

NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. <https://bit.ly/st-gabriel> Sunday Masses will be streamed during **11.30am**



Parish Summer Fair will take place this **Sunday 21st of July** in the car park, parishioners are encouraged to stay back and enjoy the community after the 11.30am Mass. Followed by the **football novelty match for our parish community at the Whittington park from 4pm.**

Young People's Day Trip To Dover 27th July: All young people starting from **16 years to 35 years** who wish to join this trip should please indicate interest. **To that effect a 35 seater coach which cost £1,250 has been booked.** We will be taking a **2nd collection on the weekend of the 20th/21st July to assist with the payment for this coach.** Thank you..

Sunday Children's Liturgy Session: Please parents do not send your children into the room **especially when there is no adult present.** Their safety is important. Children who have received their **1st Communion** should remain in the church during Mass.

Diocesan Pilgrimage to Walsingham will take place on the Saturday 21st September, any parishioners who are interested should please indicate their availability at the parish office. The cost will be **£35.** The first pickup point will be at **6.30am** in front of St Gabriel of Our Lady of Sorrows, then it will proceed to the next pickup point at **6.45am**, which will be Sts. Peter and Paul, Clerkenwell, 5 Amwell Street, EC1R 1UL. All will depart at 7am to Walsingham. Any form of lateness

The Youth Praise & Worship Concert will take place on Saturday **21st September, 2024** at St Mellitus Church, Tollington Park. More information to come. **Keep the date in your diary.**

Parish Charity Auction/Fundraising Entertainment Event: This will take place in **October 2024**, the exact date and itinerary will be published soon.

Food Donations for the needy: Thank you to parishioners that have responded to our call for help. We humbly request for the following; **pot noodles, tinned fish, biscuits, soft drinks, tea, milk (longlife), sugar and coffee.**

Christian Stewardship: 14th July 2024

Envelopes: £195.35 **Loose:** £375.85 **Contactless:** £45.00 We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish.

July Diary

Weekend 20th/21st—**Young People's Dover Trip Collection**
 Sunday 21st: **Parish Community Summer Fair**
 Saturday 27th: **Young People's Day Trip To Dover**
 Weekend 26th/27th—**Parish Project Collection**
 Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
 Every Saturday evening after Mass: **Bingo in the meeting room**
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room**
 7.45pm **Parish Quiz in the Meeting Room**

Important Diary Dates

- **Sept 1st**— Sunday Social Hour
- **Sept. 21st**—Youth Praise & Worship Concert
- **October**—Parish Charity Auction/Fundraising/Entertainment Evening.

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APOSTLES MANY LARGE SHEEP
PLACE TOWN REST SHEPHERD
BOAT ASHORE CROWD TEACH



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Food For Thought

"Impossible is just one person's opinion."
"You can do it if you put your mind into it."



spirans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No. 233699 Website: www.stgabes.uk

+ 16th Sunday In Ordinary Time, Year B
 21st July 2024

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

Today's Gospel gives us two seemingly contradictory images of Jesus as he resolves a moral dilemma. His disciples have just returned from their hectic first missionary journey, so he calls them away to catch some rest from the persistent crowd. However, hardly have they settled down to rest than the crowd finds them out again. Taking pity on them – "they looked lost like sheep without a shepherd," Jesus abandons his rest and begins to minister to them. Thus, we have an initial image of Jesus as uncompromising; switching off on a needy and helpless crowd to have his break once it was time. Thereafter, we have the image of Jesus as compassionate; abandoning his well-deserved rest to attend to a persistent needy crowd. So, which of the two is the true image of Jesus? As the model Good Shepherd, here, Jesus helps to resolve the kind of tension that exists in the life of every committed Christian who struggles today to adapt to the demanding pace of life. Jesus demonstrates that, on the one hand, in spite of the people's demands, there is the need to withdraw intermittently into a quiet place to recollect oneself and recharge one's spiritual batteries. Such times to chill out are important for all but it is even more important for religious ministers who must constantly stay in contact with the Source of the message they preach. Hence, there will be times when, in spite of the criticism it may generate, we ought to say 'No' to those who WANT our attention. We need to retain that capacity for critical separation which allows us to be in control in the face of the often chaotic circumstances of daily living. However, like Jesus in the later part of the Gospel, there will be times when we have to respond generously and empathetically to those who NEED our attention. The emphasis is on 'real need' and not just on wants or our own desire to be in demand. Thus, a Christ-like response is not to have a principle of ignoring others when their needs conflict with one's own plans. Time comes when we must go out of our way and give up our rights for the sake of love. Yet, we must not be among those who cannot say 'No' because they want to preserve a good image. Knowing when we should show compassion by giving all the help we can, even at some inconvenience to ourselves, and when we show equal compassion by making people stand on their own feet requires discernment; great sensitivity, honesty and firmness.

