost the true reason for her work. Mary is a prayerful contemplative soul. The soul always seeks humbly to be with God; to listen to the word of God, devotedly and lovingly. All of us, although not belonging to a contemplative institute must be contemplatives in action. St. Paul on sufferings says: "I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the Church (Col 1,24). Suffering has a sanctifying value, because it purifies sentiments, transforms impulses and passions, detaches from the fleeting goods of the world, elevates to the contemplation of our eternal destiny. We are called to perform various tasks in life. They must however be fulfilled while listening to the word of God, giving hospitality to God. God then will transform our hearts, transform our inner being and creates in us a newness of life.

- Mass Times & Intentions 17th – 23rd July 2022**
- Sat 16th Vigil Mass 6:30pm:** Sam Lynch, Willy Hanley, Phil Hawkins(month's mind) **(RIP)**, Edith Gifford **(INT)**
  - Sun 17th 9:00am:** Frances Coelho & Stan Winskill, Katie Howard, Phil White **(RIP)**, George Roberts **(ANN)**, Pamela MacEwan & Gareth Heazell, Kieran Kettleton **(INT)**
  - 11:30am:** Assunta Turin(1st) **(ANN)**, Ignatius Etukudoh & family, Stella Anakor, Fr. Oliver, Maria Okoreafor **(INT)**
  - 6:30pm:** Philip & Tunu, Ekanem & Uche, Amy & Larry, Udoh family, Emo & Paddy, Essien-Oku family, Effy Inam & family, Joseph Ogbonna & family **(INT)**
  - Mon 18th: 12 noon:** Phil Hawkins, Nigel O'Connor **(RIP)** DeeAnn Sewell, Jim Hannon **(INT)**
  - Tue 19th 12 noon:** Willie Hanley **(RIP)**, Angela Hunter **(INT)**
  - Wed 20th St Apollinaris:** Spiritans & Marists Communities, Archway
  - Thur 21st St Lawrence of Brindisi 12 noon:** George Roberts **(RIP)**
  - Fri 22nd St Mary Magdalene 12 noon:** Edith Tayler **(ANN)**, Jeremy Platten **(INT)**
  - Sat 23rd St Bridget of Sweden 12 noon:** *Theresa Reilly(Memorial Mass)* **(RIP)**, Vanessa Evelyn, Janet Coelho **(ANN)**, Marjorie Bennetts, Georgina Demikiran **(INT)**

**Please Pray For:**

Rebecca Campbell, Babs Kavanagh, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnely, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Debbie Whitehed, Emo Paddy Essang, Melissa Fallon, Madeleine, Jimmy Mills, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Rita Atuanya, Gloria Munian

**Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

**Parish Priests:** Fr. David Atuanya CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp

**Parish Office Team:** Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

**Office Hours:** Mon, Wed, Fri. (9am – 3pm), Tue, Thur. (9am-1pm)

**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-(TEXT ONLY)

**Email:** [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) **Web:** [parish.rcdow.org.uk/archway](http://parish.rcdow.org.uk/archway) (Reg. Charity No.233699)

**Pastorals/Devotions:** Confessions Sat 11am, 6pm, **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am

**Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm

**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*

# TODAY'S READINGS

## ENTRANCE ANTIPHON

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

## OPENING PRAYER

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

## FIRST READING (Genesis 18:1-10)

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say. Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree. 'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail, and your wife will then have a son.'

## RESPONSORIAL PSALM(Ps 14)

**R. The just will live in the presence of the Lord.**

Lord, who shall dwell on your holy mountain?  
He who walks without fault;  
he who acts with justice  
and speaks the truth from his heart;  
He who does not slander with his tongue. **R**

He who does no wrong to his brother,  
who casts no slur on his neighbour,  
who holds the godless in disdain,  
but honours those who fear the Lord. **R**

He who keeps his pledge, come what  
may; who takes no interest on a loan  
and accepts no bribes against the innocent.  
Such a man will stand firm for ever. **R**

## SECOND READING (Colossians 1:24-28)

It makes me happy to suffer for you, as I am suffering now and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train every-one and instruct everyone, to make them all perfect in Christ.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!**  
**Open our heart, O Lord,**  
**to accept the words of your Son.**  
**Alleluia!**

## GOSPEL (Luke 10:38-42)

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

## PRAYER OVER THE GIFTS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all. Through Christ our Lord.

## COMMUNION ANTIPHON

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

## PRAYER AFTER COMMUNION

Graciously be present to your people, we pray, O Lord, and lead those you have imbued with heavenly mysteries to pass from former ways to newness of life. Through Christ our Lord.

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Joanna Hemmingway	June Gray/Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Maureen Taylor	Innocent/Olga	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Ignatius Etukudoh	June/Mary A.	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Bridget O'Dea	Michelle Carr	Samson Bamidele

## The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

## THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

## THE APOSTLES' CREED

I believe in God,

the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety Team:** Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832