

NEWS AND VIEWS

Visit of the Relic of St Bernadette to Westminster Cathedral (Itinerary)
SATURDAY, 3rd SEPTEMBER
 11am Solemn Mass of Welcome (livestreamed)* – with enshrining of the relics (Celebrated by H.E. Cardinal Vincent Nichols)
 2.30pm – Service of Anointing of the Sick* (Presided by Bishop John Sherrington) Admission by ticket only. Tickets available from your Parish Priest.
 6pm – Vigil Mass of Sunday* (Celebrated by Bishop Nicholas Hudson)
 10pm – Night Prayer of the Church (Compline)* followed by an All-night Vigil
SUNDAY, 4th SEPTEMBER
 6am, 8am, 7pm – Mass*
 9.30am – Sung Mass (livestreamed)* (Celebrated by Bishop Paul McAleenan)
 12noon – Solemn Sung Mass* (Celebrated by Bishop Nicholas Hudson, sung by the Choir of Westminster Cathedral)
 3pm – Rosary*
 4pm – Solemn Vespers with Benediction* – (Sung by the Choir of Westminster Cathedral)
 5.30pm – Sung Mass* (Celebrated by Bishop John Sherrington)
 9pm – Rosary*
 10pm – Night Prayer of the Church (Compline)* followed by an All-night Vigil
MONDAY, 5th SEPTEMBER
 6am – Mass*
 8am – Mass of Farewell* (Celebrated by H.E. Cardinal Vincent Nichols)
 (*) Entry for Masses and Liturgies will be via the side door of the Cathedral on Ambrosden Avenue. When full capacity is reached, there will be no further entry.

Fr. David & Fr. Ben will be leaving us at the end of August for new postings. In our usual manner, Farewell envelopes are available after all Masses this weekend and during the week day Masses. Please keep them all in your prayers.

Sacraments for next year

First Holy Communion & Confirmation 2023: It is time to register for these 2 sacraments. The catechism classes will start in September. To be eligible for **First Communion**, the child must be **7 years by the 31st of August**. For **Confirmation**, the candidate must be **13 years by the 31st of August**.

RCIA Adults who wish to convert fully to the Catholic faith should also register for **Rite of Christian Initiation of Adults (RCIA)** to be received at Easter. We work with Adults in an Adult way to achieve the sacraments that will question, enhance and renew your faith & commitment to God. The lessons will also start in September. *Please pick up all registration forms from the Parish Office.*

Ghana Chaplaincy (Archway) all members are advised to stay back after the 11.30am this Sunday 28th August for a brief meeting.

Christian Stewardship: (21st August 2022) **Envelopes:** £155. **Loose:** £362.73 **Contactless:** £40.32 We also receive £500 weekly from standing orders. Thank you for your continuous support of our parish.

August Diary

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions**
 Every Last Saturday at 12noon: **Baptism**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction**
 8pm **Parish Zoom Quiz night** followed by **100 Club Draw**

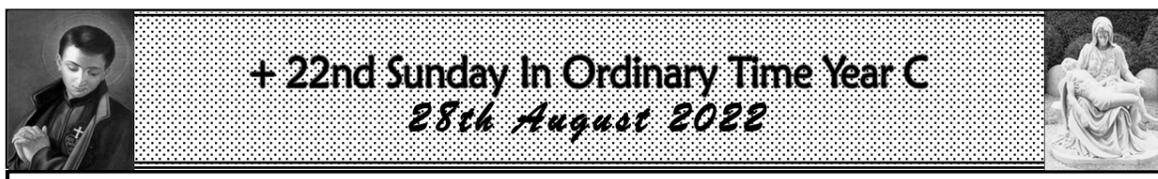
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| S | Y | O | P | A | A | A | A | R | E | HUMBLED | LUNCH | RELATIONS |
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We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

The Geography teacher was lecturing on map reading. After explaining about latitude, longitude, degrees, and minutes the teacher asked, "Suppose I asked you to meet me for lunch at 23 degrees, 4 minutes north latitude and 45 degrees, 15 minutes east longitude . . .?" After a confused silence, a voice volunteered, "I guess you'd be eating alone."



