

# NEWS AND VIEWS

**Sunday 9am Mass streaming link:** You can also scan with the QR Code below. <https://bit.ly/st-gabriel> **January:** Sunday Masses will be streamed during **9am**



**Parish Project collection** will take place at all Masses this weekend. Please give generously towards all our projects. Thank you.

**The Presentation of the Lord:** Candles will be blessed during the First Friday Mass. If anyone wants their candles to be blessed, kindly bring your own candles from home.

**Poland/Prague from in 25th-31st May 2024:** We still have a few more spaces for anyone who would like to join this pilgrimage. On the opposite page the itinerary is there with the cost. Contact the **Parish Office** or **Juliet 07729391661**. Next instalment of 25% by **March 5th 2024**, Final instalment by **April 5th 2024**. Those who need visa to travel will sort it out by themselves; the tour company will provide hotel reservations to support visa application. Travel insurance will also be gotten by individuals for themselves.

**First Holy Communion dates:** Feb. 4th, 11th, Sat. 24th @ 10am (First Reconciliation), 25th, Mar. 3rd, 17th, 24th, Apr. 14th, 28th, May. 5th, 12th, Sat. 18th @ 2.30pm, Jun. Sat. 1st @ 10am Rehearsal 1st Holy Communion 2nd June, 2024 @ 11.30am.

**100 Club February draw** will take place after the First Friday Mass on 2nd February. Subscriptions should be handed in at church by this weekend. At the latest. New members welcome! Application forms at the back of the church.

**Parish Quiz Night** will take place on the 2nd of February at 7.45pm. All are welcome to take part in this community filled event. Entrance fee for the night is £5 which goes towards the parish project.

**February Diary**  
 Friday 2nd @ 12noon: **Blessing of Candles**  
 Every Last Saturday of the month: **Baptism (always confirm in the parish office)**  
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**  
 Every Saturday evening after Mass: **Bingo in the meeting room**  
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**  
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction** followed by **100 Club in the Meeting Room** 7.45pm **Parish Quiz in the Meeting Room**

**Prague/Poland in 25th-31st May 2024:** Cost £870. including flight, lodging (sharing), breakfast and dinner. for 7 days.

## ITINERARY (7 DAYS)

**25/05/2024** Warsaw airport transfer to the hotel (lunch), the Royal Route through the Old Town of Warsaw dinner a night at a 3-star hotel in Warsaw **26/05/2024** Breakfast and check-out from the hotel, transport to Niepokalanow the Franciscan Monastery in Niepokalanow lunch transport to Częstochowa dinner a night at a 3-star hotel in Częstochowa. **27/05/2024** Breakfast Jasna Góra Monastery (with the Black Madonna painting) lunch transport to Wadowice the Museum of the Polish Pope John Paul II in Wadowice (that is placed in the building the Pope lived in as a child!) dinner a night at our 4-star Hotel Galaxy. **28/05/2024** Breakfast Auschwitz-Birkenau Museum. Lunch the Royal Route in the Old Town of Krakow Wawel Castle with the Cathedral dinner a night at our Hotel Galaxy **29/05/2024** Breakfast Divine Mercy Sanctuary in Lagiewniki transport to Wadowice. Lunch transport to Kalwaria Zebrzydowska, Sanctuary of Our Lady of Kalwaria Zebrzydowska return to Krakow a night at our Hotel Galaxy. **30/05/2024** Breakfast transport to Zakopane. Lunch a walk in Zakopane (Morskie Oko lake). Dinner, a night at the hotel in Zakopane. **31/05/2024** Breakfast and check-out bus transfer to Prague, Prague guided tour. Dinner airport transfer Prague-London flight

**Christian Stewardship:** 21st January 2024  
**Envelopes:** £212.00 **Loose:** £389.85 **Contactless:** £105.  
 We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

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U	M	L	I	C	R	I	A	H	S
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CAPERNAUM	SABBATH	SYNAGOGUE
TEACH	SCRIBES	UNCLEAN
SPIRIT	DESTROY	HOLY
QUIET	ORDERS	OBEY

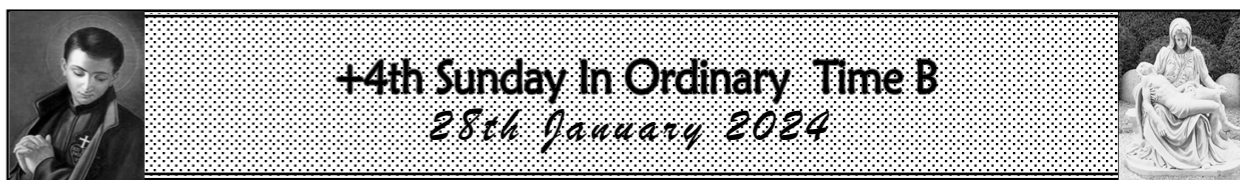


We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

**Food For Thought**  
**Phillipians 4:8**  
 "Seek what is good and pure, what is noble and true"



**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**  
 Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)  
 Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Reg. Charity No.233699 Website: [www.stgabes.uk](http://www.stgabes.uk)



