

NEWS AND VIEWS

Diocesan Guidelines On Covid :

Following the announcement by HM Government on 19th January that the measures put in place to mitigate against covid virus transmission as "Plan B" will be lifted in full on 27th January, the following guidance is offered to the dioceses of England and Wales. The material in this briefing has been agreed with Public Health officials and follows the regulations for England and concur with the regulations in place for Wales which take effect on 28th January 2022.

Acts of Worship

The main mitigation against serious health issues arising from covid infection is to be fully vaccinated; this means two doses plus a booster for anyone aged 16 or over. The vaccine programme in England and Wales has had a major impact in reducing death and serious illness from infection with Covid-19. The Church in England and Wales supports the vaccination programme and encourages people to be vaccinated. The scientific consensus is that society is moving towards the stage where the virus is transitioning from the pandemic phase to the endemic phase, but as stated by HM Government, there is still a risk associated with gathering for sustained periods in enclosed spaces and therefore there needs to be continued caution by all against infection.

- That people displaying any symptoms of covid-19 should stay at home and not travel to church or participate in person.
- That hand sanitiser is available to those attending the Church.
- That there is a strong recommendation for people to wear a face covering (both nose and mouth) during the act of worship.

First Holy Communion 2021/2022 diary dates: Feb. 6th, 13th, 27th, Mar. 5th @ 10.30am (**Sacrament of Reconciliation**), 6th, 20th, 27th, Apr. 24th, May 8th, 22nd, Jun. 5th, 12th, 18th, at 10.15am. Please enter through the parish car park. **Sun 19th @ 3pm Celebration of First Holy Communion**

Parish quiz on Zoom: The Parish Quiz night and 100 club draw will be on Friday 4th February from 8pm on ZOOM! Everyone, and their friends are welcome to join in this social event. £5 per person (contact the Parish office for payment). you will be joined with a team if you are attending solo. This is the link;

St Gabriel's ZOOM Quiz - 8pm 4th February 2022
<https://us02web.zoom.us/j/83783213835?pwd=aGNpMWdKcCsxa3NCalU3bStqOWMwdz09>

Meeting ID: 837 8321 3835
 Passcode: 815653

100 Club February draw after the Parish quiz: Subscriptions are due in this weekend in church or handed in at the presbytery by Wednesday 2nd Feb AT THE LATEST. In addition to the usual draw, once again, thanks to a donation, we have a £20 prize for one subscriber who has not won since November 2019

Christian Stewardship: (23rd January 2022)

Envelopes: £311.00. **Loose:** £338.53. **Contactless:** £83.59. We also receive £500 weekly from standing orders. Thank you for your continuous support of our parish.

February Diary

Wed 2 Feb: **The Presentation of the Lord (Candlemas)**
 Fri 4 Feb: **First Friday Healing Mass/Holy Hour/Benediction at 12 noon**
 Fri 4 Feb: **Parish quiz on Zoom at 8pm, followed by 100 Club draw.**

A	R	E	D	F	S	U	H	T	E
N	N	U	E	D	A	E	O	N	L
N	W	G	R	S	A	M	A	N	I
T	O	O	U	L	W	I	I	W	P
E	W	G	C	Y	C	O	O	N	S
H	S	A	N	I	A	R	D	O	E
P	T	N	S	O	H	D	N	I	A
O	U	Y	R	T	N	U	O	C	W
R	H	S	R	E	P	E	L	T	A
P	S	D	E	G	A	R	N	E	Y

SYNAGOGUE	WORDS	PHYSICIAN
LIPS	HEAL	PROPHET
COUNTRY	WIDOWS	SHUT
FAMINE	LEPERS	NONE



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl: said, "When I get to heaven I will ask Jonah". The teacher: asked, " What if Jonah went to hell?" The little girl: replied, "Then you ask him".



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
 Contact: 15 St John's Villas, N19 3EE, Tel: 02072728195 (option 2) 07533726467 (text only)
 Email: archway@rcdow.org.uk Website: www.stgabes.uk



+ 4th Sunday in Ordinary Time, Year C
30th January 2022



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

On this fourth Sunday of Ordinary Time, the Church reminds us of the privilege we have to participate in God's mission by virtue of our baptism in Christ. So, in spite of all the difficulties associated with this call, love for God and humanity must sustain us in this mission.