Mass Times & Intentions 21st - 27th July 2024

Sat 20th Vigil Mass 6:30pm: Marists Community, Archway
Sun 21st 9:00am: Miranda Avanzi, Eric Magee, John Campbell, Ann Masterson (RIP), George Roberts (16th) (ANN), Kathleen, Andrew & Julia Panayiotou, Pirolli family, Avanzi family, Nelly Gaffney, Errol Roberts (INT)
11:30am: Miranda Avanzi, Kathleen Doyle (RIP), Avanzi family, Prof. Martin Aghaji & family (INT)
6:30pm: Miranda Avanzi (RIP), Janet Coelho, Edith Tayler, George Roberts (ANN), Essien-Oku family (INT)
Mon 22nd St Mary Magdalene 12 noon: Kathleen Doyle (RIP), Cyrilla Martins (special ints) (INT)
Tue 23rd St Bridget of Sweden 12 noon: Parish Office Team
Wed 24th 12 noon: Caroline O'Shea (RIP), John Kennedy (16th) (ANN)
Thurs 25th St James 12 noon: Pietro Piroli, Carlo Avanzi (RIP), Maria Judith Gomes (ANN), Gabriel Essien-Oku (INT)
Fri 26th Sts Joachim & Anne 12 noon: Ann Waldron, Mary Lydon & family (INT)
Sat 27th 12 noon: Kathleen Doyle (RIP)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiel Farrell, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw, Maureen Esspay, John Alan, Private Intentions. Rashmi, Joan Fitzgerald, Savindra de Alwis

Parish Projects

1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**
 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£35,701.36** Thanks.

Parish is served by the **Holy Ghost Fathers (Spirans) Congregation of the Holy Spirit**

Parish Priests: Fr. Moses Enechizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: archway@rcdow.org.uk **Web:** www.stgabes.uk (Reg. Charity No. 233699)

Confessions Sat. 11am. 6pm, before Masses **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays 12noon **Prayer/Faith Group:** Sat. 10am

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

OPENING PRAYER

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Jeremiah 23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered - it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds - it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them, any more; not one shall be lost - it is the Lord who speaks! See, the days are coming- it is the Lord who speaks - when I will raise a virtuous Branch for David, who will reign as true king and be wise, practicing honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The-Lord-our-integrity.

RESPONSORIAL PSALM (Ps 23)

**R. The Lord is my shepherd;
there is nothing I shall want.**

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness

no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort. **R.**

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **R.**

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house
shall I dwell for ever and ever. **R.**

SECOND READING Ephesians 2:13-18

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in one Spirit our way to come to the Father.

GOSPEL ACCLAMATION

Alleluia, alleluia
**The sheep that belong to me listen to my voice,
says the Lord. I know them and they follow me.**
Alleluia!

GOSPEL Mark 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, "You must come away to some lonely place by yourselves and rest for a while"; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd and he set himself to teach them at some length.

R.

PRAYER OVER THE GIFTS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all. Through Christ our Lord.

COMMUNION ANTIPHON

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

PRAYER AFTER COMMUNION

Graciously be present to your people, we pray, O Lord, and lead those you have imbued with heavenly mysteries to pass from former ways to newness of life. Through Christ our Lord.

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Ann Heekin	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Paula Zanre	Innocent Teme Teme	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	Joseph Baffoe	June G & Joyce McD	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Eugenia Ackah	Roxanne C	Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

Parish Security Reps: Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832