

NEWS AND VIEWS

Fr. Martin & Raphael's Farewell: We shall have the opportunity to thank them from now till we celebrate the Mass in their honour the weekend of 26th/27th August. We will continue to keep them in our prayers.

Parish Pilgrimage to Aylesford: Proposed date will be **23rd September** and the cost will be **£20** a seat, again we will need committed numbers to be able to book any coach. Book on in the parish office.

First Holy Communion/Reception into the Church 2024: Registration is now open for children who will be making their First Holy Communion next year. They need to be 7 years old by the 31st of August. Adults who are yet to be baptised or to be received into full communion with the Catholic Church should also register for Rite of Christian Initiation of Adults (RCIA). **Please it important that you register at the Parish Office.** Please parents/guardians before making this decision, **kindly prepare to be at least 90% committed to see our young ones through this journey.** Our Catechists are all selfless volunteers. We emphasise on respecting them and committing to this spiritual journey for our children. **Registration forms can be picked from the Parish Office.**

August: Parish Office will open for half day during the month of August from 9am – 1pm. Thank you..

Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room**
 7.45pm **Parish Quiz in the Meeting Room (non in August)**

Family Fun Day: The Islington Chinese Association is organising a family fun day and this will take place next Sunday at the parish centre **21 Hatchard Road from 2pm-5pm. See notice board for more information.**

Request For Volunteers: We would like to thank our parishioners who have come to our immediate call for help, we ask God to bless you all. However, we still need committed volunteers in a few of our other groups. If you feel you can commit to these groups, kindly speak to the priest(s) or let the parish office be aware. We have added the **other groups** on the **notice board** for those who would like to enrich our parish.

Christian Stewardship: 6th August 2023 **Envelopes:** £253.00 **Loose:** £544.29 **Contactless:** £105.00 **Parish Project-** (Help At Home - £3,971.42 so far. We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No. 233699 Website: www.stgabes.uk

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DISCIPLES	BOAT	PRAY
LAKE	HEADWIND	TERRIFIED
GHOST	FEAR	COURAGE
SINK	FAITH	DOUBT



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

Food For Thought
Isaiah 41:10
 Fear not, for I am with you; be not dismayed, for I am your God; I will uphold you with my righteous right hand....



+19th Sunday In Ordinary Time, Year A
13th August 2023

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

COURAGE FEAR NOT

When the disciples are in difficulties Jesus comes to their aid. Fear makes faith weak and one becomes an obstacle to God's love and power. Jesus, God made man, breaks the laws of nature to be with his disciples. The disciples, on their part, become surprised. They take what they see for a bad vision. The word of Jesus gives them hope. The presence of Jesus calms the storm of our lives but still many of us remain in a state of disbelief. Jesus reveals himself, not as a master of the fearful disciples, but as God "I am." If one does not believe with an open heart in the surprises of God, the visions are useless. Lord, your walking on the water or calming the storm does not surprise or impress me so much. After all, you have total control over the power of nature. What fills me with awe and delight is the fact that you come to the aid of your disciples in times of peril. You would be willing to do any miracles to protect them, to save them. Today, for me, the big miracle is not that you walked on the water, but that you are already with me (us) in my (our) boat. Thank you, Lord, for you came, bringing us peace in the midst of our storms. Thank you, above all, for getting into our boat and staying with us all through the journey. You really do not need to get in but you get into our boat for our own sake.

