

NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. <https://bit.ly/st-gabriel> **February:** Sunday Masses will be streamed during **11.30am**



Cardinal Lenten Alms Appeal collection will take place at all Masses next weekend. Please support the Cardinal's Lenten Appeal. Thank you.

The Season of Lent

- Ash Wednesday 14th February: Masses at 12noon & 7pm.** Catholics are obliged to observe the laws of **fasting and abstinence** on Ash Wednesday. Fasting means the eating of only one main meal with two smaller ones permitted, and applies to all who have reached their 18th birthday until they reach their 60th year. Abstinence means abstaining from meat and applies to all who have reached their 14th birthday with no upper age limit. Please remember to observe these important obligations on Wednesday.
- Stations of the Cross** will be held every Friday of Lent at **11.30am** (before the noon Mass) and **7pm**.

First Holy Communion dates: Feb. 4th, 11th, Sat. 24th @ **10am** (First Reconciliation), 25th, Mar. 3rd, 17th, 24th, Apr. 14th, 28th, May. 12th, Sat. 18th @ **2.30pm**, Jun. Sat. 1st @ **10am** Rehearsal 1st Holy Communion 2nd June, 2024 @ **11.30am**.

February Diary

Thursday 8th @ 7pm: **Finance Committee meeting**
 Wednesday 14th: **Ash Wednesday beginning of Lent**
 Tuesday 27th: **Feast of St. Gabriel of Our Lady of Sorrows.** Mass at 12 noon followed by socials in the Meeting Room
 Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
 Every Saturday evening after Mass: **Bingo in the meeting room**
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room**
 7.45pm **Parish Quiz in the Meeting Room**

Traidcraft Stall: People may remember that before lockdown we had a stall in the church porch several times a year which sold fair trade goods. We have not started this again partly because Traidcraft, the organization that supplied the goods to us, closed down last year. This notice is to thank all the volunteers who were involved in running the stall for so long (it was originally set up by Father Mark Leenane) and, especially, to thank the generous customers - your support helped sustain producers in many different overseas countries over the years.

Finance Committee meets on the Thursday 8th of February at 7pm, all members should please attend.

Feast of St Gabriel of Our Lady of Sorrows (Patron of our Parish) this Tuesday 27th February with Mass at 12noon.

Prague/Poland in 25th-31st May 2024: Cost **£870**, including flight, lodging (sharing), breakfast and dinner. **for 7 days.**

SEE FULL ITINERARY ON THE GLASS NOTICE BOARD Next instalment of **25% by March 5th 2024**, Final instalment by **April 5th 2024**. Those who need visa to travel will sort it out by themselves; the tour company will provide hotel reservations to support visa application. Travel insurance will also be gotten by individuals for themselves. **(A few spaces still available)**

Christian Stewardship: 28th January 2024

Envelopes: £192 **Loose:** £434.85 **Contactless:** £153. We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

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LEPER
 PLEADED
 HEALING
 EVIDENCE
 RECOVERY
 TOWN
 STRETCHED
 HAND
 TOUCH
 KNEES
 CURED
 OFFERING



Food For Thought

Phillipians 4:8

"Seek what is good and pure, what is noble and true"

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration

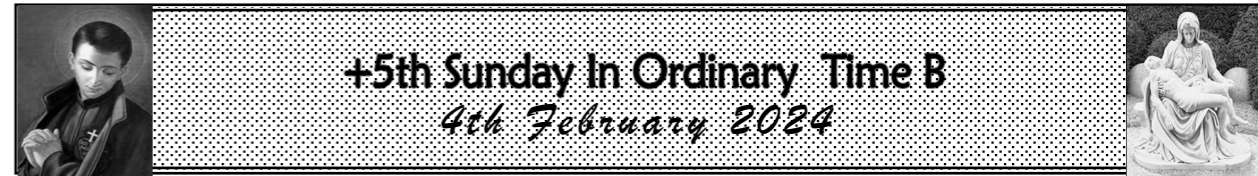


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St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No. 233699 Website: www.stgabes.uk



We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

This world, as we know, is a fragile and fallible place, in which we encounter hunger, disease, sickness and death. Jesus proclaims, by his actions of healing, that there is another world, the Kingdom of God, which will be free from all such anxieties and afflictions. The story of Paradise and the Garden of Eden painted a picture of a world which was perfect, and free from all problems. Jesus came into the world precisely to offer us a return to Eden, if we follow him. Each of his miracles is also, in some sense, a parable or teaching, pointing out to us something of the lost happiness and perfection which he is restoring. This vision of Paradise is not Utopian or delusory, not just a vain hope to comfort us with, but the true manifestation of God's love for us. Jesus could not cure every disease or sickness in the world then: but his miracles of healing are a sign that one day, when the Kingdom comes, sickness and disease will be wiped away for ever.

