

NEWS AND VIEWS

Welcome Fr Martin: We heartily welcome Fr Martin Goba CSSp our new Assistant Priest. Fr Martin is from Sierra Leone in West Africa. Let us be warm as usual in welcoming him.

Mothering Sunday: We happily look forward to the celebration of our dear mothers next Sunday 19th March (Laetare Sunday).

HOLY WEEK DIARY APRIL 2023

Sunday 2nd **Palm Sunday (Beginning of Holy Week)**
 Tuesday 4th (12noon) **Chrism Mass at the Cathedral**
 (7pm) **Penitential Service/Easter confessions**
 Thursday 6th (7pm) **Holy Thursday Mass of the Lord's Supper/Vigil with the Lord**
 Friday 7th (3pm) **Good Friday Celebration of the Lord's Passion** beginning with Stations of the Cross
 Saturday 8th (7pm) **Holy Saturday Easter Vigil**
 Sunday 9th (9am & 11.30am) **Easter Sunday**

Annual Mass of Thanksgiving for the Sacrament of Matrimony Westminster Cathedral, Saturday 13th May 2023 at 2:30pm. The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2023. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

Confirmation Enrolment Mass will take place at **9am next Sunday 19th March.** All Confirmation candidates are required to be there with their families.

1st Holy Communion sessions at 10.15am: Mar. 11th, 19th, Apr. 2nd, 23rd, May 7th, 14th, 21st, Jun. 4th, 10th. The celebration of the **First Communion** will take place **Sunday 11th June** during the **11.30am Mass.**

Dates for Confirmation Sessions: Mar. 22nd, Easter break. Apr. 19th, May 3rd, 17th, June 7th, 21st, 28th -(Rehearsal in the Church). **Confirmation Ceremony is on Sunday July 2nd at 11.30am Mass.**

Weekly Planned Giving envelopes and Gift Aid: The envelopes starting from April 9th 2023 will be available from **next week for those still on this scheme.** Please all others who give by Standing orders, Contactless and Loose payment should keep doing us.

100 Club March draw: The 1st prize of £157 went to no.8, 2nd prize of £63 to no. 5, 3rd prize of £31 to no.21, the 4th prize of £31 to no. 2, 5th prize of £31 to no.70. £315 was raised for parish funds. The next draw is on **Tuesday 11th April during the Tuesday Social Club meeting.** New Members Welcome!

Christian Stewardship: 5th March 2023 **Envelopes:** £172.50 **Loose:** £470.68 **Contactless:** £151 **Parish Project- (Help At Home)** - £2681.87 so far - We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

March Diary

Sunday 19th: **Mothering Sunday** will be celebrated at all Masses.


Sunday 26th: **Clocks move back an hour early** please take note to avoid missing or being late for the masses.

Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**

Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**

Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction** followed by refreshments and 100 Club in the Meeting Room 7.45pm **Parish Quiz** in the Meeting Room

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| E | L | T | H | U | S | B | A | D | N | SAMARITAN | SYCHAR | JACOB |
| S | E | L | L | E | W | O | M | A | N | JOSEPH | WELL | WOMAN |
| W | Y | L | E | B | L | E | T | H | E | WATER | DRINK | JEW |
| A | E | C | W | O | I | I | J | P | T | BUCKET | CATTLE | HUSBAND |
| T | E | A | H | C | R | N | Y | E | E | | | |
| E | L | T | T | A | C | H | K | S | S | | | |
| R | R | H | M | J | R | C | N | O | O | | | |
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We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



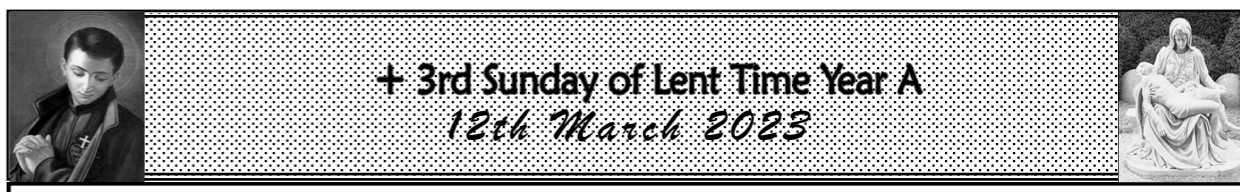
Food For Thought

Isaiah 58:6-7 - Take on Something

Is this not the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house..." (Isaiah 58:6-7)



