

NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. <https://bit.ly/st-gabriel> **February:** Sunday Masses will be streamed during **11.30am**



The Season of Lent

- Ash Wednesday 14th February:** Masses at 12noon & 7pm. Catholics are obliged to observe the laws of **fasting and abstinence** on Ash Wednesday. Fasting means the eating of only one main meal with two smaller ones permitted, and applies to all who have reached their 18th birthday until they reach their 60th year. Abstinence means abstaining from meat and applies to all who have reached their 14th birthday with no upper age limit. Please remember to observe these important obligations on Wednesday.
- Stations of the Cross** will be held every Friday of Lent at **11.30am** (before the noon Mass) and **7pm**.

Feast of St Gabriel of Our Lady of Sorrows (Patron of our Parish) this Tuesday 27th February with Mass at 12noon.

Cardinal Lenten Alms Appeal collection will go on all through the Lenten period. Please support the Cardinal's Lenten Appeal by picking up an envelope at the back and returning it. Thank you.

February Diary

- Wednesday 14th: **Ash Wednesday beginning of Lent**
 Thursday 15th: **Synod 2021-2024 parish gathering 1**
 Thursday 22nd: **Synod 2021-2024 parish gathering 2**
 Tuesday 27th: **Feast of St. Gabriel of Our Lady of Sorrows.** Mass at 12 noon followed by socials in the Meeting
 Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
 Every Saturday evening after Mass: **Bingo in the meeting room**
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room**
 7.45pm **Parish Quiz in the Meeting Room**

Synod 2021-2024: Bishop Hudson has advised that we have two gatherings to discussion about the Synod process, the following groups of people are encouraged to attend the two gathering dates, as these two dates will have different formative messages. **1. The Parish Finance Team, 2. The Parish Administration Team, 3. The Parish Synod Team** and any parishioners who will want to be a part of this gathering should join in.

- Thursday 15th February @ 7pm
- Thursday 22nd February @ 7pm.

First Holy Communion dates: Feb.11th, Sat. 24th @ 10am (First Reconciliation), 25th, Mar. 3rd, 17th, 24th, Apr. 14th, 28th, May. 12th, Sat. 18th @ 2.30pm, Jun. Sat. 1st @10am
Rehearsal 1st Holy Communion 2nd June @ 11.30am.

Prague/Poland in 25th-31st May 2024: Cost £870. including flight, lodging (sharing), breakfast and dinner. **for 7 days. SEE FULL ITINERARY ON THE GLASS NOTICE BOARD** Next instalment of 25% by March 5th 2024, Final instalment by April 5th 2024. Those who need visa to travel will sort it out by themselves; the tour company will provide hotel reservations to support visa application. Travel insurance will also be gotten by individuals for themselves. **(A few spaces still available)**

Christian Stewardship: 4th February 2024
Envelopes: £254 **Loose:** £410.96 **Contactless:** £108. We also receive £500 weekly from standing orders. Thank you for your continuous support for our parish.

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LEPER
 PLEADED
 HEALING
 EVIDENCE
 RECOVERY
 TOWN
 STRETCHED
 HAND
 TOUCH
 KNEES
 CURED
 OFFERING



Food For Thought

Proverbs 14:16-18

A wise man is cautious and turns away from evil, But a fool is arrogant and careless. A quick-tempered man acts foolishly, And a man of evil devices is hated. The naive inherit foolishness, But the sensible are crowned with knowledge.

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

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+6th Sunday In Ordinary Time B
 11th February 2024

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

Give a healing touch

To the Hebrews, leprosy was not only a most dreaded natural disease, it was also popularly seen as divine punishment. In their world-view, physical contact with lepers makes someone unclean. Holy people therefore avoid such unclean situations. That Jesus could stretch out his hand and physically touch the leper in today's Gospel is therefore strange. With the encounter however, Jesus is challenging and redefining the traditional views of holiness and unholiness. He is challenging traditional superstitions and prejudices that certain people are impure by the conditions of their health, social status or birth. Some cultures still practise caste system where some people are discriminated against. Racial prejudices still exist today. Today, there is equally the tendency to see some sufferers of certain ailments as paying for their sins but if leprosy was divine punishment, Jesus would not have cured it. By reaching out and touching the leper and thereby making him pure again, Jesus is teaching us to reach out and embrace the dehumanized and the outcasts among us. Such solidarity does not dehumanize the doer, rather it restores full humanity to the dehumanized.