Mass Times & Intentions 4th - 10th February 2024

- Sat 3rd Vigil Mass 6:30pm:** Tom Hayes (RIP), Tom Waldron (ANN), Thanksgiving prayers answered for Valentine Olayemi, (INT)
- Sun 4th 9:00am:** Tom Norris, Theresa Davies (RIP), Tom Waldron (ANN), Prince Henshaw, Ikana Inyang, Thanksgiving Valentine Olayemi, Special intentions for Odeyemi family, Sr Margaret Healey & family (INT)
- 11:30am:** John Foley, Mary Duffy, Mary Slattery, Alison Smith, deceased members of Walsh family & Teatum family (RIP), Anthony Maguire (ANN), Margaret Togher (Get well), Tony Togher (INT)
- 6:30pm:** Denis Kirk (RIP), Wendy Winsler, Rita Rawlings, Mary Anne Mills & family, Odera Ogbonna (INT)
- Mon 5th St Agatha 12 noon:** Joan Connolly (RIP), John McAudrey, Christy Columb, Tom Waldron, Raphael Ogbonna (1st) (ANN), Prince Henshaw, Ikana Inyang, Thanksgiving, Valentine Olayemi (INT)
- Tue 6th St Paul Miki & Companions 12 noon:** Bridie Redmond (3rd), Tom Waldron, Henry Craig (ANN), Prince Henshaw, Ikana Inyang, Thanksgiving, Valentine Olayemi, Dorothy Carr (INT)
- Wed 7th St John Bosco 12 noon:** Bridie Redmond (3rd), Tom Waldron (29th) (ANN), Thanksgiving, Valentine Olayemi, Prince Henshaw, Ikana Inyang, (INT)
- Thur 8th St Josephine Bakhita 12 noon:** *Funeral of Denis Kirk*
- Fri 9th 12 noon:** John Joe Kilbane (RIP), Glynn family Thanksgiving, Prince Henshaw, Ikana Inyang, (INT)
- Sat 10th St Scholastica 12 noon:** Tony Doyle (RIP), Ellen & Martin Togher (ANN), Margaret Togher, Peggy Brouder, Prince Henshaw, Ikana Inyang (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggane, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Private Intention, Eddy Renwick, Ralph Nwosuh, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw

Parish Projects

- Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT - bal. £9,900. **Trinity Fund £8,000 granted**
 - Refurbishing 722 Holloway Road, Church reclaimed property (Ozy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
 - New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£32,633.08** Thanks.

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Moses Enchizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr. Isah Katuka CSSp, Francis Hoang Son CSSp
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am - 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)
 Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No. 233699)
Pastorals/Devotions: Confessions Sat. 11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

OPENING PRAYER

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Job 7:1-4.6-7

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

RESPONSORIAL PSALM (Ps 146)

R. Praise the Lord who heals the broken-hearted.

Praise the Lord for he is good; sing to our God for he is loving; to him our praise is due.

R.

The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name.

R.

Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust.

R.

SECOND READING 1 Corinthians 9:16-19, 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing.

GOSPEL ACCLAMATION

Alleluia, alleluia
I am the light of the world, says the Lord,
anyone who follows me
will have the light of life.
Alleluia.

GOSPEL Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

PRAYER OVER THE GIFTS

O Lord our God, who once established these created things to sustain us in our frailty, grant we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.

COMMUNION ANTIPHON

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

Mass

Sat. 6.30pm
Sun. 9.00am
Sun. 11.30am
Sun. 6.30pm

Readers

Bridget O'Dea
Isaac Bibilian
John Obligar
Maureen Tayler

Eucharist Minister

Jackie O'Shea
Innocent Teme
Mary A & Roxanne
Roxanne C

Stewards

Joan Fitzgerald/Jeanette Fayers
Essien E-Oku/ Gabriel E-Oku
Bernie Shevlin/Joseph Baffoe
Bernie Shevlin

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832