

# NEWS AND VIEWS

**Sunday 11.30am Mass streaming link:** You can also scan with the QR Code below. <https://bit.ly/st-gabriel> Sunday Masses will be streamed during **11.30am**



**Parish Summer Fair** Thank you and congratulation for taking ownership. Those who watched the football match will know it was not a novelty match as such. In all we are grateful for such an outing. To God be the glory.

**Young People's Day Trip To Dover 27th July:** We thank all parishioners who supported our young people to make this trip. We truly appreciate.

**Diocesan Pilgrimage to Walsingham will take place** on the Saturday 21st September, any parishioners who are interested should please indicate their availability at the parish office. The cost will be **£35**. All will depart at 7am to Walsingham. Any form of lateness

**100 Club:** subscriptions for the August draw are due in at church this weekend or at the presbytery by Wednesday 31 July at the latest. The draw takes place on Friday 2nd Aug after the 1st Friday service. New Members Welcome! July results: The 1st prize of £200 went to no. 97. 2nd prize of £80 to no.100. 3 prizes of £40 to nos. 20, 82 & 44. £400 was raised for parish funds.

**Parish Office Hours:** During the month of August the office will open for half day between **9am-1pm**. The priest will also be in to attend to people as usual.

**Catechist Training:** There will be a refresher course for our Catechists by the Diocese on the following dates;  
**10th Aug.-10am-12noon, 1pm-3pm 14th Sept.- 10am - 12noon, 1pm-3pm 21st Sept.-10am-12noon, 1pm-3pm**  
Here in St Gabriel's meeting room.

**The Youth Praise & Worship Concert** will take place on Saturday **21st September, 2024** at St Mellitus Church, Tollington Park. More information to come. **Keep the date in your diary.**

**Food Donations for the needy:** Thank you to parishioners that have responded to our call for help. We humbly request for the following; **pot noodles, tinned fish, biscuits, soft drinks, tea, milk (longlife), sugar and coffee.**

**Christian Stewardship:** 28th July 2024

**Envelopes:** £227.00 **Loose:** £388.36 **Contactless:** £43.00 We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish.

## July Diary

**Weekend 26th/27th—Parish Project Collection**  
Every Last Saturday of the month: **Baptism (always confirm in the parish office)**  
Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**  
Every Saturday evening after Mass: **Bingo in the meeting room**  
Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**  
Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction** followed by **100 Club in the Meeting Room** 7.45pm **Parish Quiz in the Meeting Room (Resumes in September)**

## Important Diary Dates

- **Sept 1st**— Sunday Social Hour
- **Sept. 21st**—Youth Praise & Worship Concert
- **October**—Parish Charity Auction/ Fundraising/Entertainment Evening.

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SEA  
TIBERIAS  
HILLSIDE  
FEAST  
PASSOVER  
BREAD  
BOY  
FIVE  
BARLEY  
LOAVES  
FISH  
HAMPERS



## Food For Thought

**"Be there for others, but never leave yourself behind."**

**"Believe you can and you are half way there."**

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



spiritans

**St. Gabriel of Our Lady of Sorrows Catholic Church, Archway**

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) Reg. Charity No.233699 Website: [www.stgabes.uk](http://www.stgabes.uk)

**+ 17th Sunday In Ordinary Time, Year B**  
*28th July 2024*

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

## REFLECTION ON THE GOSPEL

Today's Gospel gives us two seemingly contradictory images of Jesus as he resolves a moral dilemma. His disciples have just returned from their hectic first missionary journey, so he calls them away to catch some rest from the persistent crowd. However, hardly have they settled down to rest than the crowd finds them out again. Taking pity on them – "they looked lost like sheep without a shepherd," Jesus abandons his rest and begins to minister to them. Thus, we have an initial image of Jesus as uncompromising; switching off on a needy and helpless crowd to have his break once it was time. Thereafter, we have the image of Jesus as compassionate; abandoning his well-deserved rest to attend to a persistent needy crowd. So, which of the two is the true image of Jesus? As the model Good Shepherd, here, Jesus helps to resolve the kind of tension that exists in the life of every committed Christian who struggles today to adapt to the demanding pace of life. Jesus demonstrates that, on the one hand, in spite of the people's demands, there is the need to withdraw intermittently into a quiet place to recollect oneself and recharge one's spiritual batteries. Such times to chill out are important for all but it is even more important for religious ministers who must constantly stay in contact with the Source of the message they preach. Hence, there will be times when, in spite of the criticism it may generate, we ought to say 'No' to those who WANT our attention. We need to retain that capacity for critical separation which allows us to be in control in the face of the often chaotic circumstances of daily living. However, like Jesus in the later part of the Gospel, there will be times when we have to respond generously and empathetically to those who NEED our attention. The emphasis is on 'real need' and not just on wants or our own desire to be in demand. Thus, a Christ-like response is not to have a principle of ignoring others when their needs conflict with one's own plans. Time comes when we must go out of our way and give up our rights for the sake of love. Yet, we must not be among those who cannot say 'No' because they want to preserve a good image. Knowing when we should show compassion by giving all the help we can, even at some inconvenience to ourselves, and when we show equal compassion by making people stand on their own feet requires discernment; great sensitivity, honesty and firmness.