Mass Times & Intentions

11th – 17th February 2024

- Sat 10th Vigil Mass 6:30pm:** Muriel & George Roberts, Assunta Turin, Margaret Kennedy, Peggy McManus (RIP), Ellen & Martin Togher, Bridie Redmond (3rd), Paul Dorrain (ANN), Anne Leahy, Mary Dunne (INT)
- Sun 11th 9:00am:** Alan Harrison (RIP), William Haggart (11th), Roddy von Bock, Hendrik de Rooy (ANN), Lilian Ekong & family, Bridget Connolly (Get well) Felicity Harrison & family, Mary Stephens & family (INT)
- 11:30am:** Christina Murphy, Ann O'Conner, Anna McLoughlan, Bridget Walsh (RIP), Pat Timoney, Mary Orjioko (ANN), Adrian Patrick, Private Intention (INT)
- 6:30pm:** Ikana Inyang, Prince Henshaw, Joan Ogbonna & family (Thanksgiving) (INT)
- Mon 12th 12 noon:** John O'Connor, Arthur Whitehed (RIP), John Danagher (ANN), Essien-Oku family (INT)
- Tue 13th 12 noon:** Mary Fahey, Katheline Finnegan, Jhon Cantemir, Kathleen Mahoney, Sean Stanley (RIP), Patrick Harte, Edna & Herman du Plessis (ANN), Christina Danagher, Marion Lang, Margaret Togher (INT)
- Wed 14th Ash Wednesday: Masses at 12 noon and 7:00pm**
- Thur 15th 12 noon:** Sr. Rosa O'Sullivan, Denis Brosnan, Denis Kirk (RIP), Phelie Scanlon, Billy Munnely (ANN),
- Fri 16th 11:30am Stations of the Cross followed by 12noon Mass:** Arthur Warren, Geraldine Bird (ANN), Ron & Kathleen Swetting (INT) **7:00pm Stations of the Cross (ONLY)**
- Sat 17th 12 noon:** Uche & Ekanem, Philip & Tunu, Udoh family, Amy & Laurence, Lawrence, Inyene & family, Emo Essang (INT)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Nora Hoare, Ann Larkin, Mary Wallace, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Mary Theresa Madigan, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Private Intention, Eddy Renwick, Ralph Nwosuh, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw

Parish Projects

- Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**
 - Refurbishing 722 Holloway Road, Church reclaimed property (Ozy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
 - New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£32,633.08** Thanks.

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit

Parish Priests: Fr. Moses Enchizena CSSp, Fr. Remigius Ndubuisi: CSSp, Fr Isah Katuka CSSp, Francis Hoang Son CSSp
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. (9am – 3pm). Tue, Thur. (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467- (TEXT ONLY)
 Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)
Pastorals/Devotions: Confessions Sat.11am, 6pm, Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am **Healing Mass/Holy Hour/Benediction:** First Fridays 12noon **Legion of Mary:** First Wed. 6.30pm **Monday Prayer Group:** 1st & 3rd Mon. 6.30pm
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

OPENING PRAYER

O God, who teaches us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling to please you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Leviticus 13:1-2.44-46

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons.

'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean." As long as the disease lasts he must be unclean; and therefore he must live apart: he must live outside the camp.'

RESPONSORIAL PSALM (Ps 31)

R. **You are my refuge, O Lord;
You fill me with the joy of salvation.**

Happy the man, whose offence is forgiven, whose sin is remitted.

O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile. R.

But now I have acknowledged my sins; my guilt I did not hide. I said: 'I will confess my offence to the Lord.'

And you, Lord, have forgiven the guilt of my sin. R.

Rejoice, rejoice in the Lord, exult, you just!

O come, ring out your joy, all you upright of heart. R.

SECOND READING 1 Corinthians 10:31 – 11:1

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

GOSPEL ACCLAMATION

**Alleluia, alleluia
May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds
for us.
Alleluia.**

GOSPEL Mark 1:40-45

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

PRAYER OVER THE GIFTS

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will the source of eternal reward. Through Christ our Lord.

COMMUNION ANTIPHON

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

PRAYER AFTER COMMUNION

Having fed upon these heavenly delights, we pray, O Lord, that we may always long for that food by which we truly live. Through Christ our Lord.

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Joanna Hemingway	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Maureen Tayler	Innocent Teme	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Ignatius Etukudoh	Mary A & Roxanne	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Bridget O'Dea	Michelle C	Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 Email: archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 Email: archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 Email: archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832