St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
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+ 3rd Sunday of Lent Time Year A 12th March 2023

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

Flirting with God

The Samaritan woman in today's Gospel represents those whom life circumstances have pushed to desperate limits; only God can restore meaning to their broken lives. Among the Samaritan women of today could therefore be the homeless on the street, the drunk, the person who is constantly swearing, the person whom you think is a bit strange, the foreigner or even the business person whom you suspect of being corrupt. In today's Gospel, we see a broken woman who has experienced rejection. She knows that she is a public ridicule. But she still needs to live so she approaches the water well to get some water and to avoid public embarrassment, she does this at a time of the day when she considered that no one would be around. Along the line, she got carried away by the amazing friendliness of Jesus. She was basking in the excitement of being accepted when suddenly it turns out that Jesus is a prophet, a man of God who knows her past and present, before whom she is not qualified to stand! She was immediately humbled. Her emptiness once more stared her in the face. To save her face, she immediately changed the topic stammering "Our fathers (i.e. Samaritans) worshipped on this mountain, while you (the Jews) say that Jerusalem is the place where one ought to worship". This has no connection with the issue at hand but it gave Jesus the break to present her with the one thing she needed to turn her life around, the gift of hope. Her situation had meant that salvation is impossible for her since salvation is tied to worshipping in Jerusalem which is open only to the Jews, moreover, she is limited by her gender (she is a woman), then a public sinner. Put together, these completely prevent her from entering Jerusalem not to talk of venturing into the Temple hence the hope of redemption was comprehensively closed on her. But Jesus tells her that none of these barriers will stop her from finding God because the easiest way to God is neither Jerusalem nor the temple but one's heart where one can find him with sincerity. The woman could not believe this, it was simply too good to be true. So she says, "Well; I know that the Messiah who is the Christ will come some day and perhaps tell us the real situation of things." And Jesus said to her "I am that Messiah". It calls us to come before the Lord in sincerity of spirit, not as saints, but rather as broken, weak and vulnerable. This woman humbly listened and the word of God restored her life to the one introducing Jesus to people who had previously written her off.

Mass Times & Intentions 12th – 18th March 2023
Sat 11th 6:30pm: Mick Garvey, Muriel & George Roberts, Patrice White (RIP), Sharon Gaudio (12th), Mary Curran, Ann Fitzgerald (1st), Brendan Nelson, Nancy Tamsett (ANN), Alan & Felicity Harrison (INT)
Sun 12th 9:00am: Ann Bergin (RIP), Bernadette & Ignatius Chukelu (ANN), Essien-Oku family, Uche & Ekanem, Philip & Tunu, Udoh family, Amy & Laurence (INT)
11:30am: Anthony Burke, Mary Twomey, Susan McDonnell, Agnes + Michael Heneghan, Mary Slattery, Michael, Ellen & Martin Togher, John McKenna (RIP), Brendan Nelson (ANN), Liz McGlynn, June Gray (INT)
6:30pm: Margaret Reese (RIP), Eyo Okon Eyo family, Emo & Paddy, Lillian & Manny (INT)
Mon 13th 12 noon: Patricia Etim-Bassey, Nancy Attwood, Sr Annie Enright (RIP)
Tue 14th 12 noon: Spiritans & Marists Communities, Archway
Wed 15th 12 noon: Ann Bergin (RIP), Bill Ronan (1st), Kitty Carrol (17th) (ANN)
Thur 16th 12 noon: Fr Kevin McDevitt, Miriam Mayne (ANN),
Fri 17th St Patrick 11:30am: Stations of the Cross followed by Mass: Joe Brickley, Alan Mullee, Chrissie Fitzgerald, Mary & Andy Brady (RIP), Josie Amooty (6th), John, Kate & Michael J Togher (ANN), Mullee family, Special Int. (INT)
6:30pm: Stations of the Cross followed by Mass: POT & PAT of the Parish
Sat 18th 12 noon: Volunteers of the Parish (INT)

Please Pray for:

Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnelly, Brian Coleman, Shiela Farrell, Tina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikuku, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Paddy Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Brian Robinson, Teresa O'Dea

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. Moses Enchizena CSSp, Fr. Ignatius Quan CSSp, Fr. Oliver Ugwu CSSp, Seminarian Raphael Muendo
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467- (TEXT ONLY)
 Email: archway@rcdow.org.uk Web: parish.rcdow.org.uk/archway (Reg. Charity No.233699)
Pastorals/Devotions: Confessions Sat.11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on mercy, for I am alone and poor.