## Mass Times & Intentions

28th July – 3rd August 2024

**Sat 27th Vigil Mass 6:30pm:** Patrick Kinsella (RIP), Mick & Marion Sullivan (ANN)  
**Sun 28th 9:00am:** Miranda Avanzi (RIP), Thanksgiving Essien-Oku family (INT)  
**11:30am:** Peter Ellis (RIP), Private intention, Steve & Marie Walsh, Maria Piroli (INT)  
**6:30pm:** Larry Colqunoun (ANN), Maureen Currie (INT)  
**Mon 29th Sts Martha, Mary & Lazarus 12 noon:** Carlo Avanzi, Pietro Piroli (RIP)  
**Tue 30th 12 noon:** Hugh McDaid (ANN)  
**Wed 31st St Ignatius of Loyola 12 noon:** Sean Connheaney, J J McGrath (ANN)  
**Thurs 1st St Alphonsus Ligouri 12 noon:** Kitty Waldron (ANN), Tosin Pedro (INT)  
**Fri 2nd 12 noon:** *First Friday Healing Mass/Holy Hour/Benediction*  
**Sat 3rd 12 noon:** People Of The Parish



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw, Maureen Esspay, John Alan, Private Intentions. Rashmi, Joan Fitzgerald, Savindra de Alwis,

## Parish Projects

1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**
  2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
  3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£35,701.36** Thanks.

Parish is served by the **Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

**Parish Priests:** Fr. Moses Enehizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp

**Parish Office Team:** Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

**Office Hours:** Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)

**Contact:** 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - **(TEXT ONLY)**

**Email:** [archway@rcdow.org.uk](mailto:archway@rcdow.org.uk) **Web:** [www.stgabes.uk](http://www.stgabes.uk) (Reg. Charity No.233699)

**Confessions Sat.11am. 6pm, before Masses Exposition of the Blessed Sacrament/Meditative Rosary: Sun. 10.30am**

**Healing Mass/Holy Hour/Benediction: First Fridays 12noon Prayer/Faith Group: Sat. 10am**

**Mission Statement:** To animate a loving multicultural Christian community

*Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...*

# TODAY'S READINGS

## ENTRANCE ANTIPHON

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

## OPENING PRAYER

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

## FIRST READING 2King 4:42-44

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear.' 'Give it to the people to eat', Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some left over, as the Lord had said.

## RESPONSORIAL PSALM (Ps 144)

**R. You open wide your hand, O Lord, and grant our desires.**

All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God.

**R.**

The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live.

**R.**

The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts.

**R.**

## SECOND READING Ephesians 4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

## GOSPEL ACCLAMATION

**Alleluia, alleluia**

**Your words are spirit, Lord, and they are life: you have the message of eternal life.**

**Alleluia.**

## GOSPEL John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

## PRAYER OVER THE GIFTS

Accept, O Lord, we pray, the offerings which we bring from the abundance of your gifts, that through the powerful working your grace these most sacred mysteries may sanctify our present way of life and lead us to eternal gladness. Through Christ our Lord.

## COMMUNION ANTIPHON

Bless the Lord, O my soul, and never forget all his benefits

## PRAYER AFTER COMMUNION

We have consumed, O Lord, this divine Sacrament, the perpetual memorial of the Passion of your Son; grant, we pray, that this gift, which he himself gave us with love beyond all telling, may profit us for salvation. Through Christ our Lord.

### Mass

Sat. 6.30pm  
Sun. 9.00am  
Sun. 11.30am  
Sun. 6.30pm

### Readers

Carmel Cannon  
Ann Waldron  
Mark Renner  
Ann Renner

### Eucharist Minister

June G  
Innocent Teme Teme  
June G & Roxanne C  
Michelle C

### Stewards

Joan Fitzgerald/Jeanette Fayers  
Essien E-Oku/ Gabriel E-Oku  
Bernie Shevlin/Joseph Baffoe  
Joseph Ogonna

## The Spiritual Communion Prayer (For Online Mass) ONLY

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.**

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise You,  
We bless You,  
We adore you,  
We glorify You,  
We give You thanks for Your great glory.  
Lord God, heavenly King, O God, the almighty Father.  
Lord Jesus Christ, the Only-begotten Son.  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us; You take away the sins of the world, receive our prayer.  
You are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord.  
You alone are the Most High. Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

### THE APOSTLES' CREED

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty;  
from there He will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**Parish Safeguarding Officers:** Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,  
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk  
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

**Parish Health and Safety:** Joan Fitzgerald 07811419531, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu

**Parish Security Reps:** Maurice Richards 07904021798 and Essien Ekpenyong-Oku 07305608832