St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
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We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

HUMILITY- The Secret of Truly Great People!
 Dear Brothers and Sisters in Christ, the Church invites us this twenty-second Sunday in Ordinary Time of the Church's liturgical year C to reflect on the virtue of humility. Humility is truth. We are called to recognize our limitation and not to overestimate our abilities. This is precisely the kind of greatness recommended in today's readings. Humility is a mark of all truly great people. The first reading from Sirach states: "Humble yourself the more, the greater you are, and you will find favour with God." Humility is a quality Jesus Himself has. In Matthew's gospel he says: "**Learn of me, for I am gentle and humble of heart**" (Matthew 11:29). In today's gospel from Luke, he says: "Everyone who exalts himself will be humbled, and he who humbles himself will be exalted." The virtue of humility has fallen on hard times in our day. Books abound promoting aggressive behaviour, assertive training and affirmative action. In today's marketplace humility is not what we would call the "in-thing" that turns people on. And yet humility remains at the root of the Christian life. It ranks right up there with the great gospel reversals: *to lose one's life is to find it; the last shall be first; the humble shall be exalted.* The reason for this dilemma is that humility is misunderstood. The humility which the world despises and rightly rejects is a **pseudo-humility**. A pseudo-humility is pretentious self-effacement and a phony denial of our gifts. It is easily seen in the award winner who mouths, "**I really don't deserve this award, but ...**" or in the habitual drunk who says, "**I'm no good,**" because it gives him an excuse for not changing his ways. By way of contrast, authentic Christian humility is an honest recognition of our true status before God. On the one hand, humility is a joyful acceptance of our gifts, talents and abilities as coming from God. It inspires us to use these blessings for our own enrichment and for God's glory. On the other hand, genuine humility does not deny our human limitations and weaknesses. It enables us to make a candid admission that we are sinners, but sinners who have been forgiven and will continue to need forgiveness. In other words, humble people can look at both the heights and the depths of their personalities without becoming proud over the one, or discouraged by the other. This is the secret of truly great people. Their humility empowers them to take on difficult challenges, explore the unknown and attempt what seems impossible because they are aware of their own inner resources and strengths. Their humility also allows them to accept their mistakes, admit their limitations and even laugh at their failures. A healthy sense of humour is closer to humility than serious self-depreciation. St. Pope John XIII once remarked: "*Anybody can be pope; the proof of this is that I have become pope.*" If we seek to be truly great, then we have to become humble. St. Augustine says: *Do you wish to raise yourself? Begin by humbling yourself. Are you dreaming of building an edifice that will tower to the skies? Begin by laying the foundation of humility.*

Mass Times & Intentions 28th August – 3rd September 2022
Sat 27th Vigil Mass 6:30pm: Con O'Donovan, Jim Mills, Barbara Kavanagh (RIP), Margaret (INT)
Sun 28th 9:00am: Tom Campbell, Peter Allen, Babs Kavanagh, Derek Biddis (RIP), Fr Danny Horan (ANN), Fr David, Fr Ben, George & family, Andrew & Julia Panayiotou, Mary Mullee, Margaret Nelson, Maureen Tayler, Sheila Spreadbury (INT)
11:30am: Ann Colbert, Tom D'Arcy, Tom Campbell, Babs Kavanagh (RIP), Fr Danny Horan (ANN), Thanksgiving For All All Levels & GCSE students, Colbert family, Maureen & Allen, Eugene & Anna Ryan (INT)
6:30pm: Philip & Tunu, Ekanem & Uche, Amy & Larry, Udoh family, Emo & Paddy, Essien-Oku family, Effy Inam & family, Manny, Lillian & family, Quinet & family, Ahano & family, Eyo & family (INT)
Mon 29th The Passion of St John the Baptist 12 noon: Carlo Avanzi, Pietro Piroli (RIP), Frances Moss, Ken Cunningham (ANN), Fr David & Fr Ben, Marjorie O'Connor (INT)
Tue 30th Sts Margaret Clitherow, Anne Line & Margaret Ward 12 noon: For All Children/Young people of the Parish
Wed 31st St Aidan 12 noon: Paddy Essang, Sam Haslam, Rica Coelho, Richard Page, Lucy Coelho & Chris Brown (INT)
Thur 1st 12 noon: Maureen Tayler, Peter Davis, Derek Ricketts, Florence Pinfield, Pila Pilapitiya (ANN), Spiritans UK (INT)
Fri 2nd 12 noon: *First Friday Healing Mass/Holy Hour/Benediction*
Sat 3rd St Gregory the Great 12 noon: People of the Parish

