

NEWS AND VIEWS

Cardinal's Lenten Appeal 2023

Funds raised this year will be shared between the four pillars of the Cardinal's Lenten Appeal: Marriage & Family Life; Youth & Evangelisation; The Education Service and Caritas Westminster. The effects of the pandemic, followed by the cost of living crisis, are still making daily life harder for all. Price rises last year meant many families faced an impossible choice: HEAT or EAT? And this crisis is far from over. The Church continues to respond, with thousands of people putting their faith into action by serving those in need. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. And for those who can't give financially, your time is a priceless commodity – please see the posters on how you can volunteer in the diocese and help those in need. Please take a donation envelope today, for more information. You can use the QR code to make your donation online. Thank you for your generosity.

Annual Mass of Thanksgiving for the Sacrament of Matrimony Westminster Cathedral, Saturday 13th May 2023 at 2:30pm.

The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2023. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

100 Club February prize-winning numbers: 1st £162, no. 26. 2nd £65, no. 12, 3rd £33, no.44. 4th £33, no. 71. 5th £33, no. 27. Congratulations to all the winners. The March draw will take place after the 1st Friday service on 5th March.

1st Holy Communion sessions at 10.15am: Feb. 19th, Mar. 5th, 11th, 19th, Apr. 2nd, 23rd, May 7th, 14th, 21st, Jun. 4th, 10th. The celebration of the **First Communion will take place Sunday 11th June during the 11.30am Mass.**

Dates for Confirmation Sessions: Feb.22nd, Mar. 8th, 22nd, Easter break. Apr. 19th, May 3rd, 17th, June 7th, 21st, 28th - (Rehearsal in the Church). **Confirmation Ceremony is on Sunday July 2nd at 11.30am Mass.**

Daily Church Cleaning Appeal: Thank you to those that have come out already. We are still calling on all parishioners who can give their time to work in groups to keep the church clean. Please share your contact with Fr Moses or through the Parish office.

Christian Stewardship: 12th February 2023 **Envelopes:** £211.10 **Loose:** £401.11 **Contactless:** £91.45 **Parish Project (Help At Home- £2189.27 so far - We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.**

February Diary

Wednesday 22nd: Ash Wednesday and beginning of Lent. Stations of the Cross every Friday at 11.30am and 6.30pm, followed by Mass. Weekend of 25th/26th: **Parish Project collection (Help @ Home)**
Monday 27th: Mass of the Feast of St Gabriel of Our Lady of Sorrows (Patron of our Parish), followed by socials in the Meeting Room.
Every Saturday at 10.30am: **Faith Sharing/RCIA sessions**
Every Last Saturday at 12noon: **Baptism**
Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction/ 100 club draws**
7.30pm : **Parish Quiz night**

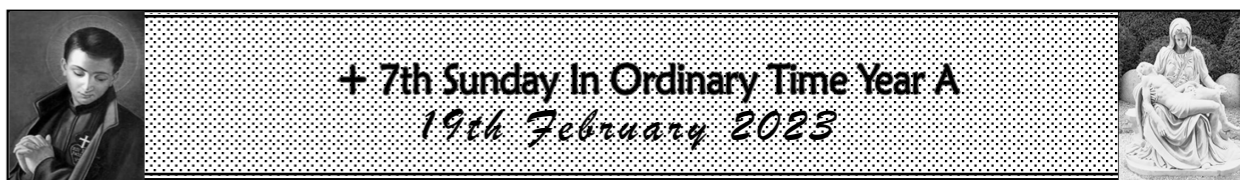
E	O	K	A	O	L	C	T	O	M	EYE	TOOTH	WICKED
N	C	L	W	O	R	R	O	B	E	RESISTANCE	CHEEK	TUNIC
A	I	E	Y	E	E	U	O	L	E	CLOAK	BORROW	LOVE
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We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

Food For Thought
Isaiah 43:18-19
Don't remember the prior things; don't ponder ancient history. Look! I'm doing a new thing; now it sprouts up; don't you recognize it? I'm making a way in the desert, paths in the wilderness. The beasts of the field, the jackals and ostriches, will honor me, because I have put water in the desert and streams in the wilderness to give water to my people, my chosen ones.



spiritans
St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
 Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)
 Email: archway@rcdow.org.uk Website: www.stgabes.uk



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

Pastoral Letter for the Seventh Sunday in Ordinary Time (Revised)

On Wednesday, Lent begins. I write today to give you every possible encouragement to use these weeks of Lent to refresh and deepen your faith. As we have just heard from the Book of Leviticus: 'Be holy, for I, the Lord your God, am holy.' (Leviticus 19:2). This is a heartfelt plea. While there are so many challenges facing us all at this time, our faith underpins everything we do. The gift of faith gives our lives an enduring purpose and stability. A faith that is refreshed and deepened helps us to be gracious, steadfast and even robust in every circumstance. A renewed focus on Jesus, fresh readiness to bear witness to him and a conscious effort to build community and compassion wherever you may be. During these weeks of Lent please do all you can to place Jesus at the heart of your lives. There can be no friendship with our Blessed Lord unless we give him space in our hearts. We need a time of prayer every day when we can simply talk to him, bringing him our worries and our joys. When and where you pray doesn't matter. But, please, do it! And encourage each other to do so. Jesus is there, waiting to embrace you. Please give him space in your life. Let this faith, this relationship with the Lord, express itself when you are with other people. Looking round he said to them: 'Brethren, let us begin to love the Lord because so far we have made little progress!' Well, if such a great saint can say those words, so can each of us. My appeal to you, then, is very simple. This Lent, try to make a little more progress in prayer, in speaking of Our Blessed Lord to others, and in being a bearer to others of his compassion and love. And please pray for me, as I will most certainly pray for you. Yours devotedly,