OPENING PRAYER

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Ex 17: 3-7

Tormented by thirst, the people complained against Moses. "Why did you bring us out of Egypt?" they said. "Was it so that I should die of thirst, my children too, and my cattle?" Moses appealed to the Lord. "How am I to deal with this people?" he said, "A little more and they will stone me!" The Lord said to Moses, "Take with you some of the elders of Israel and move to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink." This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, "Is the Lord with us or not?"

RESPONSORIAL PSALM (Ps 94)

**R. O that today you would listen to his voice:
'Harden not your hearts.'**

Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.

R.

Come in; let us bow and bend low;
let us kneel before the God who made us,
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

R.

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.' **R**

SECOND READING Rom 5: 1-2,5-8

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still help-

less when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man- though of course for someone really worthy, a man might be prepared to die- but what proves that God loves us is that Christ died for us while we were still sinners.

GOSPEL ACCLAMATION

**Glory to you, O Christ, you are the Word of God!
Lord you really are the Saviour of the world;
give me the living water so that I may never get thirsty.
Glory to you, O Christ, you are the Word of God!**

GOSPEL Jn 4: 5-42

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "What? You are a Jew and you ask me a Samaritan, for a drink?" -Jews, in fact do not associate with Samaritans. Jesus replied: "If you only knew what God is offering and who it is that is saying to you: 'Give me a drink', you would have been the one to ask, and he would have given you living water." "You have no bucket sir," she answered "and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us the well and drank from it himself with his sons and his cattle?" Jesus replied: "Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life." "Sir," said the woman "give me some of that water, so that I may never get thirsty and never have to come here again to draw water." "Go and call your husband," said Jesus to her, "and come back here." The woman answered, "I have no husband." He said to her, "You are right to say, "I have no husband" for although you have had five, the one you have now is not your husband. You spoke the truth there." "I see you are a prophet, sir," said the woman. "Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship," Jesus said: "Believe me, woman, the hour is coming when you will worship the Father neither on the mountain nor in Jerusalem. You worship what you do not know; we worship what we do know; for salvation comes from the Jews. But the hour will come - in fact it is here already - when true worshippers will worship the Father in spirit and truth: that is the kind of worshiper the Father wants. God is spirit, and those who worship must worship in spirit and truth." The woman said to him, "I know that Messiah - that is, Christ - is coming; and when he comes he will tell us everything." "I who am speaking to you," said Jesus, "I am he." Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, "He told me all I have ever done," so when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, "Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world."

PRAYER OVER THE GIFTS

Be pleased, O Lord, with these sacrificial offerings, and grant that we who beseech pardon for our own sins, may take care to forgive our neighbour. Through Christ our Lord.

COMMUNION ANTIPHON

For anyone who drinks it, says the Lord, the water I shall give will become to him a spring welling up to eternal life.

PRAYER AFTER COMMUNION

As we receive the pledge of things yet hidden in heaven and are nourished while still on earth with the Bread that comes from on high, we humbly entreat you, O Lord, that what is being brought about in us in mystery may come to true completion. Through Christ our Lord.

| Mass | Readers | Eucharist Minister | Stewards |
|--------------|---------------|--------------------|---------------------------------|
| Sat. 6.30pm | Carmel Cannon | June Gray | Joan Fitzgerald/Jeanette Fayers |
| Sun. 9.00am | Ann Waldron | Innocent Teme Teme | Essien E-Oku/ Gabriel E-Oku |
| Sun. 11.30am | Mark Renner | June Gray/ Joyce | Bernie Shevlin/Joseph Baffoe |
| Sun. 6.30pm | Anna Renner | Michelle Carr | Joseph Ogbonna |

The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,

the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety Team: Joan Fitzgerald 07811419531, Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832