Please Pray For:
 Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnely, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lillian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Debbie Whitehed, Emo Paddy Essang, Madeleine, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Rita Atuanya, Gloria Munian, Phylis Kirwan

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. David Atuanya CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 (TEXT ONLY)
 Email: archway@rcdow.org.uk Web: parish.rcdow.org.uk/archway (Reg. Charity No.233699)
Pastorals/Devotions: Confessions Sat 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am
Healing Mass/Holy Hour/Benediction: First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Have mercy on me, O Lord, for I cry to you all day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

OPENING PRAYER

God of might, giver of every good gift, put into our hearts the love of your name so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what you have nurtured. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING (Ecclesiasticus 3:19-21.30-31)

My son, be gentle in carrying out your business, and you will be better loved than a lavish giver. The greater you are, the more you should behave humbly, and then you will find favour with the Lord; for great though the power of the Lord is, he accepts the homage of the humble. There is no cure for the proud man's malady, since an evil growth has taken root in him. The heart of a sensible man will reflect on parables, an attentive ear is the sage's dream.

RESPONSORIAL PSALM (Ps 67:4-7.10-11)

R. In your goodness, O God, you prepared a home for the poor.

The just shall rejoice at the presence of God, they shall exult and dance for joy.

O sing to the Lord, make music to his name; rejoice in the Lord, exult at his presence.

R

Father of the orphan, defender of the widow, such is God in his holy place. God gives the lonely a home to live in; he leads the prisoners forth into freedom.

R

You poured down, O God, a generous rain: when your people were starved you gave them new life. It was there that your people found a home, prepared in your goodness, O God, for the poor.

R

SECOND READING (Hebrews 12:18-19.22-24)

What you have come to is nothing known to the

senses: not a blazing fire, or a gloom turning to total darkness, or a storm; or trumpeting thunder or the great voice speaking which made everyone that heard it beg that no more should be said to them. But what you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a 'first-born son' and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant.

GOSPEL ACCLAMATION

Alleluia, alleluia!

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.

Alleluia!

GOSPEL (Luke 14:1.7-14)

On a Sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, 'When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, "Give up your place to this man." And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say. "My friend, move up higher." In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.' Then he said to his host, 'When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.'

PRAYER OVER THE GIFTS

May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery it may accomplish in power. Through Christ our Lord.

COMMUNION ANTIPHON

How great is the goodness, Lord, that you keep for those who fear you.

PRAYER AFTER COMMUNION

Renewed by this bread from the heavenly table, we beseech you, O Lord, that being the food of charity, it may confirm our hearts and stir us to serve you in our neighbour. Through Christ our Lord.

| Mass | Readers | Eucharist Minister | Stewards |
|--------------|---------------|--------------------|---------------------------------|
| Sat. 6.30pm | Carmel Cannon | June Gray/Debra | Joan Fitzgerald/Jeanette Fayers |
| Sun. 9.00am | Ann Waldron | Innocent/Olga | Essien E-Oku/ Gabriel E-Oku |
| Sun. 11.30am | Mark Renner | June/Joyce | Bernie Shevlin/Joseph Baffoe |
| Sun. 6.30pm | Anna Renner | Michelle Carr | Samson Bamidele |

The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety Team: Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832