Today's first reading is principally a call to action and to proclaim the good news to all nations. This call is a privilege. The good news is that God Himself is with us in this mission. This simply shows that the call to this prophetic ministry is not solely our mission. Rather, it is principally God's mission. We only make ourselves available, while God provides the strength and protection. He is the owner of the message, as well as of the entire mission.

The gospel exposes the challenges that are associated with being a disciple. It reminds us that life is not always easy for a true prophet, missionary or Christian in general. He faces oppositions, persecutions, rejections, and even threats to his life. In spite of all these, we are to rely on God, the owner of the mission and ministry. With Christ as our model, we must continue to love and cherish God's people, while remaining faithful to God who called us. As those called to be prophets and missionaries, we must be committed to the good news and avoid the distractions of this world. Also, difficulties must not stop us from carrying out God's mission. We must always remember that our call is a privilege to serve God's people. That is, to proclaim the good news through words, and through our actions among His people.

Mass Times & Intentions 30th January – 5th February 2022

Sat 29th Vigil Mass: Linda Fitzpatrick, Michael O'Mahoney, Philomena Cleary (RIP)

Sun 30th 9:00am: Linda Fitzpatrick, Tommy Connolly, Terry Connolly, Bridget O'Connell, Philomena Cleary (RIP), Rita Marengli, Rita Avanzi, Kathleen Panayiotou, Stella Anakor, Chisom Anakor (INT)

11:30am: Tess & Jim McNaney, Alan Mullee, Sharon Green (RIP), Victoria Ersando (ANN), Stephen Etukudoh, Jeffery Etukudoh, Bridie O'Brien, Nora O'Connell (100th birthday), Mick Garvey & family, Mullee family, Stella Anakor (INT)

6:30pm: Philip & Tunu, Ekanem & Uche, Amy & Larry, Udoh family, Essien-Oku Family, Eyo & Theresa, Emo & Paddy, McNaney family (INT)

Mon 31st 12 noon: Denny & Tom Mehmet, Linda Fitzpatrick (RIP), Sam Haslam, Rica Coelho, Kathleen Panayiotou, Stella Anakor (INT)

Tue 1st 12 noon: Marie Molloy, Bridie Redmond (ANN), Kathleen Panayiotou, Patricia Harmon, Veronica Crawley, Stella Anakor (INT)

Wed 2nd 12 noon: Cara Brett (3rd), Bridie Redmond (ANN), Bart Gawel, Jacob Brown, Kathleen Panayiotou, Stella Anakor (INT)

Thur 3rd 12 noon: Wendy Winsler, Kathleen Panayiotou, Stella Anakor (INT)

Fri 4th 12 noon: *First Friday Healing Mass/Holy Hour/Benediction*

Sat 5th 12 noon: John Teatum (5th) (ANN) Rita Rawlings, Mary Anne Evans, Stella Anakor (INT)



Rebecca Campbell, Babs Kavanagh, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Theresa Reilly, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Cornelia Henshaw, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Giovanna Spittle, Bridget Munnelly, Brian Coleman, Shiela Farrell, Augustina Okelue, Mary Theresa Madigan, Maria Cecile Perine, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeane, Mary Dunne, Lina Piroli, Pilar, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Fr Kevin, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Fr. Aodh, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Debbie Whitehead, Emo Paddy Essang

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. David Atuanya CSSp, Fr. Benedict Baka CSSp, Fr. Oliver Ugwu CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. - (9am – 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: archway@rcdow.org.uk **Web:** parish.rcdow.org.uk/archway (Reg. Charity No.233699)

Pastorals/Devotions: Confessions Sat 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday**

Prayer Group: 1st & 3rd Mon. 6.30pm

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Save us, Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

OPENING PRAYER

Grant us, Lord our God, that we may honour you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

Amen.

FIRST READING Jeremiah 1:4-5, 17-19

In the days of Josiah, the word of the Lord was addressed to me, saying: "Before I formed you in the womb I knew you; before you came to birth I consecrated you; I have appointed you as prophet to the nations. So now brace yourself for action. Stand up and tell them all I command you. Do not be dismayed at their presence, or in their presence I will make you dismayed. I, for my part, today will make you into a fortified city, a pillar of iron, and a wall of bronze to confront all this land: the kings of Judah, its princes, its priests and the country people. They will fight against you but shall not overcome you, for I am with you to deliver you – it is the Lord who speaks."