Mass Times & Intentions 13th – 19th August 2023

- Sat 12th Vigil Mass 6:30pm:** Jack Costello (RIP), Paulina De Freitas, Eileen Geraghty (INT)
- Sun 13th 9:00am:** Maria & Giuseppe Zanrie, Souls in Purgatory, Alan Mullee (RIP), Philip Etim-Bassey, Gabriel Essien-Oku, Jasmine Szczypta, Mullee family, Toju Ogbe, Ola Gam-Ikon, Nsikan Udoh family, (INT)
- 11:30am:** Gertie O'Neill, Marion Matthews, Giuseppe Alpano (RIP), Harry Chingwundoh, Mary Shevlin (1st), Kitty Waldron (ANN), Morisson Dias, Stephen Hallissey (INT)
- 6:30pm:** Danny O'Donnell, Patrick Gallagher (RIP), Hugh Swalwell, Annette Thorp (ANN), Miriam Wiltshire, Alan & Felicity Harrison (INT)
- Mon 14th St Maximilian Mary Kolbe 12 noon:** Colin Restall (posthumous birthday), Brain Rooney (RIP), Chineze Veronica Nwasike (ANN), Mother Mary Seraphim OSB (INT)
- Tue 15th The Assumption of the Blessed Virgin Mary Masses at 12 noon and 7:00pm**
- Wed 16th St Stephen of Hungary 12 noon:** William Handley, John Quinn (RIP), Gabriel Essien-Oku, Private Intention, Eileen Handley, Fr John Finn, Stephen Hallissey, Fr Emmanuel Offiong (INT)
- Thur 17th 12 noon:** Private Intention, Elaine Hallissey, Anne & Paul (INT)
- Fri 18th 12 noon:** Colin Restall (RIP), Maeve McAllister (ANN), Diane Sewell (INT)
- Sat 19th St John Eudes 12 noon:** Marists Sisters, Archway Community



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Tina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeane, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Brian Robinson, Teresa O'Dea, Percy Shackell, Rosario De Cruz, Ola Gam-Ikon, Private Intention

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. Moses Enchizena CSSp, Fr. Martin Goba CSSp, Fr. Oliver Ugwu CSSp, Seminarian Raphael Muendo
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467- (TEXT ONLY)
 Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No. 233699)
Pastorals/Devotions: Confessions Sat 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God and defend your cause, and forget not the cries of those who seek you.

OPENING PRAYER

Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring we pray to perfection in our hearts the spirit of adoption as your sons and daughters that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Kings 19: 9, 11-13

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, "Go out and stand on the mountain before the Lord." Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

RESPONSORIAL PSALM (Ps 84)

R. Let us see, O Lord, your mercy and give us your saving help.

I will hear what the Lord God has to say, a voice that speaks of peace. His help is near for those who fear him and his glory will dwell in our land.

R.

Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven.

R.

The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps.

R.

SECOND READING Romans 9: 1-5

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all. God for ever blessed! Amen.

GOSPEL ACCLAMATION

**Alleluia, alleluia
Blessings on the King who comes, in the name of the Lord! Peace in heaven and glory in the highest heavens!
Alleluia.**

GOSPEL Matthew 14: 22-33

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. "It is a ghost," they said, and cried out in fear. But at once Jesus called out to them, saying "Courage! It is I! Do not be afraid!" It was Peter who answered. "Lord," he said, "if it is you, tell me to come to you across the water." "Come," said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind he took fright and began to sink. "Lord! Save me!" he cried. Jesus put out his hand at once and held him. "Man of little faith," he said "why did you doubt?" And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, "Truly; you are the Son of God."

PRAYER OVER THE GIFTS

Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord.

COMMUNION ANTIPHON

The bread that I will give, says the Lord, is my flesh for the life of the world.

PRAYER AFTER COMMUNION

May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord.

Mass

Sat. 6.30pm
Sun. 9.00am
Sun. 11.30am
Sun. 6.30pm

Readers

Carmel Cannon
Rachel McGonigal
Mark Renner
Anna Renner

Eucharist Minister

June Gray
Innocent Teme Teme
June G & Joyce McDaid
Michelle Carr

Stewards

Joan Fitzgerald/Jeanette Fayers
Essien E-Oku/ Gabriel E-Oku
Bernie Shevlin/Joseph Baffoe
Joseph Ogbonna

The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise You,
We bless You,
We adore you,
We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,

Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

• Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.

• There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.

• Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832