X Cardinal Vincent Nichols
 Archbishop of Westminster

Mass Times & Intentions 19th – 25th February 2023

Sat 18th 6:30pm: Sean Walsh, Mick Garvey (RIP)
Sun 19th 9:00am: Mary Hartnett (RIP), Bernadette & Ignatius Chukelu (ANN), Rita Avanzi, Essien-Oku family, Uche & Ekanem, Philip & Tunu, Udoh family, Amy & Laurence, Eyo Okon Eyo family, Emo & Paddy (INT)
11:30am: Mick Garvey (RIP), Jacqueline Duba (1st) (ANN), Etukudoh family (INT)
6:30pm: Anne Marie Shields, Hendrik de Rooy (RIP), Milly & William (Wedding Anniv), Dee-Am Sewell, Jeremy Platten (INT)
Mon 20th 12 noon: Anthony Marius, Tom Frawley (RIP)
Tue 21st St Peter Damian 12 noon: Thomas Moran, Patrick Kean, Mick Garvey (RIP), Pat Reaney (ANN), Rita Avanzi (INT)
Wed 22nd Ash Wednesday: Masses at 12 noon and 7:00pm
Thur 23rd St Polycarp 12 noon: Brian O' Brennan (RIP), Michael John O'Brien (2nd), Mick Clifford (ANN)
Fri 24th 11:30am: Stations of the Cross followed by Mass Maria Christopher (INT)
6:30pm: Stations of the Cross followed by Mass
Sat 25th 12 noon: Trudy Smith (ANN), Ignatius Etukudoh & family (INT)

Please Pray For:

Rebecca Campbell, Ella Humphreys, Rita Avanzi, Nancy Olaiya, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Tina Okelue, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Geraldine McKeaney, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Paddy Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Brian Robinson, Teresa O'Dea

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. Moses Enchizena CSSp, Fr. Ignatius Quan CSSp, Fr. Oliver Ugwu CSSp, Seminarian Raphael Muendo
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)
Email: archway@rcdow.org.uk **Web:** parish.rcdow.org.uk/archway (Reg. Charity No.233699)
Pastorals/Devotions: Confessions Sat.11am, 6pm. Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays (New time) 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

O Lord, I trust in your merciful love. My Heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

OPENING PRAYER

Grant we pray, almighty God, that, always pondering spiritual things, we may carry out in both word and deed, that which is pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Lev 19: 1-2, 17-18

The Lord spoke to Moses; he said: "Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy." "You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence: this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

RESPONSORIAL PSALM (Ps102)

R. The Lord is compassion and love.

My soul, give thanks to the Lord, all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings.

R.

It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion.

R.

The Lord is compassion and love, slow to anger and rich in mercy. He does not treat us according to our sins nor repay us according to our faults.

R.

As far as the east is from the west so far does he remove our sins. As a father has compassion on his sons, the Lord has pity on those who fear him.

R.

SECOND READING 1 Corinthians 3: 16-23

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him because the temple is sacred: and you are that temple. Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he can really be wise. Why? Because the wisdom of the world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and future, are all your servants; but you belong to Christ and Christ belongs to God.

GOSPEL ACCLAMATION

Alleluia, alleluia

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.

Alleluia.

GOSPEL Matthew 5: 38-48

Jesus said to his disciples: "You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away. "You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect."

PRAYER OVER THE GIFTS

As we celebrate your mysteries, O Lord, with the observance that is your due, we humbly ask you that what we offer to the honour of your majesty may profit us for salvation. Through Christ our Lord.

COMMUNION ANTIPHON

Lord, I have come to believe that you are the Christ, the Son of God, who is coming into this world.

PRAYER AFTER COMMUNION

Grant, we pray, almighty God, that we may experience the effects of the salvation which is pledged to us by these mysteries. Through Christ our Lord.

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Jeanette Fayers	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Rachel McGonigal	Olga Monpeke	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	John Obligar	June Gray/ Joyce	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Bridget O'Dea	Roxanne Carter	Joseph Ogbonna

The Prayer Of the Synod: Adsumus Sancte Spiritus

Attributed to St. Isidore of Seville (560-636), it has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the Church's Synodal journey from 2021 to 2023.

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise You,

We bless You,

We adore you,

We glorify You,

We give You thanks for Your great glory.

Lord God, heavenly King, O God, the almighty Father.

Lord Jesus Christ, the Only-begotten Son.

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us; You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

You alone are the Lord.

You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,

the Father Almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father

Almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the Holy Catholic Church,

the communion of Saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety Team: Maria Okereafor 07830000919, Jeanette Fayers 07738929756, Joan Fitzgerald 07811419531

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832