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

**Jesus, the Holy One**  
 The word of God today tells us that Jesus begins with reading and teaching. He speaks with authority, people admire Him, possibly because He doesn't just repeat what others have said before Him, but He comments on the Scriptures freely and in an original way. As He preaches, a man possessed by the devil begins to shout and challenges Jesus. The people of those days did not possess the medical knowledge we have these days. They did not know anything about bacteria, epilepsy and psychosis. They were convinced that all diseases were caused by the 'evil Spirit' who, after entering into a person, caused all kinds of disorders inside him or her. Before the coming of Jesus the evil spirit was quiet and peaceful: everybody was quiet about the situation because they could not do anything about it. The Gospel tells us that this situation cannot be tolerated by Jesus and so He cures the man possessed by the devils. This situation of the non-aggression and unstable peace is satisfactory to all, but not to Jesus. Jesus doesn't accept the false peace of a person ruled by the forces of evil. Jesus and the devil are two enemies who do not meet at the gathering of people who are to be for the true peace Jesus has come to establish. Jesus does not accept that the life God has created should be under the forces of the devil. When Jesus is in our gatherings the devil must be afraid and start fearing, because his kingdom of darkness is invaded by the Kingdom of God. Jesus does not act in the same way the devil acts, with violence, but He gives orders and the devil obeys. The evil spirit will not leave his victim quietly but would want to hurt him because there is no place for him when his end has come. When we are under the influence of God's power, we are free and we live in the freedom of love and have new values which bring us new life. There must be a change in our lives after we have received Jesus. All the evil forces must give way for Jesus to reign in our hearts and in our minds. Those forces which rule humanity before the coming of Jesus should give way to Jesus to rule, because he is the expected ruler who comes to destroy the devil.

**Mass Times & Intentions 28th January – 3rd February 2024**  
**Sat 27th Vigil Mass 6:30pm:** Michael Hulrey, Noel O'Sullivan (RIP), Maureen O'Sullivan (80th Birthday), Colin Griffin (INT)  
**Sun 28th 9:00am:** Martin Goolsarran, Kathy Kelly, Bridie Spellecey (RIP), Nancy Quirke (ANN)  
**11:30am:** Alan Mullee, Mick Garvey, Mary Duffy, John Foley (RIP), Tess & Jim McNaney, Mary Orjioke (ANN), Margaret Togher, Marie & family, Special Intention, Claire & Arwell Davis (Get well) (INT)  
**6:30pm:** Tracey Harrington, Leo Baker (ANN), Fr Tiernan (INT)  
**Mon 29th 12 noon:** Carlo Avanzi, Pietro Piroli, Eamon Morrisey, Rose & J.J McGrath (RIP), Coen family (INT)  
**Tue 30th 12 noon:** James Munnely, Brempong Owusu-Adjei (RIP), Owusu family (INT)  
**Wed 31st St John Bosco 12 noon:** People of the Parish  
**Thur 1st 12 noon:** Spiritans & Marists Communities, Archway  
**Fri 2nd The Presentation of the Lord 12 noon:** First Friday Healing Mass/Holy Hour/Benediction  
**Sat 3rd 12 noon Sts Laurence, Dunstan & Theodore:** Colin Griffin (INT)

**Please Pray For**  
 Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggane, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Private Intention, Eddy Renwick, Ralph Nwosuh, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph,

**Parish Projects**  
 1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**  
 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**  
 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT  
 Donations towards the projects would be highly appreciated. Donations so far received **£31,488.69** Thanks.

**Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**  
**Parish Priests:** Fr. Moses Enchizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp, Francis Hoang Son CSSp  
**Parish Office Team:** Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald  
**Office Hours:** Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. -(9am-1pm)  
**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467- (TEXT ONLY)  
 Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Web: [www.stgabes.uk](http://www.stgabes.uk) (Reg. Charity No.233699)  
**Pastorals/Devotions: Confessions** Sat.11am, 6pm, **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm  
**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*



# TODAY'S READINGS

## ENTRANCE ANTIPHON

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name and make it our glory to praise you.

## OPENING PRAYER

Grant us, Lord our God, that we may honour you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

## FIRST READING 1 Deuteronomy 18:15-20

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

## RESPONSORIAL PSALM (Ps 94)

**R. O that today you would listen to his voice! Harden not your hearts.**

Come, ring out our joy to the Lord,  
hail the rock who saves us.  
Let us come before him, giving thanks,  
With songs let us hail the Lord.

**R.**

Come in; let us kneel and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand.

**R.**

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.' **R.**

## SECOND READING 1 Corinthians 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

## GOSPEL ACCLAMATION

**Alleluia, alleluia  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia.**

## GOSPEL Mark 1:21-28

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

## PRAYER OVER THE GIFTS

O Lord, we bring to your altar these offerings of our service; be pleased to receive them, we pray; and transform them into the Sacrament of our redemption. Through Christ our Lord.

## PRAYER AFTER COMMUNION

Nourished by these redeeming gifts, we pray, O Lord that through this help to eternal salvation true faith may ever increase. Through Christ our Lord.

## COMMUNION ANTIPHON

Blessed are the poor in spirit, for theirs is the Kingdom of Heaven. Blessed are the meek, for they shall possess the land.

### Mass

Sat. 6.30pm  
Sun. 9.00am  
Sun. 11.30am  
Sun. 6.30pm

### Readers

Carmel Cannon  
Ann Waldron  
Mark Renner  
Anna Renner

### Eucharist Minister

Debra  
Innocent Teme  
Mary A & Joyce  
Michelle C

### Stewards

Joan Fitzgerald/Jeanette Fayers  
Essien E-Oku/ Gabriel E-Oku  
Bernie Shevlin/Joseph Baffoe  
Joe Ogbonna

## The Spiritual Communion Prayer (For Online Mass) ONLY

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.**

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise You,  
We bless You,  
We adore you,  
We glorify You,  
We give You thanks for Your great glory.  
Lord God, heavenly King, O God, the almighty Father.  
Lord Jesus Christ, the Only-begotten Son.  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us; You take away the sins of the world, receive our prayer.  
You are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord.  
You alone are the Most High. Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

### THE APOSTLES' CREED

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty;  
from there He will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety:** Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832