RESPONSORIAL PSALM (Ps 70)

R. My lips will tell of your help.

In you, O Lord, I take refuge;
let me never be put to shame.
In your justice rescue me, free me:
pay heed to me and save me.

R.

Be a rock where I can take refuge,
a mighty stronghold to save me;
For you are my rock, my stronghold.
Free me from the hand of the wicked.

R.

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.
On you I have leaned from my birth,
from my mother's womb you have been my help.

R.

My lips will tell of your justice
and day by day of your help.
O God, you have taught me from my youth
and I proclaim your wonders still.

R.

SECOND READING 1 Corinthians 12:31-13:13

Be ambitious for the higher gifts. And I am going to show you a way that is better than any of them. If I have all the eloquence of men or of angels, but speak without love, I am simply a gong booming or a cymbal clashing. If I have the gift of prophecy, understanding all the mysteries there are,

and knowing everything, and if I have faith in all its fullness, to move mountains, but without love, then I am nothing at all. If I give away all that I possess, piece by piece, and if I even let them take my body to burn it, but am without love, it will do me no good whatever. Love is always patient and kind; it is never jealous; love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful. Love takes no pleasure in other people's sins but delights in the truth; it is always ready to excuse, to trust, to hope, and to endure whatever comes. Love does not come to an end. But if there are gifts of prophecy, the time will come when they must fail; or the gift of languages, it will not continue forever; and knowledge – for this, too, the time will come when it must fail. For our knowledge is imperfect and our prophesying is imperfect; but once perfection comes, all imperfect things will disappear. When I was a child, I used to talk like a child, and think like a child, and argue like a child, but now I am a man, all childish ways are put behind me. Now we are seeing a dim reflection in a mirror; but then we shall be seeing face to face. The knowledge that I have now is imperfect; but then I shall know as fully as I am known. In short, there are three things that last: faith, hope and love; and the greatest of these is love.

GOSPEL ACCLAMATION

Alleluia, alleluia

**I am the way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.
Alleluia.**

GOSPEL Luke 4:21-30

Jesus began to speak in the synagogue: "This text is being fulfilled today even as you listen.' And he won the approval of all, and they were astonished by the gracious words that came from his lips. They said, "This is Joseph's son, surely?" But he replied, 'No doubt you will quote me the saying, "Physician, heal yourself?" and tell me, "We have heard all that happened in Capernaum, do the same here in your own countryside." And he went on, 'I tell you solemnly, no prophet is ever accepted in his own country. There were many widows in Israel, I can assure you, in Elijah's day, when heaven remained shut for three years and six months and a great famine raged throughout the land, but Elijah was not sent to any one of these: he was sent to a widow at Zarephath, a Sidonian town. And in the prophet Elisha's time there were many lepers in Israel, but none of these was cured, except the Syrian, Naaman.' When they heard this everyone in the synagogue was enraged. They sprang to their feet and hustled him out of the town; and they took him up to the brow of the hill their town was built on, intending to throw him down the cliff, but he slipped through the crowd and walked away.

PRAYER OVER THE GIFTS

O Lord, we bring to your altar these offerings of our service; be pleased to receive them, we pray, and transform them into the Sacrament of our redemption. Through Christ our Lord.

Amen

COMMUNION ANTIPHON

Mass

Sat. 6.30pm
Sun. 9.00am
Sun. 11.30am
Sun. 6.30pm

Readers

Carmel Cannon
Ann Waldron
Mark Renner
Joanna Hemmingway

Stewards

Joan Fitzgerald/Bernie Shevlin/Jeanette Fayers
Essien E-Oku/ Gabriel E-Oku
Bernie Shevlin / Ignatius Etukudoh
Joseph Ogbonna

Blessed are the poor in spirit, for theirs is the Kingdom of Heaven. Blessed are the meek for they shall possess the land.

PRAYER AFTER COMMUNION

Nourished by these redeeming gifts, we pray, O Lord that through this help to eternal salvation true faith may ever increase. Through Christ our Lord. **Amen**

The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise You,
We bless You,
We adore you,
We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world,
receive our prayer.

You are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy
Spirit,

in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.

I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety Team: Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832